

Foods For Living Wheat & Gluten Free List

Lansing's Most Complete Food Source
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Though these products are stated as being wheat and gluten free by the manufacturer, please review all ingredients for verification.

<u>Description</u>	<u>Department</u>
<i>Baby:</i>	
Happy Baby Foods	Frozen
Happy Baby Happy Melt Yogurt Snacks	Baby Section
Plum Tots Fiddlesticks	Baby Section
<i>Baking:</i>	
A. Vogel Herbamare	Conventional Baking Area
Arrowhead Mills Baking Mix All Purpose Gluten Free	Wheat & Gluten Free Aisle
Arrowhead Mills Corn Meal Blue Organic	Conventional Baking Area
Arrowhead Mills Corn Meal Yellow Organic	Conventional Baking Area
Arrowhead Mills Flour Buckwheat Organic	Conventional Baking Area
Arrowhead Mills Flour Millet Organic	Conventional Baking Area
Arrowhead Mills Flour Rice Brown Organic	Conventional Baking Area
Arrowhead Mills Flour Rice White Organic	Conventional Baking Area
Arrowhead Mills Flour Soy Organic	Conventional Baking Area
Authentic Foods Corn Starch	Conventional Baking Area
Authentic Foods Dough Enhancer	Conventional Baking Area
Authentic Foods Flour Almond Meal	Wheat & Gluten Free Aisle
Authentic Foods Flour Arrowroot	Wheat & Gluten Free Aisle
Authentic Foods Flour Blend Bette's Gourmet 4	Wheat & Gluten Free Aisle
Authentic Foods Flour Blend Bette's Gourmet Featherlight Rice	Wheat & Gluten Free Aisle
Authentic Foods Flour Brown Rice Superfine	Wheat & Gluten Free Aisle
Authentic Foods Flour Garbanzo	Wheat & Gluten Free Aisle
Authentic Foods Flour Garfava	Wheat & Gluten Free Aisle
Authentic Foods Flour Potato	Wheat & Gluten Free Aisle
Authentic Foods Flour Sorghum Superfine	Wheat & Gluten Free Aisle
Authentic Foods Flour Sweet Rice Superfine	Wheat & Gluten Free Aisle
Authentic Foods Flour Tapioca	Wheat & Gluten Free Aisle
Authentic Foods Maple Sugar	Conventional Baking Area
Authentic Foods Potato Starch	Conventional Baking Area
Authentic Foods Xanthum Gum	Conventional Baking Area
Bob's Red Mill Baking Flour All Purpose GF	Wheat & Gluten Free Aisle
Bob's Red Mill Flour Garbanzo and Fava GF	Wheat & Gluten Free Aisle
Bob's Red Mill Flour Sorghum "Sweet" White	Wheat & Gluten Free Aisle
Bob's Red Mill Amaranth Flour	Conventional Baking Area
Bob's Red Mill Baking Powder	Conventional Baking Area
Bob's Red Mill Baking Soda	Conventional Baking Area
Bob's Red Mill Flour Almond Meal	Conventional Baking Area
Bob's Red Mill Flour Brown Rices	Conventional Baking Area
Bob's Red Mill Flour Coconut Organic	Conventional Baking Area
Bob's Red Mill Flour Garbanzo Bean	Conventional Baking Area
Bob's Red Mill Flour Hazelnut Meal	Conventional Baking Area

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Bob's Red Mill Flour Quinoa Organic	Conventional Baking Area	
Bob's Red Mill Flour White Rices	Conventional Baking Area	
Bob's Red Mill Teff Flour	Conventional Baking Area	
EnerG Rice Bran Pure	Wheat & Gluten Free Aisle	
EnerG Baking Powder	Conventional Baking Area	
EnerG Egg Replacer	Conventional Baking Area	
EnerG Flour Potato Pure	Wheat & Gluten Free Aisle	
EnerG Flour Potato Starch Pure	Wheat & Gluten Free Aisle	
EnerG Flour Sweet Rice	Wheat & Gluten Free Aisle	
EnerG Flour Tapioca Pure	Wheat & Gluten Free Aisle	
EnerG Mix Rice	Wheat & Gluten Free Aisle	
EnerG Xanthum Gum	Conventional Baking Area	
Enjoy Life Chocolate Chips	Conventional Baking Area	
Fearn Baking Mixes Brown Rice	Wheat & Gluten Free Aisle	
Flavorganics Extracts Organic	Conventional Baking Area	
Hain Baking Powder	Conventional Baking Area	
Jarrow Formulas Coconut Oil Extra Virgin Organic	Soup Aisle	
Jim's Specialty Foods Performance Blend Enhanced Flour	Wheat & Gluten Free Aisle	
Kinnikinnik Mix All Purpose	Wheat & Gluten Free Aisle	
Let's Do Organic Coconut Flour	Wheat & Gluten Free Aisle	
Let's Do Organic Tapioca Starch	Conventional Baking Area	
Let's Do Organic Tapiocas	Conventional Baking Area	
Lundberg Brown Rice Syrup	Conventional Baking Area	
Now Coconut Oil Virgin Certified Organic	Soup Aisle	
Nu Naturals Nu Stevia	Conventional Baking Area	
Orgran Egg Replacer No Egg Natural	Conventional Baking Area	
Pamela's Frosting Mixes	Conventional Baking Area	
Rumford Baking Powder	Conventional Baking Area	
Spectrum Naturals Shortening All Vegetable Organic	Soup Aisle	
Sweet Cactus Farms Blue Agave Nectar	Conventional Baking Area	
Tropical Source Chocolate Chips	Conventional Baking Area	
Bars:		
Boomi Bars	Chips & Snacks Aisle	
Bora Bora Bars	Chips & Snacks Aisle	
Carb Rite Diet Bars	Chips & Snacks Aisle	
Enjoy Life Bars Boom Choco Boom	Chips & Snacks Aisle	
Enjoy Life Bars Snack	Wheat & Gluten Free Aisle	
Gluten Free Café Bars		
Glutino Bars Breakfast	Wheat & Gluten Free Aisle	
Kind Bars	Checkout Lane	
Macrobars	Wheat & Gluten Free Aisle	
Midget Bars	Chips & Snacks Aisle	
Organic Food Bars	Chips & Snacks Aisle	
Orgran Bar	Wheat & Gluten Free Aisle	
PranaBar	Chips & Snacks Aisle	
Pure Bars	Chips & Snacks Aisle	
Purefit Bars Nutrition	Wheat & Gluten Free Aisle	Recommended
Raw Revolution Bars	Chips & Snacks Aisle	
Tanka Bars & Bites	Checkout Lane	
Think Bars	Checkout Lane	
Wonderbars	Chips & Snacks Aisle	
Beverages:		
Almond Dream	Breakfast Aisle	
Balaton Juice Tart Cherry	Dairy	
Better Than Milk Vegan Beverage Mixes	Breakfast Aisle	

