

LIL' S DIETARY SPECIALTY SHOP

2738 West 111<sup>th</sup> Street

Chicago, IL 60655

(773) 239-0355

[www.lilsdietary.com](http://www.lilsdietary.com)

## LOW PROTEIN LIST

### DIETARY SPECIALTIES

Chocolate cake Mix	\$7.99
(1/12) Protein 0.13g Phe 6mg	
Vanilla Cake Mix	\$7.99
(1/12) Protein 0.10g Phe 5mg	
Macaroni & Cheese	\$9.99
(1c) Protein 0.7g Phe 34mg	
Spanish Rice (12 Pkg)	\$39.99
(1pkg) Protein 0.67g Phe 19mg	
Ohz & Sauce (12 Pkg)	\$39.99
(1pkg) Protein 0.66g Phe 29mg	
Cheese Flavor Sauce Mix	\$9.99
(4tbsp) Protein 0.53g Phe 25mg	
Tomato Sauce Mix	\$9.99
Protein 0.30g Phe 7mg	
Chocolate Chip Cookies	\$5.99
(2 cookies) Protein 0.21g Phe 3mg	
Butterscotch Cookies	\$5.99
Protein 0.16g Phe 7.5mg	
Graham Crackers	\$9.99
(4 cookies) Protein 0.25g Phe 5mg	
Blueberry bake mix	\$7.99
Protein 1g Phe 36mg	
Apple Bake Mix	\$7.99
Protein <1g Phe 34.2mg	
Corn Bread Mix	\$7.99
Protein 1g Phe 40mg	
Plain Bagels	\$14.99
Protein 0.35g Phe 9mg	
Wheat Starch Bread	\$14.99
Protein 0.27g Phe 12mg	
Bread Machine Mix	\$25.99
Protein 0g Phe 10mg	
Rice	\$13.99
Protein 0.54g Phe 7mg	

Elbow Pasta	\$13.99
Protein 0.54g Phe 7mg	
Spaghetti Meal	\$13.99
Protein 2.0g Phe 55mg	
Mac & Cheese Meal	\$13.99
Protein 2.9 g Phe 137mg	
Cheese Burger Meal	\$15.99
Protein 4.96g Phe 111mg	
Burger Meal	\$15.99
Protein 4.3g Phe 82mg	
Chili Mac Meal	\$15.99
Protein 2.0g Phe 55mg	
Nugget Meal	\$15.99
Protein 1.3g Phe 56.mg	

### APROTEN PASTA

Penne	\$12.99
(7/8c) Protein 0.4g Phe 19mg	
Spaghetti	\$12.99
(2oz) Protein 0.3g Phe 17mg	
Fusilli	\$12.99
(1c) Protein 0.4g Phe 19mg	
Ditalini	\$12.99
(1/2c) Protein 0.4g Phe 19mg	
Fettucini	\$12.99
Protein 0.4g Phe 22mg	
Riganti	\$12.99
Protein 0.3g Phe 19mg	
Tagilatelle	\$12.99
Protein 0.39g Phe 13mg	
Bucatini	\$12.99
Protein 0.37g Phe 18.6mg	
Linguine	\$12.99
Protein 0.37g Phe 18.6mg	
Anellini	\$12.99
Protein 0.37 Phe 13mg	

### ENER G FOODS

Chocolate Chip Cookies	\$6.99
Protein<1g Phe 22.5	
Ginger Cookies	\$6.99
Protein 0g Phe 15mg	
Chocolate Chip Snack Bars	\$8.99
Protein <1g Phe 132mg per 100mg	
Tapioca Bread	\$5.99
(1 slice) Protein 0.4g Phe 32mg	
Light White Rice Bread	\$5.99
(1 slice) Protein 0g Phe 34mg	
Light Brown Rice Bread	\$5.99
(1 slice) Protein 0g Phe 26mg	

