ENERGY & VITALITY
Ultimate Enhancement of Mental and Physical Stamina

ALCOHOL-FREE CONCENTRATED EXTRACTS OF:

FORMULA                     MG EXTRACT PER 3 CAPSULES
Green Tea leaf (Camellia sinensis)  90 mg
Eleuthero root (Eleutherococcus senticosus)  90 mg
Schizandra berry (Schizandra chinensis)  75 mg
Korean Ginseng root (Panax ginseng)  51 mg
Cola nut (Cola nitida)  42 mg
Ginkgo leaf (Ginkgo biloba)  36 mg
Licorice root (Glycyrrhiza uralensis & G. glabra)  30 mg
Nettle seed (Urtica dioica)  6 mg
Prickly Ash bark (Xanthoxylum clava-herculis)  6 mg

STANDARDIZED TO FULL SPECTRUM ACTIVITY PROFILE
Polyphenols (from Green Tea)  72 mg
Ginsenosides (from Korean Ginseng)  7.5 mg
Eleutherosides B+E (from Eleuthero Root)  0.72 mg

ABUNDANT ENERGY
This formula is useful for anyone who suffers from fading vitality and depleted energy, particularly those individuals who are constantly exposed to overwork, stressful environments or situations, and excess strain to mind or body. This formula efficiently combines herbs which are well known for their influence on energy, with those that address adrenal function, circulatory health, and non-specific resistance to stress (including oxidative / free radical stress). The result is a comprehensive approach for supporting mental and physical stamina.

Korean Ginseng belongs to a genus (a sub-group of a family) named Panax - which is derived from the word panacea - meaning ‘cure-all’. The common name also honors this highly useful herb, for Ginseng means ‘wonder of the world’. It has traditionally been used to increase stamina (both mental and physical). Known as an adaptogen, Panax builds resistance to stresses of both biological and physical origin. Interestingly, modern research lends support to this adaptogenic affect. This plant is the energy tonic par excellence.

Green Tea has a long history of use, dating back to around 2,700 B.C. Today, we know that Green Tea is a stimulating antioxidant. This plant supports healthy liver function in a manner that reduces free-radical damage to the liver tissue. Oxidative (free-radical) damage has been linked to low energy and weariness. Oxidative (free-radical) damage is also associated with decreasing intracellular levels of cyclic AMP. Green Tea increases levels of cyclic AMP. Increased levels of cAMP allow hormones to perform better, thus overall function of the body is improved. This cyclic AMP supporting affect is highly desirable in a formula that aims to enhance vital energy. Coupled with its mild stimulant influence, Green Tea proves very useful indeed.

Licorice root is often used with physical weariness that is related to the adrenal gland. Whereas Siberian Ginseng supports the adrenal gland’s hormonal response to stress, Licorice prevents the breakdown of such hormones. This results in an overall reduction of the functional load that is placed on this important gland. Compounds isolated from licorice appear to be immuno-stimulating.

DOSAGE
Liquid Phyto-Caps: 1 capsule, 3 times daily

DURATION OF USE
4-6 months

BEST TAKEN
Between meals, with warm water

Note: This product contains caffeine from Green Tea

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