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Blue Diamond Almond Breeze Beverages	Breakfast Aisle
Bossa Nova Juice Acai	Dairy
Bot Fortified Waters	Chips & Snacks Aisle
Cascadian Farms Juice Organic	Frozen
Celestial Seaonings Teas (except Vanilla Hazelnut & English Toffee)	Breakfast Aisle
Eden Rice & Soy Beverage (only)	Breakfast Aisle
Eden Unsweetened Soymilk (only)	Breakfast Aisle
Fruit Fast Juice Concentrate Cherry Montmorency Tart	Dairy
GT's Kombucha Organic Raw	Dairy
GT's Synergy (95% Kombucha)	Dairy
Hemp Dream Hemp Drink	Breakfast Aisle
Honest Teas	Chips & Snacks Aisle
Just Pik't Juices Florida	Frozen
Lakewood Organic Juices	Chips & Snacks Aisle
Lightfull Smoothies	Breakfast Aisle
Living Harvest Hempmilks	Breakfast Aisle
Manitoba Harvest Hemp Bliss Hempmilks	Breakfast Aisle
Michelle's Miracle Concentrate Cherry Montmorency Tart	Dairy
Mimicreme Substitutes	Breakfast Aisle
Nature's Wonder Juice Wheat Grass	Frozen
Odwalla Juices (except SuperProtein Vanilla Al'mondo & Original Superfood)	Dairy
Organic Valley Juice Orange Juice	Dairy
Pacific Nut Milks Organic	Breakfast Aisle
Pacific Simply Coffees	Breakfast Aisle
Reeds' Ginger Ales	Chips & Snacks Aisle
Rice Dream Rice Drinks	Breakfast Aisle
Sambazon Juice Acai Organic	Dairy
Sambazon Juice Acai Organic Smoothie Packs & Pints	Frozen
Silk Soymilks (shelf stable)	Breakfast Aisle
So Delicious Coconut Milks	Dairy
Soy Dream Soy Milks	Breakfast Aisle
Taza Chocolates Mexicano	Checkout Lane
Vitasoy Soy Beverages Lite Plus	Breakfast Aisle
Westsoy Rice Beverages	Breakfast Aisle
Zen Soy Cappuccino Soy on the Go	Breakfast Aisle
Zhena's Gypsy Teas	Breakfast Aisle

Bread:

Against the Grain Baguettes	Frozen	Recommended
Against the Grain Pizza Shells	Frozen	
Against the Grain Rolls	Frozen	Recommended
Ann Arbor Tortilla Factory Corn Tortillas	Deli/Frozen	
Chebe Breadsticks	Frozen	
Chebe Pizza Crusts	Frozen	
Chebe Rolls	Frozen	
EnerG Dinner Rolls Tapioca	Wheat & Gluten Free Aisle	
EnerG Hamburger Buns	Wheat & Gluten Free Aisle	
EnerG Hotdog Buns Tapioca	Wheat & Gluten Free Aisle	
EnerG Loaf	Wheat & Gluten Free Aisle	
EnerG Pizza Shells Wheat-Free	Wheat & Gluten Free Aisle	
Food For Life Bread (except White Rye)	Frozen	
Food For Life Tortillas Corn or Rice	Frozen	
French Meadow Gluten Free Tortillas	Frozen	
Genuine Bavarian Bread (Two Gluten Free varieties only)	Wheat & Gluten Free Aisle	
Gillian's Pizza Dough	Frozen	
Glutino Bread	Frozen	Recommended
Glutino Breadsticks	Wheat & Gluten Free Aisle	

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Grainaissance Mochi	Dairy	
Kinnikinnik Bread	Frozen	
Kinnikinnik Hamburger Buns Tapioca Rice	Frozen	
Kinnikinnik Hot Dog Buns Tapioca Rice	Frozen	
Kinnikinnik Pizza Crusts 7"	Frozen	Recommended
Kinnikinnik Tray Buns Tapioca	Frozen	
Schar Italian Breadsticks	Wheat & Gluten Free Aisle	

Bread Mixes:

Arrowhead Mills Mix Pizza Crust Gluten Free	Wheat & Gluten Free Aisle	
Authentic Foods Mix Pizza Crust	Wheat & Gluten Free Aisle	
Bob's Red Mill Mix Biscuit & Baking Wheat Free	Wheat & Gluten Free Aisle	
Bob's Red Mill Mix Bread	Wheat & Gluten Free Aisle	
Bob's Red Mill Mix Cornbread	Wheat & Gluten Free Aisle	
Cause You're Special Mix Famous Pizza Crust	Wheat & Gluten Free Aisle	
Cause You're Special Mix Hearty Biscuit	Wheat & Gluten Free Aisle	
Chebe Mix Bread All Purpose	Wheat & Gluten Free Aisle	
Chebe Mix Bread Cheese	Wheat & Gluten Free Aisle	
Chebe Mix Breadstick Garlic & Onion	Wheat & Gluten Free Aisle	
Chebe Mix Focaccia Italian Flatbread	Wheat & Gluten Free Aisle	
Chebe Mix Pizza	Wheat & Gluten Free Aisle	
Namaste Bread (mix)	Wheat & Gluten Free Aisle	
Namaste Mix Pizza	Wheat & Gluten Free Aisle	
Orgran Mix Bread Easy Bake	Wheat & Gluten Free Aisle	
Orgran Multimix Pizza & Pastry	Wheat & Gluten Free Aisle	
Tastefully Gluten Free Mix Bread and Roll	Wheat & Gluten Free Aisle	
Tastefully Gluten Free Mix Pizza Crust	Wheat & Gluten Free Aisle	
The Gluten Free Pantry Mix Bread Favorite Sandwich	Wheat & Gluten Free Aisle	
The Gluten Free Pantry Mix French Bread & Pizza	Wheat & Gluten Free Aisle	
The Gluten Free Pantry Mix Yankee Cornbread & Muffin	Wheat & Gluten Free Aisle	
The Really Great Food Co. Mix Banana Bread	Wheat & Gluten Free Aisle	
The Really Great Food Co. Mix Cornbread Muffin	Wheat & Gluten Free Aisle	

Breakfast:

Against The Grain Sesame Bagels	Frozen	Recommended
Alexia Hashed Browns	Frozen	
Amy's Hot Cereal Cream of Rice	Frozen	
Amy's Tofu Rancheros	Frozen	
Amy's Tofu Scramble	Frozen	
Ancient Harvest Quinoa Flakes	Wheat & Gluten Free Aisle	
Arrowhead Mills Cereal Flakes Maple Buckwheat	Breakfast Aisle	
Arrowhead Mills Cereal Flakes Organic Sweetened Rice	Breakfast Aisle	
Arrowhead Mills Cereal Rice & Shine Hot	Breakfast Aisle	
Arrowhead Mills Mix Pancake & Baking Gluten Free	Wheat & Gluten Free Aisle	
Arrowhead Mills Organic Yellow Corn Grits	Breakfast Aisle	
Authentic Foods Mix Pancake & Baking	Wheat & Gluten Free Aisle	
Bakery on Main Granolas	Wheat & Gluten Free Aisle	
Barbara's Multigrain Puffins	Breakfast Aisle	
Bob's Red Mill Cereal Mighty Tasty GF	Wheat & Gluten Free Aisle	
Bob's Red Mill Creamy Rice Hot Cereal	Breakfast Aisle	
Bob's Red Mill Mix Pancake GF	Wheat & Gluten Free Aisle	
Bob's Red Mill Oats GF	Wheat & Gluten Free Aisle	
Cascadian Farms Hash Organic	Frozen	
Cause You're Special Mix Hearty Pancake & Waffle	Wheat & Gluten Free Aisle	
Cedar Lane Egg White Omelettes	Frozen	
Chebe Mix for Cinnamon Roll-Ups	Wheat & Gluten Free Aisle	Recommended
Cherrybrook Mix Kitchen Pancake & Waffle	Wheat & Gluten Free Aisle	

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Ecoplanet Organics Hot Cereal	Wheat & Gluten Free Aisle	
Enjoy Life Bagels	Frozen	
Enjoy Life Granola	Wheat & Gluten Free Aisle	
EnviroKidz Organic Amazon Frosted Flakes	Breakfast Aisle	
EnviroKidz Organic Gorilla Munch Cereal	Breakfast Aisle	
EnviroKidz Organic Koala Crisp	Breakfast Aisle	
EnviroKidz Organic Leepin' Lemurs Peanut Butter & Chocolate	Breakfast Aisle	
EnviroKidz Organic Peanut Butter Panda Puffs	Breakfast Aisle	
Erehwon Cereal Cocoa Crispy Brown Rice	Wheat & Gluten Free Aisle	
Erehwon Cereal Corn Flakes	Breakfast Aisle/W & GF Aisle	
Erehwon Cereal Crispy Brown Rice Gluten Free	Wheat & Gluten Free Aisle	
Erehwon Cereal Crunchy Corn & Amaranth Gluten Free	Wheat & Gluten Free Aisle	
Erehwon Cereal Strawberry Crisp	Wheat & Gluten Free Aisle	
Gluten Free Sensations Cream of Brown Rice	Wheat & Gluten Free Aisle	
Gluten Free Sensations Granolas	Wheat & Gluten Free Aisle/Bulk	
Gluten Free Sensations Pancake Mix	Wheat & Gluten Free Aisle	
Glutino Bagels	Frozen	
Glutino Cereal	Wheat & Gluten Free Aisle	
Glutino English Muffin	Frozen	
Holly's Au Natural Hot Cereal Gluten Free	Wheat & Gluten Free Aisle	
Ian's French Toast Sticks	Frozen	
Ian's Go Bars	Wheat & Gluten Free Aisle	
Ian's Wafflewiches	Frozen	
Kinnikinnik Bagels	Frozen	
Kinnikinnik Buns Cinnamon Tapioca Rice	Frozen	
Kinnikinnik Donuts	Frozen	Recommended
Kinnikinnik English Muffins Tapioca Rice	Frozen	
Kinnikinnik Muffins	Frozen	
La Tortilla Factory Tortillas Corn Yellow Sonoma Organic	Frozen	Recommended
Lundberg Hot 'n' Creamy Rice Cereal	Breakfast Aisle	
Maple Valley Syrup	Conventional Baking Area	
Midge's Muffins	Frozen	
Namaste Foods Mix Waffles & Pancakes No Sugar Added	Wheat & Gluten Free Aisle	
Nature's Path Cereal Corn Flakes Organic	Wheat & Gluten Free Aisle	
Nature's Path Cereal Crispy Rice	Breakfast Aisle	
Nature's Path Cereal Mesa Sunrise Organic	Wheat & Gluten Free Aisle	
Nature's Path Cereal Whole O's	Wheat & Gluten Free Aisle	
Nature's Path Waffles Buckwheat Wildberry	Frozen	Recommended
Nature's Path Waffles Mesa Sunrise	Frozen	
New Morning Cocoa Crispy Rice	Breakfast Aisle	
Orgran Mixes Pancake	Wheat & Gluten Free Aisle	
Orgran Muesli Lite & Crunchy	Wheat & Gluten Free Aisle	
Perky's Nutty Flax	Breakfast Aisle	
Perky's Nutty Rice	Breakfast Aisle	
The Gluten Free Pantry Mix Pancake & Waffle Brown Rice	Wheat & Gluten Free Aisle	
The Really Great Food Co. Mix Classic Pancake	Wheat & Gluten Free Aisle	
Van's French Toast Sticks	Frozen	
Van's Waffles Apple Cinnamon Gluten Free	Frozen	
Van's Waffles Blueberry Gluten Free	Frozen	
Van's Waffles Homestyle Gluten Free	Frozen	
Van's Waffles Homestyle Minis Gluten Free	Frozen	
<i>Cake, Cookies & etc. Mixes:</i>		
Arrowhead Mills Mix Brownie Gluten Free	Wheat & Gluten Free Aisle	
Arrowhead Mills Mix Cake Vanilla Gluten Free	Wheat & Gluten Free Aisle	
Arrowhead Mills Mix Cookie Chocolate Chip Gluten Free	Wheat & Gluten Free Aisle	
Authentic Foods Mix Cake Vanilla	Wheat & Gluten Free Aisle	