Light Tapioca Bread	\$5.99
(1slice) Protein 0g Phe 32mg	
Corn Loaf	\$5.99
(1 slice) Protein 0g Phe 6mg	
Cinnamon Crackers	\$7.99
(5 pieces) Protein 0g Phe 21.2mg	
Ener G Crackers	\$4.99
(3 pieces) Protein 1g Phe 29.45mg	
Cinnamon Cookies	\$4.99
(2 pieces) Protein 0g Phe 4mg	
Ener G Crispy Pretzels	\$2.29
25 pieces) Protein 0g Phe 40mg	
Wylde Pretzels	\$4.59
(25 pieces) Protein 0g Phe 30mg	
Pizza Crust 6in 3pk	\$9.99
(1serving) Protein 0.7g Phe 29.9mg	
Egg Replacer	\$5.99
(1 1/2tsp) Protein 0g Phe 0.05mg	
Pizza Crust 10in 2pk	\$15.99
(1 serving) Protein 0.7g Phe 29.9mg	
Tapioca Dinner Rolls	\$6.59
Protein 1 g Phe 48mg	
Tapioca Hot Dogs	\$6.59
Protein 1g Phe 48mg	
Tapioca Hamburger Buns	\$6.59
Protein 1g Phe 48mg	

### VANCE' S

Darifree Milk	\$10.99
Protein 0g Phe 0mg	
Darifree Chocolate Milk	\$10.99
Protein 0g Phe 0mg	

### HEALTH VALLEY

Rice Crunch em' s Cereal	\$5.99
(1/2c) Protein 0.8g Phe 40m	

### ENVIROKIDZ

Gorilla Munch Cereal	\$5.99
(1/2c) Protein 1.2g Phe 60mg	
Amazon Frosted Flakes	\$5.99
(1/2c) Protein 1.3g Phe 64mg	
Koala Crisp Cereal	\$5.99
(1/2c) Protein 0.9g Phe 48mg	
Berry Crispy Rice Bars	\$5.99
Protein 0.9 Phe 45	

### ORGRAN

Egg Replacer	\$6.29
(1 serving) Protein 0g Phe 0mg	
Gravy Mix	\$5.99
Protein 0g Phe 0mg	
Riganti Pasta	\$5.99
(1 serving) Protein 0g Phe 0.5mg	
Tomato Soup Mix 2pk	\$4.99
(1 pkg) Protein 1g Phe 40mg	
Vegetable Soup Mix 2pk	\$4.99
(1 pkg) Protein 0g Phe 4mg	
Corn Soup Mix 2pk	\$4.99
(1 pkg) Protein 0.5g Phe 20mg	
Chocolate Mousse Mix	\$6.99
Protein 0.5g Phe 15mg	
Custard mix	\$5.99
Protein 0.1g Phe 1mg	
Dinosaur Cookies	\$4.99
Protein 0g Phe 30mg	
Shortbread Hearts Cookies	\$4.99
Protein 0g Phe 5mg	

### CERRONE

Ice Cream Cones	\$6.99
Protein 0g Phe 0mg	

### CHEBE

Pizza Crust mix	\$3.99
Protein 0g Phe 3.36mg	
Cinnamon Roll Mix	\$3.99
Protein 0g Phe 3.36mg	
Breadstick Mix	\$3.99
Protein 0g Phe 3.36mg	
All Purpose Flour Mix	\$3.99
Protein 0g Phe 3.36mg	

