



Surviving These Tough

Economic Times

Our mission is to teach "back to basics" principles and supply cost effective resources for families to positively impact themselves and the world through Natural Methods.

Women
Uplifting
Women

Unconditionally

WuWu NOW is a Not-
For-Profit Organization

Cheap, Easy & Practical Going Green

Household Edition

What's included?

- Interactive 2 hour Workshop
- Understanding Chemicals in Cleaning Supplies and their impact on us and our world
- Resource list for making your own cleaning supplies
- Instruction on "how to" within' anyone's Timeframe
- 14+ Recipes for Homemade Cleaning Supplies
- All paid attendees receive a booklet of recipes
- Dry ingredients will be available for sale

All this for a small investment of only \$25

Sign Up NOW!

Tuesday, April 20, 2010-6:30 pm

Live in Spirit, LLC-45 S. Main-St. Clair

Visit our website at www.WuWuNOW.org to register for this class, view other workshops or for questions call

636-629-7776

Help Us Help You

Do You Need a Workshop for a Group Event?

Looking for a Fundraiser that helps people save money?

Want to share money saving tips with your staff or congregation?

WE ARE HERE TO HELP!



Women
Uplifting
Women

Unconditionally

WuWu is a Not-for-Profit organization that is here to teach "back to basics" principals and supply cost effective resources for families to positively impact themselves and the world through Natural Methods.

Our group of Professionals offer Workshops on various topics including:

- ◆ Mix it in a Day-Cook with it All Month
- ◆ Dr. Spouse-Cupboard Health Care for Adults
- ◆ Dr. Mom-Cupboard Healthcare
- ◆ Cheap, Easy & Practical Going Green-Body Care
- ◆ Make it in a Day-Freeze It-Eat It All Month
- ◆ Cheap, Easy & Practical Going Green

Household Edition

Contact us at www.WuWunow.org or call 636-629-7776 for more information or to book your Workshop Today!

We are here to make a difference.

Let it begin with you!