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Authentic Foods Mix Cookie Chocolate Chunk	Wheat & Gluten Free Aisle	
Authentic Foods Mixes Muffins	Wheat & Gluten Free Aisle	
Bob's Red Mill Mix Brownie GF	Wheat & Gluten Free Aisle	
Bob's Red Mill Mix Cake Chocolate	Wheat & Gluten Free Aisle	
Bob's Red Mill Mix Cookie Chocolate Chip	Wheat & Gluten Free Aisle	
Cause You're Special Mix Cookie	Wheat & Gluten Free Aisle	
Cause You're Special Mix Pix Crust Homestyle	Wheat & Gluten Free Aisle	
Cause You're Special Mixes Cakes	Wheat & Gluten Free Aisle	
Cherrybrook Kitchen Mix Brownie Fudge	Wheat & Gluten Free Aisle	
Cherrybrook Kitchen Mix Cake Chocolate	Wheat & Gluten Free Aisle	
Cherrybrook Kitchen Mixes Cookies	Wheat & Gluten Free Aisle	
Cherrybrook Kitchen Mixes Frostings	Wheat & Gluten Free Aisle	
Dowd & Rogers Mix Cake Dutch Chocolate	Wheat & Gluten Free Aisle	
Gluten Free Sensations Mix Cookies Chocolate Chip	Wheat & Gluten Free Aisle	
Kinnikinnik Mixes Cakes	Wheat & Gluten Free Aisle	Recommended
Namaste Foods Blondies (mix)	Wheat & Gluten Free Aisle	
Namaste Foods Brownies (mix)	Wheat & Gluten Free Aisle	
Namaste Foods Cakes (mixes)	Wheat & Gluten Free Aisle	Recommended
Namaste Foods Cookies (mix)	Wheat & Gluten Free Aisle	
Namaste Foods Muffins (mixes)	Wheat & Gluten Free Aisle	
Tastefully Gluten Free Mix Brownie	Wheat & Gluten Free Aisle	
Tastefully Gluten Free Mix Cake	Wheat & Gluten Free Aisle	
Tastefully Gluten Free Mix Cookie Chocolate Chip	Wheat & Gluten Free Aisle	Recommended
The Gluten Free Pantry Mix Brownie Chocolate Truffle	Wheat & Gluten Free Aisle	
The Gluten Free Pantry Mix Chocolate Chip Cookie & Cake	Wheat & Gluten Free Aisle	
The Gluten Free Pantry Mix Muffin & Scone	Wheat & Gluten Free Aisle	
The Gluten Free Pantry Mix Perfect Pie Crust	Wheat & Gluten Free Aisle	
The Really Great Food Co. Baking Mixes	Wheat & Gluten Free Aisle	Recommended

Condiments, Sauces & Spices:

A Taste of Thai Peanut Sauce Mix	Soup Aisle
A Taste of Thai Sweet Red Chili Sauce	Soup Aisle
Amy's Family Marinara Pasta Sauce Premium Organic	Soup Aisle
Amy's Salsas	Chips & Snacks Aisle
Amy's Tomato Basil Pasta Sauces Premium Organic	Soup Aisle
Annie's Naturals BBQ Sauces Organic	Soup Aisle
Aurora Creations Spice Blends	Soup Aisle
Bove's Pasta Sauces	Soup Aisle
Bragg Liquid Aminos	Soup Aisle
Cali Gourmet Seasonings	Wheat & Gluten Free Aisle
Cali Spicy Mix BBQ Hot Sweet & Spicy	Wheat & Gluten Free Aisle
Drew's Dressing Buttermilk Ranch	Soup Aisle
Drew's Dressing Kalamata Olive and Caper	Soup Aisle
Drew's Dressing Roasted Garlic and Peppercorn	Soup Aisle
Drew's Dressing Romano Caesar	Soup Aisle
Drew's Dressing Rosemary Balsamic	Soup Aisle
Drew's Dressing Smoked Tomato	Soup Aisle
EnerG Bread Crumbs	Wheat & Gluten Free Aisle
Enrico's Chunky Salsas	Chips & Snacks Aisle
Enrico's Pasta Sauce Traditional	Soup Aisle
Full Flavor Alfredo Sauce (mix)	Wheat & Gluten Free Aisle
Full Flavor Foods Mixes Gravies	Wheat & Gluten Free Aisle
Full Flavor Foods Mixes Sauces	Wheat & Gluten Free Aisle
Gillian's Foods Bread Crumbs	Wheat & Gluten Free Aisle
Green Mountain Gringo Salsas	Chips & Snacks Aisle
Mayacamas Pesto (mix)	Soup Aisle
Meditalia Pesto	Soup Aisle

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Meditalia Tapenades	Soup Aisle
Mont Bene Pasta Sauces	Soup Aisle
Mr. Spice Sweet & Sour	Soup Aisle
Nasoya Sandwich Spreads	Soup Aisle
Native Forest Organic Mango Passion Chutney	Soup Aisle
Ohsawa Organic Gluten Free Tamari	Soup Aisle
Organ Mix Coating & Stuffing	Wheat & Gluten Free Aisle
Organicville Salad Dressings	Soup Aisle
Organicville Salsas	Soup Aisle
Orgran Crumbs All Purpose	Wheat & Gluten Free Aisle
Orgran Mix Gravy	Wheat & Gluten Free Aisle
Road's End Organics Mix Gravy Organic	Wheat & Gluten Free Aisle
San J Asian BBQ Sauce	Soup Aisle
San J Sweet & Tangy Sauce	Soup Aisle
San J Szechuan Sauce	Soup Aisle
San J Tamaris Organic (organic varieties only)	Soup Aisle
San J Teriyaki	Soup Aisle
San J Thai Peanut Sauce	Soup Aisle
Schar Breadcrumbs	Wheat & Gluten Free Aisle
Seeds of Change Vinaigrettes	Soup Aisle
Spectrum Naturals Mayonnaises (except regular canola)	Soup Aisle
Spectrum Naturals Organic Omega-3 Dressing Pomegranate Chiptle	Soup Aisle
Tasty Bite Simmer Sauce Good Korma	Soup Aisle
Tasty Bite Simmer Sauce Pad Thai	Soup Aisle
Tasty Bite Simmer Sauce Tikka Masala	Soup Aisle
Thai Kitchen Curry Pastes	Soup Aisle
Thai Kitchen Fish Sauce Premium	Soup Aisle
Thai Kitchen Pad Thai Sauce Original	Soup Aisle
Thai Kitchen Peanut Satay Sauce	Soup Aisle
Thai Kitchen Roasted Red Chili Paste	Soup Aisle

Dairy:

Alta Dena Cheese	Dairy
Attune Chocolate Crisp Daily Probiotic	Dairy
Brown Cow Yogurt	Dairy
Bubbie's Bread & Butter Chips (pickles)	Dairy
Bubbie's Dill Pure Kosher	Dairy
Bubbie's Prepared Horseradish	Dairy
Bubbie's Sauerkraut	Dairy
Calder's Milk	Dairy
Canoleo Margarine	Dairy
Cascade Fresh Yogurt Fat Free	Dairy
Cedar Grove Cheese	Dairy
Earth Balance Buttery Spreads	Dairy
Earth Balance Buttery Sticks	Dairy
Earth Balance Shortening	Dairy
Follow Your Heart Vegan Cheese Alternative	Dairy
Follow Your Heart Vegenaize	Dairy
Friendship Farmer Cheese	Dairy
Galaxy Nutritional Grated Topping Parmesan Flavor	Dairy
Galaxy Nutritional Rice Block Cheddar Flavor	Dairy
Galaxy Nutritional Rice Shreds Mozzarella Flavor	Dairy
Galaxy Nutritional Rice Slices American Flavor	Dairy
Galaxy Nutritional Soy Block Mozzarella Flavor	Dairy
Galaxy Nutritional Soy Slices American Flavor	Dairy
Galaxy Nutritional Veggie Shreds Mozzarella Flavor	Dairy
Grazing Fields Eggs	Dairy