### GEORGE WASHINGTON

Golden Broth	\$2.99
Protein 0g Phe 0mg	
Brown Broth	\$2.99
Protein 0g Phe 0mg	

## WISE

Onion Rings	\$0.69
(1 bag) Protein 0g Phe 6mg	
Family Size Bag	\$3.99

## CAMBROOKE FOODS

All Purpose Baking Mix	\$39.99
(1c) Protein 0.42g Phe 2mg	
Quick Mix	\$45.99
(1c) Protein 0.32g Phe 1mg	
Cinnamon Raisin Bread	\$21.99
(1 slice) Protein 0.24 Phe 14mg	
Homestyle White Bread	\$19.99
(1 slice) Protein 0.25g Phe 15mg	
American Cheese Slices	\$18.99
(1 slice) Protein 0.66g Phe 29mg	
Swiss Cheese Slices	\$18.99
(1 slice) Protein 0.65g Phe 29mg	
Shredded Cheddar Cheese	\$18.99
(1/3c) Protein 0.68g Phe 45mg	
Shredded Mozzarella Cheese	\$18.99
(1/3c) Protein 0.64g Phe 45mg	
Chocolate Chip Cookie Dough	\$25.99
Protein 0.20g Phe 3mg	
Sugar Cookie Dough	\$27.99
Protein 0.20g Phe 2mg	
Cheese Ravioli	\$26.99
Protein 0.5g Phe 25mg	
Portbella Spinach Ravioli	\$27.99
Protein 1g Phe 24mg	
Pierogi	\$27.99
Protein 0.66g Phe 29mg	
Camburgers	\$19.99
Protein 1g Phe 51mg	
Tweekz	\$22.99
Protein 0.9g Phe 44mg	
Macaroni & Cheese	\$15.99
Protein 0.89g Phe 32mg	
Shake 'N' Cheese	\$15.99
Protein 0.22g Phe 8mg	
Chicken Consomme	\$15.99
Protein 0.03g Phe 0.9mg	
Alfredo Sauce Mix	\$15.99
Protein 0.43g Phe 13mg	

Short Grain Rice	\$28.99
Protein 0.25g Phe 11mg	
Wheat Starch	\$27.99
(1/3c) Protein 0.4g Phe 6mg	
Pizza Crust	\$28.99
Protein 0.3g Phe 16mg	
Garlic Broccoli Rice	\$15.99
Protein 0.5g Phe 26mg	
Camburger Buns	\$18.99
Protein 0g Phe 02mg	
Baby Boule	\$25.99
Protein 0.3g Phe 17mg	
Focaccia Sticks	\$18.99
Protein 0.25g Phe 13mg	
Southwestern Biscuits	\$18.99
Protein 0.2g Ph 12mg	
Ready Made Pizza 3pk	\$29.99
Protein 0.95g Phe 44mg	
Ready Made Primavera Pizza	\$29.99
Protein 1.2g Phe 50mg	
Veggie Meatballs	\$26.99
Protein 0.6g Phe 29mg	
BBQ Calzones	\$20.99
Protein 1.3g Phe 42mg	
Toaster Topz Banana Chip	\$19.99
Portein 0.1 Phe 6mg	
Toaster Topz Tropical	\$19.99
Protein 0.1g Phe 3mg	
Raspberry Gems	\$29.99
Protein 0.2g Phe 8mg	
Cinnamon Raisin Gems	\$29.99
Protein 0.2g Phe 9mg	
Fudge Brownies	\$18.99
Protein 0.3g Phe 18mg	
Asian Dumplings	\$25.99
Protein 0.3g Phe 23mg	
Artisian Bread	\$29.99
Protein 1.4g Phe 11mg	
Apple Breakfast Bars	\$16.99
Protein 0.3g Phe 10mg	
Blueberry Breakfast Bars	\$16.99
Protein g Phe mg	
Butterscotch Cookies	\$19.99
Protein 0.1g Phe 4mg	
Peanotbutter ChoChip	\$20.99
Protein 0.2g Phe 6mg	
Corny Dogs	\$21.99
Protein 0.3g Phe 13mg	

Brookelyn Dogs	\$42.99
Protein 0.5g Phe 27mg	
Brookelyn Buns	\$13.99
Protein 0.3g Phe 16mg	
Mini Pizza Pockets	\$13.99
Protein 0.8g Phe 35mg	
Mini PB & J Pockets	\$16.99
Protein 0.6g Phe 27mg	

### COUNTRY SUNRISE

Scrambled Egg Mix	\$29.99
Protein 0g Phe 6.23mg	
Hot Dog Mix	\$29.99
Protein 0g Phe 35mg	
Burger Mix	\$29.99
Protein 1g Phe 68mg	
Southwest Burger mix	\$29.99
Protein 1g Phe 68mg	
Chicken Patti & Nugget Mix	\$29.99
Protein 1g Phe 39mg	
Mashed Potato Mix	\$29.99
Protein 1g Phe 47mg	
Cheese Flavored Sauce Mix	\$19.99
Protein 0g Phe 14mg	
7 Vegetable Blend	\$19.99
Protein 0g Phe 12mg	
Italian Veg&Pasta Soup Mix	\$39.99
Protein 2g Phe 57mg	
Vegetable ABC Soup Mix	\$39.99
Protein 2g Phe 50mg	
Cheese Pot & Broc Soup Mix	\$39.99
Protein 1g Phe 50mg	
CreamyTomato Basil Soup	\$39.99
Protein 3g Phe 51mg	
Soups to Go Tomato Basil	\$5.99
Protein 3g Phe 51mg	
Soups to Go ABC Vegetable	\$5.99
Protein 3g Phe 50mg	
Soups to Go Italian Vegetable	\$5.99
Protein 2g Phe 57mg	
Soups to Go Cheesy Broccoli	\$5.99
Protein 1g Phe 57mg	
Pasta to Go Mac & Cheese	\$9.99
Protein 2g Phe 48mg	
Flour Blend	\$29.99
Protein 0g Phe 7mg	

