

New Leaf & Bloom Total Body Care's Annual

# HEALTH FAIR

Saturday & Sunday  
February 20 - 21



**20% off**

All Vitamins, Supplements  
& Body Care

## SATURDAY, FEB. 20

### Bone Density Screening

11am - 1pm - Capitola, 41st Ave

2pm - 4pm - Downtown, Pacific Ave

## SUNDAY, FEB. 21

### Skin Dermaview Screening

11am - 1pm - Capitola, 41st Ave

2pm - 4pm - Downtown, Pacific Ave

### Cholesterol Screening *(small fee charged)*

9am - 1pm

Westside Community Classroom

### Detoxifying Foods for Better Health

#### Cooking Class

Join Chef Jenny for a nutrition lecture and cooking demo and discover 5 foods you can add to your diet to support your liver through cleansing this spring.

2pm - 3pm

Westside Community Classroom

### Gluten Free Living Store Tour

3pm - Westside Community Classroom

## FREE Wellness Consultations

### SATURDAY, FEB. 20

#### Capitola

Jasmine Berke,  
Acupuncturist, 12pm - 2pm

#### Pacific

Michael McEvoy,  
Metabolic Typing Advisor, 10am - 1pm

#### Westside

Tonya Fleck,  
Naturopathic Doctor, 11am - 4pm

Ian Chambers,  
Network Chiropractor, 12pm - 3pm

### SUNDAY, FEB. 21

#### Westside

Tonya Fleck,  
Naturopathic Doctor, 11am - 4pm

Ian Chambers,  
Network Chiropractor, 12pm - 3pm

Michael McEvoy,  
Metabolic Typing Advisor, 2pm - 4pm

**NORDIC**  
**NATURALS**   
*Pure and Great Tasting Omega Oils*

  
**RAINBOW**  
L I G H T<sup>®</sup>

**Nature's Plus**  
The Energy Supplements<sup>®</sup>

Natural Health International