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Helio's Kefir Organic	Dairy
Horizon Organic Butter	Dairy
Horizon Organic Cheese Stringles	Dairy
Horizon Organic Cottage Cheese	Dairy
Horizon Organic Cream Cheese	Dairy
Horizon Organic Milk	Dairy
Lifetime Cheese Fat Free	Dairy
Lifeway Kefir Lassis	Dairy
Lifeway Kefir Lowfat	Dairy
Lifeway Kefir Organic Goo Berry Pie ProBugs Whole Milk	Dairy
Lightlife Tempeh Organic	Dairy
Lisanatti Almond Cheddar Style	Dairy
Lisanatti Almond Mozzarella Style	Dairy
Lisanatti Muncheeze	Dairy
Meyenberg Butter Goat Milk	Dairy
Meyenberg Goat Chevre	Dairy
Meyenberg Goat Milk	Dairy
Mooville Milks	Dairy
Mt. Sterling Cheese Goat Milk	Dairy
Nancy's Organic Cottage Cheese Lowfat Cultured	Dairy
Nancy's Organic Sour Cream Cultured	Dairy
Nancy's Organic Yogurt	Dairy
Nasoya Silken	Dairy
NaSoya Tofu Extra Firm	Dairy
Natural by Nature Whipped Cream	Dairy
Northern Natural Concentrate Cherry 100% Organic	Dairy
Old Chattam Yogurt Sheep's Milk Plain	Dairy
Organic Valley 1/2 n 1/2	Dairy
Organic Valley Butter	Dairy
Organic Valley Buttermilk Cultured Lowfat	Dairy
Organic Valley Cheese	Dairy
Organic Valley Cottage Cheese	Dairy
Organic Valley Cream Cheese	Dairy
Organic Valley Cream Heavy Whipping	Dairy
Organic Valley Eggs	Dairy
Organic Valley Milk	Dairy
Organic Valley Neufchatel Cheese	Dairy
Organic Valley Ricotta Whole Milk	Dairy
Organic Valley Sour Cream	Dairy
Organic Valley Soymilk	Dairy
Organic Valley Stringles	Dairy
Parkway Scientific Products Hydrogen Peroxide Food Grade	Dairy
Phil's Eggs	Dairy
Redwood Hill Farm Goat Cheese	Dairy
Redwood Hill Farm Yogurt Goat Milk	Dairy
Rice Dream Rice Drinks	Dairy
Seven Stars Farms Yogurts Plain (Vanilla flavor may contain gluten)	Dairy
Silk Creamer	Dairy
Silk Soymilk	Dairy
So Delicious Coconut Kefir	Dairy
So Delicious Coconut Yogurt	Dairy
Soya Kaas Cheese Alternative (Veggie Kaas is NOT gluten free)	Dairy
Soyatoo Soy Whip	Dairy
Spectrum Naturals Spread	Dairy
Stonyfield Farm O'Soy	Dairy
Stonyfield Farm YoBaby	Dairy
Stonyfield Farm Yogurt	Dairy

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Stonyfield Farm Yogurt YoKids Strawberry	Dairy
Tasty Fresh Eggs Grade A Extra Large Brown	Dairy
Wallaby Organic Yogurt	Dairy
Whole Soy & Co. Soy Yogurt	Dairy
Wholesome Valley Cheese Organic	Dairy
Wildwood Organics Probiotic Soymilk	Dairy
Wildwood Organics Soyogurt	Dairy
Wildwood Organics Tofu Sprouted Firm	Dairy
Willow Run Margarine Soybean	Dairy

Desserts:

Alden's Ice Cream Chocolate Chocolate Chip (Only listed flavors are GF))	Frozen	
Alden's Ice Cream Mint Chip	Frozen	
Alden's Ice Cream Strawberry	Frozen	
Ben & Jerry's Ice Cream Banana Split (Only listed flavors are gluten free)	Frozen	
Ben & Jerry's Ice Cream Butter Pecan	Frozen	
Ben & Jerry's Ice Cream Cherry Garcia	Frozen	
Ben & Jerry's Ice Cream Chocolate Almond Nougat	Frozen	
Ben & Jerry's Ice Cream Chunky Monkey	Frozen	
Ben & Jerry's Ice Cream Coffee Heath Bar Crunch	Frozen	
Ben & Jerry's Ice Cream Everything But The...	Frozen	
Ben & Jerry's Ice Cream Karamel Sutra	Frozen	
Ben & Jerry's Ice Cream New York Super Fudge Chunk	Frozen	
Ben & Jerry's Ice Cream Peanut Butter Cup	Frozen	
Ben & Jerry's Ice Cream Phish Food	Frozen	
Ben & Jerry's Ice Cream Turtle Soup	Frozen	
Ben & Jerry's Ice Cream Vanilla Heath Bar Crunch	Frozen	
Ben & Jerry's Low Fat Frozen Yogurt Cherry Garcia	Frozen	
Coconut Bliss Bars	Frozen	
Coconut Bliss Non-Dairy Frozen Dessert	Frozen	
Cool Fruits Fruit Juice Freezers	Chips & Snacks Aisle	
EnerG Brownies	Wheat & Gluten Free Aisle	
EnerG Pound Cake	Wheat & Gluten Free Aisle	
French Meadow Cookie Dough	Frozen	
French Meadow Fudge Brownies	Frozen	Recommended
Gillian's Pie Crust	Frozen	
Good Karma Organic Rice Divine	Frozen	
Green & Black's Ice Cream	Frozen	
It's Soy Delicious Carob Peppermint (Only listed flavors are gluten free)	Frozen	
It's Soy Delicious Chocolate Peanut Butter	Frozen	
Julie's Organic Bar	Frozen	
Julie's Organic Ice Cream Blackberry (Only listed flavors are gluten free)	Frozen	
Julie's Organic Ice Cream Caramel	Frozen	
Julie's Organic Ice Cream Chocolate	Frozen	
Julie's Organic Ice Cream Mint Fudge	Frozen	
Julie's Organic Ice Cream Peanut Butter Fudge	Frozen	
Julie's Organic Ice Cream Sandwich	Frozen	
Julie's Organic Ice Cream Vanilla	Frozen	
Kinnikinnik JB Brownie Squares	Frozen	
Laloo's Ice Cream Goat Milk	Frozen	
Let's Do... Ice Cream Cones Gluten Free (seasonal)	Chips & Snacks Aisle	
Luna & Larry's Coconut Bliss	Frozen	
Natural Choice Fruit Bar	Frozen	
Natural Choice Sorbet	Frozen	
Organic So Delicious Non-Dairy Chocolate Peanut Butter (Listed only)	Frozen	
Organic So Delicious Non-Dairy Chocolate Velvet	Frozen	
Organic So Delicious Non-Dairy Creamy Vanilla	Frozen	

