

Health Habit

YOUR GREEN GOURMET STORE

March 2010 Yogurt Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 N/F L/C	2 N/F N/D	3 N/F Butterbrickle L/C neutral/ world class Vanilla	4 N/Fplain/Strawberry N/D vanilla/New York Cheese Cake	5 N/F Country Vanilla L/C neutral/Lemon	6 N/F Snickerdoodle N/D Raspberry
7 N/F Country Vanilla N/F Classic Choclote	8 N/F Pralines n Cream L/C neutral Cappuccino	9 N/F Peanut Butter N/D Vanilla	10 N/F Country Vanilla N/S/A Strawberry/banana	11 N/F Snickercooodle N/D Pineapple	12 N/F Coconut L/C Chocolate	13 N/F Pecan Praline N/D Vanilla
14 N/F Country Vanilla N/F Classic Chocolate	15 N/F Country Vanilla N/S/A Strawberry/Banana	16 N/F Cookies n cream N/D Raspberry	17 N/F Butterbrickle L/C neutral World Class Vanilla	18 N/F N/D	19 N/F L/C	20 N/F N/D
21 N/F N/F	22 N/F L/C	23 N/F N/D	24 N/F L/C	25 N/F N/D	26 N/F L/C	27 N/F N/D
28 N/F N/F						

N/F - Non-Fat

L/C - Low Carb, Sugar Free

Subject to change upon availability.

D/F - Lactose Free - Contains Sodium Caseinate, a milk derivative

NSA - No Sugar Added