Cranberry Orange Muffin Mix	\$12.99
Protein 0g Phe 7mg	
Apple Cinnamon Muffin Mix	\$12.99
Protein 0.12g Phe 4mg	
Vanilla Pudding Mix	\$12.99
Protein 0g Phe 0mg	
Chocolate Pudding Mix	\$12.99
Protein 1g Ph 33mg	
Jel Dessert Mix Strawberry	\$12.99
Protein 0g Phe 0mg	
Jel Dessert Mix Raspberry	\$12.99
Protein 0g Phe 0mg	
Jel Dessert Mix Cherry	\$12.99
Protein 0g Phe 0mg	
Jel Dessert Mix Lemon	\$12.99
Protien 0g Phe 0mg	
Jel Dessert Mix Orange	\$12.99
Protein 0g Phe 0mg	
Jel Dessert Mix Lime	\$12.99
Protein 0g Phe 0m	

### FROSTLINE

Vanilla Ice Cream/Smoothie Mix	\$25.99
Protein 0g Phe 15mg	
Chocolate Ice Cream/Smoothie Mix	\$25.99
Protein 0g Phe 24m	

### STRETCH ISLAND

Strawberry Roll-up	\$0.79
Cherry Roll-up	\$0.79
Apple Roll-up	\$0.79
Grape Roll-up	\$0.79
Raspberry Roll-up	\$0.79
Apricot Roll-up	\$0.79
All flavors Protein 0g Phe 7mg	

### LATIARA

White Corn Taco Shells	\$4.99
(1 shell) Protein 0g Phe 20mg	
Yellow Corn Taco Shells	\$4.99
(1 shell) Protein 0g Phe 20	

### SENECA

Caramel Apple Chips	\$0.79
(1 bag) Protein 0g Phe 6mg	

Sweet Apple Chips \$0.79  
(1 bag) Protein 0g Phe 6mg  
Cinnamon Apple Chips \$0.79  
(1bag) Protein 0g Phe 6mg

### TASTE CONNECTIONS

Versa Mix \$25.99  
Protein 0.3g Phe 14mg  
Bread Mix \$23.99  
Protein 0.3g Phe 17mg  
Multit Baking Mix \$25.99  
Protein 0.3g 11mg  
Popping Tapioca \$8.99  
Protein 0.1g Phe 0mg  
Brownie Mix \$18.99  
Protein 0.3g Phe 11mg

### BARRY' S

Cinnamon Twists \$4.99  
Protein 0g Phe 21mg  
Maple Twists \$4.99  
Protein 0g Phe 21mg  
Raspberry \$4.99  
Protein 0g 21mg

### UNCLE HENRY' S

Pretzels \$5.99  
Protein 0g Phe 5mg

### IMAGINE

Butternut Squash Soup \$5.99  
Protein 1.0g Phe 47  
Tomato Soup \$5.99  
Protein 1.0g Phe 45  
Ready to use Turkey Gravy \$2.99  
Protein 0g Phe 2mg  
Ready to use Brown Gravy \$2.99  
Protein 0g Phe 2mg

MED-DIET

Cheese Flavored sauce mix \$19.95  
Protein 0g Phe 14m

DAIYA FOODS

Cheddar Shreds \$5.99  
Protein 1g Phe 81mg  
Mozzarella Shreds \$5.99 Protein 1g Phe 81mg