Foods For Living Wheat & Gluten Free List

Organic So Delicious Non-Dairy Mint Marble Fudge	Frozen
Organic So Delicious Non-Dairy Neopolitan	Frozen
Organic So Delicious Non-Dairy Strawberry	Frozen
Purely Decadent Coconut Milk Non-Dairy Ice Creams	Frozen
Purely Decadent Non-Dairy Chocolate Obsession (Listed flavors only)	Frozen
Purely Decadent Non-Dairy Purely Vanilla	Frozen
Purely Decadent Non-Dairy Rocky Road	Frozen
QB's Crispy Treats with Ice Cream	Frozen
Rice Dream Non-Dairy Carob Almond (Only listed flavors are gluten free)	Frozen
Rice Dream Non-Dairy Cocoa Marble Fudge	Frozen
Rice Dream Non-Dairy Orange Vanilla Swirl	Frozen
Rice Dream Non-Dairy Strawberry	Frozen
Rice Dream Non-Dairy Vanilla	Frozen
SoyDream Non-Dairy	Frozen
Stonyfield Farm Frozen Yogurt	Frozen
Stonyfield Farm Ice Cream	Frozen
Suzanne's Rice Mellow	Conventional Baking Area
Sweet Nothings Bar	Frozen
Thomas Organic Creamery Ice Cream Chocolate Mousse Swirl	Frozen
Thomas Organic Creamery Ice Cream Ginger Cream (Listed flavors only)	Frozen
Thomas Organic Creamery Ice Cream Michigan Mint Chocolate Chip	Frozen
Thomas Organic Creamery Ice Cream Very Vanilla	Frozen
Tofutti Non-Dairy	Frozen
Walden Farms Caramel Dip Calorie Free	Conventional Baking Area
Wax Orchards Oh, Fudge! Fat Free	Conventional Baking Area
Zensoy Soy Pudding	Dairy

Fruits & Vegetables:

All Fresh Fruits and Vegetables	Produce
Cascadian Farms Organic	Frozen
Healthy Snacks Bare Fruit Pear	Produce
Made in Nature Fruits Dried	Produce
Native Forest Artichokes Marinated Quartered	Soup Aisle
Seapoint Farms	Frozen
SnoPac Organic	Frozen
Sunrich Naturals	Frozen
Tree of Life Organic	Frozen
Woodstock Farms Organic	Frozen

Meat, Poultry, & Fish:

Applegate Farms Bacon	Frozen
Applegate Farms Hot Dogs	Frozen
Applegate Farms Sausage	Frozen
Beeler's Breakfast Sausage	Frozen
Beeler's Natural Pork	Frozen
Beeler's Sausage (Mild/Hot)	Frozen
Beeler's Thick Slice Uncured Bacon	Frozen
Bilinski Sausages	Frozen
Butcher Boy Buffalo	Frozen
Butcher Boy Elk (ground)	Frozen
Butcher Boy Venison (ground)	Frozen
D'Artagnan Buffalo Medallions	Frozen
D'Artagnan Duck Breast Fresh Magret	Frozen
D'Artagnan Sausage	Frozen
Fabrique Delices Chorizo	Frozen
Fabrique Delices Merguez Sausage	Frozen
Henry & Lisa's Salmon	Frozen

Foods For Living Wheat & Gluten Free List

Henry & Lisa's Salmon Burgers Wild Alaskan	Frozen
Henry & Lisa's Uncooked Natural Shrimp	Frozen
Legends of the Lakes Whitefish Fillets	Frozen
Orca Bay Wild Salmon	Frozen
Orca Bay Wild Ahi Tuna	Frozen
Orca Bay Wild Alaskan Halibut	Frozen
Orca Bay Wild Cod Fillet	Frozen
Orca Bay Wild Mahi Mahi	Frozen
Orca Bay Wild Pacific Perch	Frozen
Orca Bay Wild Swordfish	Frozen
Organic Prairie Beef Organic	Frozen
Organic Prairie Chicken	Frozen
Organic Prairie Pork Organic	Frozen
Organic Prairie Sausage	Frozen
Panapesca Seafood Medley	Frozen
Plainville Turkey	Frozen
Shelton's Chicken	Frozen
Shelton's Sausage	Frozen
Shelton's Turkey	Frozen
The Buffalo Guys Hot Dogs Buffalo	Frozen
The Buffalo Guys Sausage Buffalo	Frozen

Pasta:

Ancient Harvest Quinoa Pasta	Wheat & Gluten Free Aisle	
Bionaturae Organic Gluten Free Pasta	Wheat & Gluten Free Aisle	
DeBoles Corn Pastas	Wheat & Gluten Free Aisle	
DeBoles Rice Pastas	Wheat & Gluten Free Aisle	
EnerG Rice Pastas	Wheat & Gluten Free Aisle	
House Foods Tofu Shirataki	Dairy	
Lundberg Brown Rice Pasta Elbows	Wheat & Gluten Free Aisle	
Mrs. Leeper's Corn Pasta	Wheat & Gluten Free Aisle	
Mrs. Leeper's Rice Pasta	Wheat & Gluten Free Aisle	
Orgran Pasta Buckwheat	Wheat & Gluten Free Aisle	
Orgran Pasta Corn	Wheat & Gluten Free Aisle	
Orgran Pasta Rice & Corn	Wheat & Gluten Free Aisle	
Orgran Pasta Rice & Millet	Wheat & Gluten Free Aisle	
Pastariso Rice Pasta	Wheat & Gluten Free Aisle	
Tinkyada Brown Rice Pasta	Wheat & Gluten Free Aisle	Recommended

Seeds, Nuts, and Nut Butters:

Arrowhead Mills Nut Butters	Soup Aisle
Arrowhead Mills Sesame Tahini Organic	Soup Aisle
Bob's Red Mill Flax Seeds & Meals	Soup Aisle
I.M. Healthy Soy Nut Butters	Soup Aisle
Justin's Nut Butters Squeeze Packs	Soup Aisle
Peanut Butter & Co. Cinnamon Raisin Swirl	Soup Aisle
Peanut Wonder Peanut Spreads	Soup Aisle
Soy Wonder Nut Butters	Soup Aisle

Sides:

Alexia Julienne Fries	Frozen
Alexia Mashed Potatoes	Frozen
Alexia Oven Crinkles	Frozen
Alexia Oven Fries	Frozen
Alexia Oven Reds	Frozen
Alexia Waffle Fries	Frozen
Ancient Harvest Quinoas	Soup Aisle

