

# Optimum Health Reiki

## **FEBRUARY REIKI 1 CLASSES**

*Don't miss out!*

Learn how to channel Universal Life Energy  
to benefit yourself and others!

3 Classes for only \$175\*

Feb. 2, 5-9pm, Feb. 16 & 23, 6-9pm

Space is limited, must enroll by 1/14/10

Contact: David Gregoire, RMT @ 218-5223

Reiki is a complementary therapy effective in assisting the body in healing, bringing pain relief, releasing tension and improving sleep! Many major medical centers and cancer hospitals now include Reiki as part of their treatment plan.

### **CALL TODAY!**

\*\$75 nonrefundable deposit due at enrollment, balance due at time of first class.