



If there was a way to increase bodily energy, lose weight, decrease stress, detoxify the body and purify the skin while elevating the immune system to fight off everything from the common cold, asthma, and bronchitis to serious life threatening illnesses such as cancer, what could that be worth?

What if a person had to do to receive such benefits was relax and sit down for 15 to 30 minutes a day 3 or 4 times a week listening to their choice of music or watching a good movie - now what would that be worth?

Get your  
FAR Infrared Sauna Today!

**FAR Infrared Sauna  
Layaway Program  
4 Months**

**\$271.08 a month**

**See Stores for Details!  
Give the Gift of Better  
Health!**



*Total Whole  
Food  
Nutrition*

Now Available at both  
locations!

**YOUR AD HERE**

We are now offering advertisement opportunities in our newsletter.

If your target market is over 1200 Natural Health customers, our newsletter is for you!

**Please contact Tracie at 636-629-7776  
for details**

***Classroom for  
Rent***

Our classroom area at our St. Clair location is available for rent for your meeting or event.

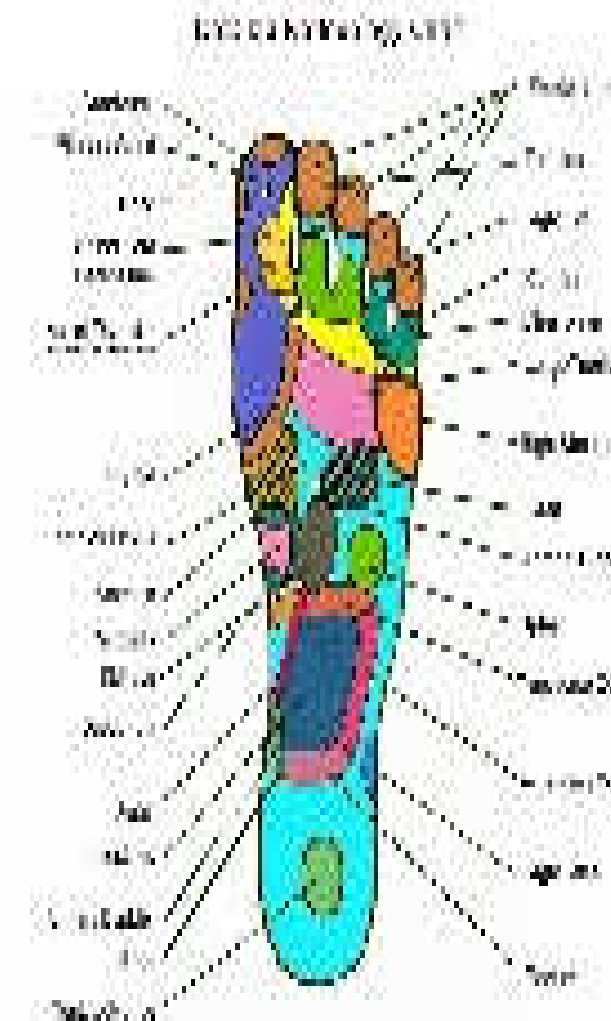
**Call 636-629-7776 for  
details.**

**GRAND OPENING SPECIALS**

**ENTIRE MONTH OF NOVEMBER 2009**



**Take an additional 50% off sale  
and clearance tag items**



**1 Hour Reflexology**

**\$35.00 (save \$15.00)**

**Washington Only**



**1 Hour Massage**

**\$50.00 (save \$5.00)**

**Washington Only**



**Ion Foot Cleanse**

**Only \$25.00 (save \$10.00)**

**St. Clair and Washington**



**Earn double rewards  
points on every  
purchase this month.**