Foods For Living Wheat & Gluten Free List

Annie Chun's Rice Noodles	Soup Aisle
Bob's Red Mill Amaranth Grain	Soup Aisle
Cascadian Farms Fries Organic	Frozen
Cascadian Farms Oven Fries	Frozen
Cascadian Farms Potatoes	Frozen
Cascadian Farms Spud Puppies Organic	Frozen
Dr. Praeger's Sweet Potato Littles	Frozen
Edward & Sons Mashed Potatoes (dehydrated)	Soup Aisle
Fantastic Foods Beans (just add water)	Soup Aisle
Fantastic Foods Hummus (mix)	Soup Aisle
Fantastic Foods Rices	Soup Aisle
Food Merchants Polenta	Dairy
Ian's Alphas	Frozen
Lundberg Risottos	Soup Aisle
Lundberg Rices	Soup Aisle
Mori-Nu Tofus	Soup Aisle
Rice Expressions Rice Organic	Frozen
Tasty Bite Rices	Soup Aisle
Thai Kitchen Rice Noodles (plain)	Soup Aisle

Snacks:

Ann Arbor Tortilla Factory Corn Chips	Deli	Recommended
Annie's Bunny Fruit Snacks	Produce	
Arico Cassava Chips	Chips & Snacks Aisle	
Aunt Gussie's Cookies	Wheat & Gluten Free Aisle	
Bakery on Main Granola Bars	Wheat & Gluten Free Aisle	
Bhuja Snack Mixes	Produce	
Blue Diamond Nut Thins	Wheat & Gluten Free Aisle	Recommended
Boulder Canyon Chips Potato (EXCEPT Malt Vinegar & Sea Salt)	Chips & Snacks Aisle	
Boulder Canyon Chips Rice & Adzuki	Chips & Snacks Aisle	
Edward & Sons Brown Rice Snaps	Chips & Snacks Aisle	
Edward & Sons Exotic Rice Toasts	Chips & Snacks Aisle	
EnerG Crackers	Wheat & Gluten Free Aisle	
EnerG Pretzels	Wheat & Gluten Free Aisle	
Enjoy Life Soft Baked Cookies	Wheat & Gluten Free Aisle	
EnviroKids Animal Cookies	Chips & Snacks Aisle	
EnviroKids Bars Crispy Rice	Chips & Snacks Aisle	
Food Should Taste Good Chips	Wheat & Gluten Free Aisle	
Foods Alive Crackers	Wheat & Gluten Free Aisle	
Genuine Bavarian Cookies Ginger Bread (seasonal)	Wheat & Gluten Free Aisle	
Glenny's Marshmallow Treats	Chips & Snacks Aisle	
Glenny's Oatmeal Cookies	Wheat & Gluten Free Aisle	Recommended
Glutano Biscuits (cookies)	Wheat & Gluten Free Aisle	
Glutano Chocolate O's	Wheat & Gluten Free Aisle	
Glutano Crackers	Wheat & Gluten Free Aisle	
Glutino Crackers	Wheat & Gluten Free Aisle	
Glutino Pretzels Gluten Free	Wheat & Gluten Free Aisle	Recommended
Glutino Wafer Cookies	Wheat & Gluten Free Aisle	
Green Mountain Gringo Tortilla Chips	Chips & Snacks Aisle	Recommended
Health Valley Crackers Rice Bran	Chips & Snacks Aisle	
Ian's Cookie Buttons	Wheat & Gluten Free Aisle	
Jennie's Macaroons	Wheat & Gluten Free Aisle	
Kettle Potato Chips	Chips & Snacks Aisle	
Kinnikinnik Kinnikritters Animal Cookies	Wheat & Gluten Free Aisle	
Kinnikinnik Kinnitoos Sandwich Cremes	Wheat & Gluten Free Aisle	
Koyo Organic Brown Rice Chips	Chips & Snacks Aisle	Recommended
Lundberg Rice Cakes	Wheat & Gluten Free Aisle	

Foods For Living Wheat & Gluten Free List

Mary's Gone Crackers	Wheat & Gluten Free Aisle
Mary's Gone Crackers Sticks and Twigs	Wheat & Gluten Free Aisle
Michael Season's Baked Cheese Curls (Lite Only)	Chips & Snacks Aisle
Michael Season's Baked Potato Crisps (Lite Only)	Chips & Snacks Aisle
Mi-Del Cookies (GF varieties in GF aisle only)	Wheat & Gluten Free Aisle
Mr. Krisper's Tomato & Basil Baked Rice Chips	Chips & Snacks Aisle
Mrs. May's Black Sesame (Listed Flavors Only)	Soup Aisle
Nana's Cookie Bars Berry Vanilla (Listed Flavors Only)	Chips & Snacks Aisle
Nana's Cookie Bars Chocolate Munch	Chips & Snacks Aisle
Nana's Cookie Bars Nana Banana	Chips & Snacks Aisle
Nana's Cookies Chocolate Crunch (listed flavors only)	Chips & Snacks Aisle
Newman's Soy Crisps	Chips & Snacks Aisle
Orgran CrispiBites	Wheat & Gluten Free Aisle
Orgran Outback Animals	Wheat & Gluten Free Aisle
Pamela's Biscotti	Wheat & Gluten Free Aisle
Pamela's Cookies	Wheat & Gluten Free Aisle
Pamela's Shortbread	Wheat & Gluten Free Aisle
Real Foods Corn Thins Original	Wheat & Gluten Free Aisle
Suzie's Thin Cakes	Wheat & Gluten Free Aisle
Taza Chocolate Covered Nibs	Checkout Lane
Tree of Life Cookies	Wheat & Gluten Free Aisle
Vermints Breath Mints	Checkout Lane

Soups & Boxed Meals:

Amy's Bowl Brown Rice & Vegetables	Frozen
Amy's Bowl Mexican Casserole	Frozen
Amy's Bowl Teriyaki	Frozen
Amy's Burger Bistro	Frozen
Amy's Enchilada Black Bean & Vegetable	Frozen
Amy's Enchilada Bowl Santa Fe	Frozen
Amy's Enchilada Cheese	Frozen
Amy's Enchilada Meal Cheese	Frozen
Amy's Enchilada with Spanish Rice & Beans	Frozen
Amy's Indian Matar Tofu	Frozen
Amy's Indian Palak Paneer	Frozen
Amy's Indian Vegetable Korma	Frozen
Amy's Lasagna Garden Vegetable	Frozen
Amy's Matar Paneer	Frozen
Amy's Mexican Tamale Pie	Frozen
Amy's Pizza Rice Crust Cheese	Frozen
Amy's Pizza Rice Crust Spinach	Frozen
Amy's Rice Mac & Cheese	Frozen
Amy's Shepherd's Pie	Frozen
Amy's Soups Organic Black Bean Vegetable Low Fat	Soup Aisle
Amy's Soups Organic Chili Southwest Black Bean Medium	Soup Aisle
Amy's Soups Organic Chili w/ Vegetables Medium	Soup Aisle
Amy's Soups Organic Chunky Tomato Bisque	Soup Aisle
Amy's Soups Organic Chunky Vegetable Fat Free	Soup Aisle
Amy's Soups Organic Cream of Tomato	Soup Aisle
Amy's Soups Organic Fire Roasted Southwestern Vegetable	Soup Aisle
Amy's Soups Organic Lentil	Soup Aisle
Amy's Soups Organic Lentil Vegetable	Soup Aisle
Amy's Soups Organic Summer Corn and Vegetable	Soup Aisle
Amy's Soups Thai Coconut Tom Kha Phak	Soup Aisle
Amy's Stir Fry Asian Noodle	Frozen
Amy's Stir Fry Thai	Frozen
Amy's Tamales	Frozen

