



# March specials



Your Local Natural Foods Store

## Support Local



**Go Raw Raw Food Bars**  
Located in Mountain View  
Pumpkin, Flax, Granola,  
Spirulina Energy, and  
Banana Bread  
1.2oz Reg \$3.99  
**2 for \$7**



**Lundberg Organic Rice Cakes**  
Located in Richvale, CA  
Brown Rice, Tamari with  
Seaweed, Sesame with  
Wild Rice, Popcorn, No  
Salt Brown Rice, Tamari  
7oz Reg \$3.99  
**2 for \$6**



**Marin Sun Farms**  
Located in Point Reyes  
**Grass-Fed Ground Beef**  
Sustainably-raised  
grass-fed beef is rich

in Omega 3s, CLA and beta carotene.  
Reg \$5.99lb  
**Sale \$4<sup>99</sup>lb**

### Alternative Baking Co. Vegan Cookies

Located in Sacramento  
Colossal Chocolate Chip, Lemon  
Poppyseed, Oatmeal Raisin, Peanut  
Butter, Espresso Chip  
4.2oz Reg \$2.39  
**2 for \$4**



## Snack Zone



**Stonewall Jerquee Vegetarian Jerky**  
Original Teriyaki,  
Mild, Spicy Chicken,  
Hot Pastrami, Peppy  
Pepperoni  
1.5oz Reg \$1.99  
**4 for \$6**



**Kettle Potato Chips**  
Lightly Salted, NY  
Cheddar, Spicy Thai,  
Sea Salt & Vinegar,  
Yogurt & Green  
Onion and more!  
2oz Reg \$1.39  
**2 for \$2**



**Eden Foods Snack Fruit & Nuts**  
Spicy Pumpkin, All  
Mixed Up, All Mixed Up  
Too, Wildberry Mix, and  
Tamari Almonds  
4oz Reg \$2.39-\$6.99  
**15% OFF**



**Bearitos Air-Popped Popcorn**  
White Cheddar,  
Lite Butter, Lite  
50% Less Oil  
4oz Reg \$2.59  
**Sale \$2<sup>19</sup>**

## Chili Dinner



**Amy's Organic Chili**  
Medium, Spicy, Black  
Bean, Medium with  
Vegetables, Low  
Sodium Medium  
15oz Reg \$3.79  
**2 for \$6**



**Organic Valley Organic Cheese**  
Sharp Cheddar, Mild  
Cheddar, Monterey  
Jack, Reduced Fat &  
Sodium Mild Cheddar,  
Reduced Fat Jack, Colby  
8oz Reg \$5.59  
**Sale \$4<sup>75</sup>**



**Garden of Eatin' Organic Tortilla Chips**  
Blue, No Salt Blue,  
Sesame Blue, Chili &  
Lime, Pico de Gallo,  
Nacho Cheese, and  
more!  
9oz Reg \$3.99  
**2 for \$7**



**Honest Organic Bottled Tea**  
Peach Oo-la-Long,  
Morrocan Mint, Green  
Dragon, Blackberry  
Forest, Pearfectly  
White, and more!  
16oz Reg \$1.79  
**2 for \$3**

## WOW!



**Green & Black's Organic Chocolate**  
70% Dark, Maya Gold,  
Hazelnut & Currant,  
Almond, Mint, Milk,  
Caramel & more!  
3.5oz  
Reg \$4.39

**ONLY \$1.99!**

Country Sun Coupon Expires 3/31/10

**Buy 1 ~ Get 1 Free!**  
**Imagine Organic Creamy Soup**

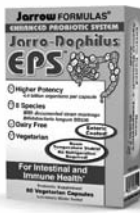
Butternut Squash, Tomato, Sweet Corn, Potato Leek,  
Broccoli, Tomato Basil, and more!

32oz • \$4.99 Value • Limit 4



CASHIER ONLY # \_\_\_\_\_

## Digestive Health



### Jarrow Jarro-Dophilus EPS

Eight different strains of probiotic bacteria are delivered directly into the small intestines where they fully exert their beneficial effects. Enteric coated. Room temperature stable.\*

60 & 120 VCaps

**20% OFF**



### Enzymedica Digest Gold

Formulated to assist in digesting proteins, fats, carbohydrates and fiber. Contains 4 more enzymes and is approximately three times stronger than regular Digest formula.\*

90, 120 & 180 Caps

**20% OFF**



### Now Bromelain

500mg • 2400 GDU/g  
One of the highest natural potencies of this proteolytic (protein-digesting) enzyme available. Derived from pineapples, Bromelain is one of the most bioavailable of all

enzymes and has been the subject of numerous studies worldwide.\*

60 VCaps Reg \$14.99

**Sale \$10<sup>99</sup>**



### Source Naturals Essential Enzymes

Supports your body's systems for digestion of multiple food groups: carbohydrates, protein, fat and fiber. Each capsule contains 500 mg of an all-vegetarian, broad-spectrum blend of digestive enzymes.\*

60, 120 & 240 VCaps

**25% OFF**



### New Chapter Omega 7

Sea Buckthorn oil has been used in Chinese and Tibetan medicine for promoting digestive and urogenital health for more than 12 centuries.\*

30 SGs Reg \$27.99

**Sale \$21<sup>99</sup>**



### George's Aloe Vera Liquid

"Always Active®" Tastes Like spring water. Requires no refrigeration.

Contains no preservatives or additives. Bitter Free! Anthraquinone Free! For optimum digestive function drink 2 ounces twice daily\*

All Sizes

**15% OFF**

\*These statements are not intended to diagnose, treat, cure or prevent disease.

## Healthy Mouth



### Herb Pharm Breath Tonic

Aromatic Herbal Breath Freshener. With extracts of peppermint, cinnamon, ginger and clove.

.47oz Reg \$6.99

**Sale \$5<sup>99</sup>**



### Fuchs Record-V Toothbrushes

Adult Natural or Nylon Bristle. Soft, Medium or Hard.

Reg \$2.59

**2 for \$4**



### Toms of Maine Dental Care

Toothpaste, Mouthwash and Floss. Peppermint, Spearmint, Cinnamon and more!

**15% OFF**



### Peelu Dental Chewing Gum

Cinnamon, Peppermint and Spearmint. *The cleansing toothbrush gum.*

**20% OFF**

## Youthful Essentials Wrinkle Serum

Combat wrinkles with the original Wrinkle Serum. As a gel, the serum is effectively absorbed through all three layers of skin to combat wrinkles at the source. Key ingredients help to rejuvenate cells and extend cell life, thus restoring the youthful appearance of your skin.\*

With Carnosine, MSM, Glucosamine, Ascorbyl Palmitate (Vitamin C Ester), Alpha Lipoic Acid, Green Tea Extract, D-alpha Tocopherol, Retinyl Palmitate (Vitamin A), DMAE. No Parabens.

1oz & 2oz

**20% OFF**



## AUOMERE HERBAL TOOTHPASTE

*Ayurvedic Formulas combine the natural tooth-whitening fibre Peelu with the astringent and invigorating properties of Neem.*

*Helps prevent plaque formation and cavities, soothes gum inflammation, freshens breath & leaves teeth feeling squeaky clean.*

**No fluoride, gluten, artificial sweeteners, dyes, preservatives or harsh chemicals commonly found in many toothpastes.**

FRESH MINT, MINT-FREE, ORIGINAL LICORICE & NON-FOAMING

Regularly \$5.79

**Sale \$4<sup>39</sup>**