MADDY' S

Crackels Cereal \$6.99  
Protein .2g Phe 7mg  
Tangles \$1.99  
Protein 0.4g Phe 19mg  
BBQ Tangles \$1.99  
Protein 0.4mg Phe 19mg  
Yellow Cake Mix \$7.99  
Protein 0.1g Phe 5mg  
Sugar Cookie Mix \$8.99  
Protein 0.3g Phe 1.3mg  
Blueberry Muffin Mix \$9.99  
Protein 0.2g Phe 8mg  
Banana Muffin Mix \$9.99  
Protein 0.3g Phe 9mg  
Cinnamon Muffin Mix \$9.99  
Protein 0.3g Phe 8mg

LOPROFIN

Loops Cereal \$7.99  
Protein 0.5g Phe 7mg  
Crackers \$5.99  
Protein 0.4g Phe 15mg  
Spaghetti \$10.99  
Protein 0.2g Phe 5.6mg  
Vermicelli \$7.99  
Protein 0.2g Phe 5.6mg  
Spirals \$10.99  
Protein 0.2g Phe 5.6mg  
Penne \$10.99  
Protein 0.2g Phe 5.6mg

Lasagne	\$7.99
Protein 0.2g Phe 5.6mg	
Chocolate Cake Mix	\$11.99
Protein 0.4g Phe 11.7mg	
Rice	\$11.99
Protein 0.2g Phe 7.8mg	
Animal Shaped Pasta	\$11.99
Protein 0.2g Phe 5.6mg	
Elbow Pasta	\$9.99
Protein 0.2g Phe 5.6mg	

### ENERGY OPTION

Chocolate Covered Raisins	\$22.99
Protein 0.48g Phe 12mg	
Chocolate Bars	\$4.59
Protein 0g Phe 0mg	
White Chocolate	\$4.59
Protein 0g Phe 0mg	
Chocquitos	\$35.99
Protein 0.35g Phe 12.5mg	
Easter Candy	\$7.59
Protein 0g Phe 0mg	

### MILUPA

Paprika Snack Chips	\$4.99
Protein 0.2g Phe 10.8mg	
Honey Flakes Cereal	\$7.99
Protein 0.2g Phe 3mg	
Chocolate Ringlets Cereal	\$7.99
Protein 0.3g Phe 9.3mg	
Apple-Banana Cereal Mix	\$12.99
Protein 1.8g Phe 70mg	
Pear Cereal Mix	\$12.99
Protein 1.8g Phe 70mg	
Apricot Energy Bars	\$4.99
Protein 0.2g Phe 2.5mg	
Apple Cinnamon Energy Bars	\$4.99
Protein 0.3g Phe 7.5mg	
Fruit Energy Bars	\$4.99
Protein 0.2g Phe 3.5mg	
LP Drink	\$14.99
Protein 0g Phe 5mg	

### WELL-PLAN

Bake Mix	\$8.99
Protein 0.1g Phe 2mg	

AMBROSIA

White Bark Coating \$11.95  
Protein 0g Phe 11mg  
Chocolate Flavored Bark Coating \$11.95  
Protein 1g Phe 45mg

LDO

Sour Gummi Bears \$3.19  
Gummi Bears \$3.19  
Gummi Baby Bears \$3.19  
Ice Cream Cones \$4.99

ALL THE ABOVE

PROTEIN 0g PHE 5mg

YUMMY EARTH

Lollipops \$2.99  
Protein 0g Phe 0mg  
Lollipops Small Bin \$5.99  
Protein 0g Phe 0mg  
Family size bin \$22.99  
Protein 0g Phe 0mg

PROMIN

Shells \$13.99  
Spirals \$13.99  
Elbows \$13.99  
Alphabets \$13.99  
Rice \$13.99  
Cous Cous \$13.99  
PROTEIN 0.28g PHE 11.4mg  
Tricolor Shells \$14.99  
Tricolor Spirals \$14.99  
Tricolor Elbows \$14.99  
Tricolor Alphabets \$14.99  
PROTEIN 0.22g PHE 10.6mg  
Cheddar Broccoli Elbows \$15.99  
Protein 0.74g Phe 63mg  
Garlic & Herb Ziti \$15.99  
Protein 0.28g Phe 11.4mg  
Tomato Pepper Elbows \$15.99