Foods For Living Wheat & Gluten Free List

Annie's Rice Pasta & Cheddar Macaroni & Cheese	Wheat & Gluten Free Aisle	
Bahama Rice Burgers	Frozen	
Baji's Paella	Soup Aisle	
Celifiber Bouillon Vegetable Medley	Soup Aisle	
DeBoles Rice Pasta & Cheese	Wheat & Gluten Free Aisle	
DeBoles Rice Shells & Cheddar	Wheat & Gluten Free Aisle	
Full Flavor Foods Cream Soup Mix	Wheat & Gluten Free Aisle	
Full Flavor Foods Stock Mixes	Wheat & Gluten Free Aisle	
Gluten Free Café Meals	Frozen	
Glutino Chicken Pad Thai	Frozen	
Glutino Chicken Pomodoro	Frozen	
Glutino Macaroni & Cheese	Frozen	
Glutino Penne Pastas	Frozen	
Glutino Pizzas	Frozen	Recommended
Helen's Kitchen Meals	Frozen	
Ian's Chicken Finger Kids Meal (Gluten-Free Variety)	Frozen	
Ian's Chicken Nuggets (Gluten-Free Variety)	Frozen	
Ian's Chicken Patties (Gluten-Free Variety)	Frozen	
Ian's Fish Lightly Battered	Frozen	
Ian's Fish Sticks (Gluten-Free Variety)	Frozen	
Ian's Pizza French Bread Soy Cheese	Frozen	
Imagine Natural Soup Creamy Portabello Mushroom	Soup Aisle	
Imagine Organic Broth Free Range Chicken	Soup Aisle	
Imagine Organic Broth Free Range Chicken Low Sodium	Soup Aisle	
Imagine Organic Broth No Chicken	Soup Aisle	
Imagine Organic Broth Vegetable	Soup Aisle	
Imagine Organic Broth Vegetable Low Sodium	Soup Aisle	
Imagine Organic Soup Creamy Broccoli	Soup Aisle	
Imagine Organic Soup Creamy Butternut Squash	Soup Aisle	
Imagine Organic Soup Creamy Garden Tomato	Soup Aisle	
Imagine Organic Soup Creamy Harvest Corn	Soup Aisle	
Imagine Organic Soup Creamy Potato Leek	Soup Aisle	
Imagine Organic Soup Creamy Red Bliss Potato & Roast Garlic	Soup Aisle	
Imagine Organic Soup Creamy Sweet Corn	Soup Aisle	
Imagine Organic Soup Creamy Tomato	Soup Aisle	
Jyoti Chicken Saag All Natural	Soup Aisle	
Jyoti Chicken Tikka Masala All Natural	Soup Aisle	
Kettle Cuisine Soups	Frozen	
Kitchen Basics Stocks	Soup Aisle	
Light Life Tofu Pups	Frozen	
Mr. McDongall's Soups (except Minestrone or Split Pea)	Soup Aisle	
Mrs. Leeper's Beef Lasagna	Wheat & Gluten Free Aisle	
Mrs. Leeper's Beef Stroganoff	Wheat & Gluten Free Aisle	
Mrs. Leeper's Cheeseburger Mac	Wheat & Gluten Free Aisle	
Mrs. Leeper's Chicken Alfredo	Wheat & Gluten Free Aisle	
Mrs. Leeper's Creamy Tuna	Wheat & Gluten Free Aisle	
Mrs. Leeper's Mac & Cheese	Wheat & Gluten Free Aisle	
Organic Bistro Whole Life Meals (except Wild Salmon w/Pilaf)	Frozen	
Organic Sunshine Burger	Frozen	Recommended
Orgran Garden Vegetable Soup for Cup	Wheat & Gluten Free Aisle	
Orgran Spaghetti in Tomato Sauce	Wheat & Gluten Free Aisle	
Pacific Broths	Soup Aisle	
Pacific Soups	Soup Aisle	
Pastariso Mac & Cheese	Wheat & Gluten Free Aisle	
PJ's Organic Enchilada Meal	Frozen	
PJ's Organic Tamale Meal	Frozen	
Quorn Chik'n Tenders	Frozen	

Foods For Living Wheat & Gluten Free List

Quorn Turkey Roast	Frozen
Road's End Organics Penne & Chreese Cheddar Style Dairy Free	Soup Aisle
Seitenbacher Vegetarian Vegetable Broth & Seasoning	Soup Aisle
Shelton's Broths	Soup Aisle
Shelton's Chilis	Soup Aisle
Soyboy Not Dogs	Frozen
Starfish Crispy Battered Cod (Gluten-Free Variety)	Frozen
Starfish Crispy Battered Halibut	Frozen
Tandoor Chef Palak Paneer	Frozen
Tasty Bite Jaipur Vegetable	Soup Aisle
Tasty Bite Jodhpur Lentils	Soup Aisle
Tasty Bite Kashmir Spinach	Soup Aisle
Tasty Bite Madras Lentils	Soup Aisle
Tasty Bite Spinach Dal & Basmati Rice	Soup Aisle
Tasty Bite Vegetable Supreme & Rice	Soup Aisle
Thai Kitchen Jasmine Rice Mix Lemongrass & Ginger	Soup Aisle
Thai Kitchen Jasmine Rice Mix Roasted Garlic & Chili	Soup Aisle
Thai Kitchen Jasmine Rice Mix Spicy Thai Chili	Soup Aisle
Thai Kitchen Microwave Rice Noodles & Sauces	Soup Aisle
Thai Kitchen Noodle Cart Instant Rice Noodles & Sauces	Soup Aisle
Thai Kitchen Rice Noodle Bowls (except hot and sour)	Soup Aisle
Thai Kitchen Rice Noodle Soups (bags)	Soup Aisle
Thai Kitchen Soup Coconut Ginger	Soup Aisle
Thai Kitchen Soup Hot & Sour (canned variety only)	Soup Aisle
Thai Kitchen Stir Fry Rice Noodles with Sauce (except Thai Curry)	Soup Aisle
Vogue Cuisine Instant Chicken Flavor Base Reduced Sodium	Soup Aisle