



***Prenatal Plus – Yoga, Inc. Presents:***

*Special guest speaker:*

**DR. ERIC N. RYDLAND, M.D.**

Holistic and Innovative Pediatrician, Developer of kidsWellness Products



- 27 years in the field of natural and holistic treatments for children.
- Founder and developer of kidsWellness herbal formulas.
- Board Certified Medical Doctor treated over 10,000 children naturally in South Florida and Central Virginia.
- Returns to South Florida monthly to see patients at three locations.

**Vaccines and Immunity  
Flu Shots and Other Vaccines**

The safety and efficacy of vaccinations is highly controversial. Dr. Rydland will present an overview of vaccinations, *especially influenza*, including pros and cons, aluminum/mercury toxicity, minimizing vaccine side effects, school exemptions and Dr. Rydland's alternatives. This workshop is for parents who are seeking optimum health for their children whether or not they have chosen to vaccinate.

**Question and answer time will follow lecture.**

**Wednesday, February 17, 2010**

**6:30-8:30 p.m.**

***Prenatal Plus – Yoga, Inc.***

401 Miracle Mile, 4<sup>th</sup> Floor,  
Coral Gables, FL

**For information or directions call Debra Geymayr at 305-498-6722**

*Seating is limited. \$30/individual, \$50 per couple*

*Advance registration requested and highly recommended.*