Protein 0.76g Phe 51.5mg	
Moroccan Elbows	\$15.99
Protein 0.37g Phe 14.4mg	
Apple Cinnamon Porridge	\$16.99
Protein 0.25g Phe 3.36mg	
Chocolate Porridge	\$16.99
Protein 0.37g Phe 3.42mg	
Banana Porridge	\$16.99
Protein 0.1g Phe 4.44mg	
Chocolate Banana Dessert	\$16.99
Protein 0.23g Phe 13.37mg	
Strawberry Apple Dessert	\$16.99
Protein 0.027g Phe 1.07mg	
Rice Pudding Mix	\$16.99
Protein 0.138g Phe 4.89mg	
Apple Rice Pudding Mix	\$16.99
Protein 0.135g Phe 5.27mg	
Strawberry Rice Pudding	\$16.99
Protein 0.183 Phe 7.94mg	
Banana Rice Pudding Mix	\$16.99
Protein 0.093g Phe 4.86mg	

### HUNTS

Lemon Pudding	\$3.99
Protein 0g Phe 0mg	

### BROTHERS FRUIT CRISPS

Strawberry Banana	\$1.99
Protein 0g Phe 8.5mg	
Yellow Peach	\$1.99
Protein 0g Phe 19.5	
Fuji Apple	\$1.99
Protein 0g Phe 4mg	
Asian Pear	\$1.99
Portein 0g Phe 5.5mg	
Pineapple	\$1.99
Protein 0g Phe 8.5mg	
Strawberry	\$1.99
Protein 0g Phe 8.5m	

### SUNSPIRE

Carob Chips	\$5.99
Protein 1g Phe 9mg	

SANAVI

Bread & Bake Mix	\$9.99
Protein 0.3g Phe 15.8mg	
Fruit Cookies	\$7.59
Protein 0.35g Phe 9.8mg	
Caramel Cookies	\$6.99
Protein 0.35g Phe 13.3mg	
Vanilla Cookies	\$6.99
Protein 0.35 Phe 12.9mg	
Cracker Toast	\$9.99
Protein 0.45g Phe 18.4mg	
Chocolate Chip Cookies	\$6.99
Protein 0.55g Phe 21.1mg	
Spaghetti	\$9.99
Protein 0.35g Phe 16.4mg	
Strawberry Bars	\$7.59
Protein 0.30g Phe 11.3mg	
Rice	\$9.99
Protein 0g Phe 15mg	
Penne	\$9.99
Protein 0g Phe 16mg	
Fusilli	\$9.99
Protein 0g Phe 16mg	

WALDEN FARMS

Peanut Butter Spread	\$4.99
Protein 0.03g phe 1.1mg	
Carmel Dip	\$3.99
Protein 0g phe 8.6mg	
Marshmallow Dip	\$3.99
Protein 0g Phe 8.6mg	
Chocolate Dip	\$3.99
Protein 0g Phe 4.3mg	
French Onion Dip	\$3.99
Protein 0g Phe 8.6mg	
Ranch Dip	\$3.99
Protein 0g Phe 0.9mg	
Grape Jam	\$3.99
Protein 0g Phe 0mg	
Strawberry Jam	\$3.99
Protein 0g Phe 0mg	
Rasberry Jam	\$3.99
Protein 0g Phe 0mg	
Ketchup	\$3.99
Protein 0g Phe 0.9mg	

Mayo	\$3.99
Protein 0g Phe 1.2mg	
Marinara sauce	\$3.99
Protein 0g Phe 2.0mg	
Scampi sauce	\$3.99
Protein 0g Phe 3.2mg	
Alfredo Sauce	\$3.99
Protein 0g Phe 0.24mg	
Seafood sauce	\$3.99
Protein 0g Phe 0.9mg	
Ranch Dressing	\$3.99
Protein 0g Phe 0mg	
1000 Island dressing	\$3.99
Protein 0g Phe 0.2mg	
Asian Dressing	\$3.99
Protein 0g Phe 1.5mg	
French Dressing	\$3.99
Protein 0g Phe 1.5mg	
Honey Dijon dressing	\$3.99
Protein 0g Phe 1.5mg	
Caesar Dressing	\$3.99
Protein 0g Phe 1.5mg	
Raspberry vinegarette	\$3.99
Protein 0g Phe 1.5mg	
Chocolate Syrup	\$3.99
Protein 0g Phe 3.2mg	
Honey Bbq Sauce	\$3.99
Protein 0g Phe 2.6mg	
Spicy Bbq Sauce	\$3.99
Protein 0g Phe 2.6mg	
Ranch Dressing	\$3.99
Protein 0g Phe 1.5mg	

