



Natural Frontier Market

just good things from the good earth

www.naturalfrontiermarket.net

325 Third Avenue
between 24th & 25th Street
New York, NY 10010
Phone: (212) 228-9133 • Fax: (212) 228-9711
Hours: Mon.-Fri: 8 am to 10 pm
Sat. & Sun: 9 am to 10 pm

1424 Third Avenue at 81st Street
New York, NY 10028
Phone: (212) 794-0922 • Fax: (212) 794-0814
Hours: Mon.-Fri: 8:30 am to 9:30 pm
Sat. & Sun: 9 am to 9:30 pm

1104 Cortelyou Road
Brooklyn, NY 11218
Phone: (718) 284-3593 • Fax: (718) 284-3595
Hours: Mon.-Sun: 8 am to 11 pm

12-01 Jackson Avenue
Long Island City, NY 11101
Phone: (718) 937-9399 • Fax: (718) 937-9392
Hours: Mon.-Sun: 8 am to 10 pm

We Accept:



SALAD BAR



Only at 325 Third Ave. Store
\$7.49 per lb.

After 8:30 pm 50% Off

INTERNATIONAL NATURAL FOOD TAKE OUT DELI



CERTIFIED ORGANIC FRESH FRUITS & VEGETABLES



JUICE BAR



FRESH BAKED GOODS



COME IN FOR EVERYDAY GREAT DISCOUNTS ON VITAMINS

Free Delivery within 10 Blocks
*10% Off for Students & Seniors Citizens on non-sale items.
For more information, please call Natural Frontier 794-0922 or 228-9133

VIEW OUR MONTHLY FLYER ON OUR WEBSITE: WWW.NATURALFRONTIERMARKET.NET

WOODSTOCK FARMS

Organic Relish

Sweet or Spicy Chipotle

\$3.99

16 oz. Sugg. Retail: \$5.99



WOODSTOCK FARMS

Organic Pickles

Assorted Varieties

\$3.99

24 oz. Sugg. Retail: \$5.99



WOODSTOCK FARMS

Organic Sauerkraut

\$3.99

16 oz. Sugg. Retail: \$4.99



JULY SAVINGS

GRAND OPENING SALE
5% off your total bill of \$50.00 or more for the month of July at ALL LOCATIONS

LET'S DO

Gluten Free Ice Cream Cones

\$2.69

1.2 oz. Sugg. Retail: \$3.99



RAPUNZEL

Organic Sunflower Oil

Unrefined

\$4.79

16.9 oz. Sugg. Retail: \$6.99



LAKEWOOD

Organic Lemonade

Original, Light, Cranberry or Pomegranate Light

\$2.69

32 oz. Sugg. Retail: \$3.99



LARABAR

Nutrition Bar

Assorted Varieties

1.6-1.8 oz. Sugg. Retail: \$1.79

\$1.19

CHEESE OF THE MONTH

GOURMET ARTISAN

Goat Cheese Log

Cran Cinnamon, Original, Fig or Peppadew..... **\$2.99**

4 oz. Sugg. Retail: \$4.99

Cheese Crumbles

Feta..... **\$2.99**

6 oz. Sugg. Retail: \$4.89

Blue..... **\$2.39**

4 oz. Sugg. Retail: \$3.99

Gorgonzola..... **\$2.59**

4 oz. Sugg. Retail: \$4.29

Cheese Wedge

Blue..... **\$3.59**

7 oz. Sugg. Retail: \$5.99

Gorgonzola..... **\$3.99**

7 oz. Sugg. Retail: \$6.49

Mediterranean Feta Chunk..... **\$3.59**

8 oz. Sugg. Retail: \$5.99



MUIR GLEN

Organic Tomato Ketchup

\$2.69

24 oz. Sugg. Retail: \$3.99



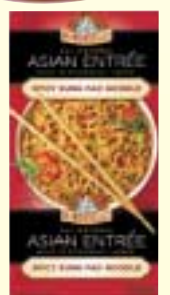
DR. MCDUGALL'S

Asian Entree

Assorted Varieties

\$1.49

1.9-2.6 oz. Sugg. Retail: \$2.19



PERISHABLES

STONYFIELD FARM

Organic Ice Cream

Assorted Varieties

\$3.19

16 oz. Sugg. Retail: \$4.49



STONYFIELD FARM

Organic Frozen Yogurt

Assorted Varieties

\$3.19

16 oz. Sugg. Retail: \$4.49



FOOD FOR LIFE

Brown Rice Tortillas

\$2.59

12 oz. Sugg. Retail: \$3.69



FOOD FOR LIFE

Organic English Muffins

7 Grain or Ezekiel 4:9 Sprouted

16 oz. Sugg. Retail: \$4.99

Ezekiel 4:9 Raisin or Genesis Sprouted..... **\$3.89**

16 oz. Sugg. Retail: \$5.59

Wheat/Gluten Free Brown Rice or Gluten Free Multi Seed **\$4.39**

18 oz. Sugg. Retail: \$6.19



FOOD FOR LIFE

Organic Ezekiel 4:9 Sprouted Buns

Burger or Hot Dog

\$3.49

16 oz. Sugg. Retail: \$4.99



TOFURKY

Sausage

Beer Brats, Kielbasa or Sweet Italian

14 oz. Sugg. Retail: \$5.39

\$3.89