

October 2009 Newsletter

You Asked For It-You Got It!

NEW WASHINGTON LOCATION!



1615 Heritage Hills

Washington, MO 63090

636-390-8777

Open- Mon, Tue, Thurs, Fri, Sat

9am-6pm

*Expanded Product Selection, Ion Foot Cleanses, Ear
Candling, Massage, Sauna Therapy and Classroom*

The independent advertisements in this newsletter are not endorsed or affiliated with
Root Digger! Nation Herb Co.

Quit Smoking . Eliminate Bad Habits
Manage Stress . Fears . Pain . Weight

Hypnosis

Joan Nolting, CH EFT Practitioner
636-239-7655 www.NoltingHypnosis.com

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Juice Plus+®...

The Next Best Thing

Juice Plus+® is a simple, convenient, and inexpensive way to add more nutrition from fruits and vegetables to your diet, every day. Taking Juice Plus+ is the next best thing to eating fruits and vegetables. Of course, there is no substitute for eating a wide variety of fruits and vegetables. But because most people simply can't, don't, or won't, Juice Plus+ helps fill that gap.

Juice Plus+ provides nutrition from 17 different fruits, vegetables, and grains. Each ingredient is specially selected to provide you with a wide range of nutritional benefits. Juice Plus+ contains not only a much wider variety of naturally occurring vitamins than vitamin supplements, but it also contains other phytonutrients, antioxidants, and nutrients — even some of the fiber — found in the fruits and vegetables it's made from. These nutrients work together in combination to provide you more of the nutritional benefits of eating healthful whole foods.

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Juice Plus+®...
Today!

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Chiropractic Nutrition KinesioTaping
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