### GOGO

Apple	\$3.99
Protein 0.5g Phe 6mg	
Apple-Peach	\$3.99
Protein 0.5g Phe 12mg	
Apple-Strawberry	\$3.99
Protein 0.5g Phe 12mg	
Apple-Cinnamon	\$3.99
Protein 0.5g Phe 12mg	

### CHEECHA

Potato puffs	\$2.99
Protein 0.5g Phe 25mg	
Salt & pepper	\$2.99
Protein 0.5g Phe 25mg	
Salt & vinegar	\$2.99
Protein 0.5g Phe 25mg	

### AHLASKA

Chocolate syrup	\$4.99
Protein 0.5g Phe 25mg	
Chocolate syrup (large)	\$6.99
Protein 0.5g Phe 25mg	

### GLEE GUM

Peppermint	\$1.19
Spearmint	\$1.19
Tangerine	\$1.19
Bubble gum	\$1.19
Triple berry	\$1.19
Cinnamon	\$1.19
Minis	\$1.09
Glee mini 21 pack	\$6.99
ALL OF THE ABOVE	
Protein 0g Phe 0mg	

### PURE FUN

Barrels of fun	\$4.29
Mint pinwheels	
Fruit pinwheels	
Chocolate meltdowns	
Citrus slices	
Fruit rocks	
ALL THE ABOVE Protein 0g Phe 0mg	

### SURF SWEETS

Sour berry bears	\$1.99
Sour worms	
Fruity bears	
Gummi swirls	
Jelly beans	
ALL THE ABOVE Protein 0g Phe 0mg	

### CRUNCHIES

Mix fruit \$5.99  
Protein 0g Phe 5mg  
Very berry \$5.99  
Protein 0g Phe 5mg

### NATURAL DESSERTS

Cherry jello \$1.99  
Orange jello  
Raspberry jello  
Strawberry jello  
Vanilla pudding  
ALL THE ABOVE Protein 0g Phe 0mg

### GARDEN FIELDS

Crackers \$1.99  
Protein 0.3g Phe 15mg  
pizza crackers \$1.99  
Protein 0.3g Phe 15mg

### CALI

Herb medley \$1.99  
Garlic gusto  
Spicy fiesta  
ALL THE ABOVE Protein 0g Phe 0mg

### MR SPICE

Ginger stir-fry sauce \$5.99  
Protein 0g Phe 0mg

### SAN J

Szechuan sauce \$5.99  
Protein 0g Phe 15mg  
Teriyaki  
Protein 0g Phe 40mg

### PREMIER JAPAN

Hoisin Sauce \$5.99  
Protein 0g Phe 40mg

### Terra Nostra

Rice Milk chocolate bar \$5.99  
Protein 0.2g Phe 9mg

VANS

Mini waffles \$3.99  
Protein 2g Phe 41mg

ZEVIA

Diet cola 6pack \$6.29  
Orange 6 pack \$6.29  
Lemon Lime 6 pack \$6.29  
Dr. Zevia 6 pack \$6.29  
Protein 0g Phe 0mg

GLUTINO

Pizza bread sticks \$6.99  
Protein 0g Phe 15mg  
Corn loaf \$7.99  
Protein 1g Phe 24mg per slice  
Fiber bread \$7.99  
Protein 1g Phe 39mg per slice  
Crackers \$6.99  
Protein 1g Phe 39mg  
Multigrain crackers \$6.99  
Protein 1g Phe 39mg  
Pretzel twist \$8.99  
Protein 0g Phe 10mg  
Pretzel sticks \$8.99  
Protein 0g Phe 10mg

ANNIE' S

Strawberry bunny fruit snacks \$5.59  
Berry bunny fruit snacks  
Citrus bunny fruit snacks  
Tropical bunny fruit snacks  
Ind Bunny Snacks \$1.05  
ALL THE ABOVE Protein 0g Phe 3mg

HOL\_GRAIN

Brown Rice Bread Crumbs \$7.99  
Protein 1g Phe 50mg











