Can you imagine developing a compound which actually addresses the core reason why we gain weight, develop insulin resistance, or feel exhausted and prematurely old? See page 2 for details.

Natural Factors Winter Sale
• Proven safe and effective
• 100% natural
• From plant sources
• Contains no stimulants
• Convenient, easy to swallow softgels

See page 2 for details.

Super Savings!

Milk Thistle 250 mg
Supports liver health
• Superior herbal help for the liver and gallbladder
• BONUS SIZE: 30 FREE CAPSULES!
22.47
70 capsules

Wild Pacific Salmon Oil
1000 mg
Supports heart & circulation
• 100% wild pacific salmon oil
• Provides a 1:1 ratio of EPA to DHA, ideal for daily maintenance
• BONUS SIZE: 30 FREE SOFTGELS!
13.97
210 softgels

Vitamin E Mixed 400 UI
For heart, brain & overall health
• 100% natural source with mixed tocopherols
• BONUS SIZE: 33% MORE!
16.47
240 softgels

Tonalin® CLA
The SlimFactor 1000 mg
Burn fat, build lean muscle
• Supported by over 200 studies
• BONUS SIZE: 33% MORE!
24.97
120 softgels

Vitamin C 1000 mg
Daily immune & antioxidant support
• Regular and time-release formats
• BONUS SIZES: 30 FREE TABLETS!

31.47
90 capsules

Extra Savings!
On these additional Natural Factors favourites

Calcium & Magnesium w/D
• Superior absorption
• BONUS SIZES: 30 FREE TABLETS!
6.97
90 capsules

Calcium & Magnesium w/D
• Superior absorption
11.97
180 capsules

Calcium & Magnesium w/1:1
9.47
90 capsules

Coenzyme Q10 100 mg
• Superior anti-inflammatory
3.97
60 softgels

Coenzyme Q10 150 mg
18.97
60 softgels

Coenzyme Q10 200 mg
35.97
60 softgels

Glucosamine & Chondroitin Sulfates 900 mg
34.97
240 capsules

PhosphatidylSerine 100 mg
26.97
60 softgels

PhosphatidylSerine 100 mg
36.97
360 vegetarian capsules

MSM Joint Formula
24.97
180 capsules

Extra Savings!
On these additional Natural Factors favourites

Turmeric & Bromelain
Anti-inflammatory & digestive aid
• A natural anti-inflammatory that reduces swelling and pain
• An excellent digestive aid if taken with meals

14.97
90 capsules

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Can you imagine developing a compound which actually addresses the core reason why we gain weight, develop insulin resistance, or feel exhausted and prematurely old?

Leading scientists have developed a unique combination of natural fibres called PGX (PolyGlycopleX), which can prevent or correct insulin resistance, a common condition which affects the body's ability to regulate blood sugar. Dr. Michael Lyon of the Canadian Centre for Functional Medicine, working together with university professor Dr. Vladimir Vuksan, discovered that when glucose doesn't get inside the cells due to insulin resistance, the appetite control centres in the brain send out powerful messages to eat. According to Dr. Murray, "No diet, drug, or other natural product can do what PGX can do... If PGX was a drug, it would be the most widely-prescribed drug in North America!" PGX has also been proven to be completely safe, non-habit forming, and stimulant free.

The Health Benefits of PGX

- Controls and balances blood sugar levels
- Lowers the glycemic index of meals by up to 50%
- Supports healthy weight loss for life
- Promotes satiety and reduces food cravings
- Lowers cholesterol and triglyceride levels
- Contains no stimulants

For more information on PGX, visit www.pgxdaily.com, or call toll-free 1-800-895-1470

NEW Enriching Greens: Energy-Enhancing Antioxidant

New Enriching Greens is a highly-concentrated green whole-food supplement containing certified organic "super foods" like barley, alfalfa, wheatgrass, spirulina and chlorella, as well as many other nutrient-rich ingredients. Compared to other green supplements, Enriching Greens contains one of the highest levels of actual green food ingredients per serving. It also contains antioxidant-rich fruits and vegetable concentrates, many key botanicals rich in phytochemicals, and digestive aids like enzymes, licorice and PGX. Whether you want extra energy, protection against disease or just to increase your intake of essential vitamins, minerals, protein and fibre, this superstar green food supplement is an excellent addition to your diet.

- Nutrient-rich whole food blend
- Over 40 health-promoting ingredients
- Energy enhancing
- Delicious blueberry flavour also available

Enriching Greens
Unflavoured

The Ultimate in Probiotics

No other products contain these specific combinations of probiotic strains. Each strain has been selected for its proven health benefits and natural resistance to stomach acid and bile, and has undergone "strain compatibility testing." Probiotics do not diminish the effectiveness of antibiotics; they help restore the healthy bacteria destroyed as a side-effect of antibiotic use.

- Complete multi-purpose formula
- Restores balance to intestinal flora
- Controls candida yeast overgrowth

Double Strength Ultimate Multi Probiotic
All you need is one
- Critical-care potency in a once-a-day capsule
- 24 billion live cells per capsule

Women's Multi Probiotic With CranRich®
A girl's best friend!
- For yeast and urinary tract infections
- Contains L. fermentum and S. thermophilus, which specifically benefit the vaginal flora

Children's Multi Probiotic
Restores balance to intestinal flora
- Helps with allergies, eczema, diarrhea and constipation in children
- A seven-species blend that reflects the composition of natural intestinal flora in healthy children

Ultimate Protec Multi Probiotic
Enteric coated multi-purpose formula
- Restores balance to intestinal flora
- Can be taken with meals or on an empty stomach

For more information, visit www.naturalfactors.com
BioCgel™
- High absorption ascorbate C
- Potent antioxidant protection
- synergistic combination of 500 mg of calcium ascorbate and 10 mg of Bioferrin™ – an ORAC-rich whole fruit blend containing grape, pomegranate, strawberry, cranberry, blueberry, raspberry, and bilberry
- Calcium ascorbate is the most easily absorbed form of vitamin C
- Gentle on the stomach – non-acids and pH neutral
- Convenient softgels that are easier to digest

Beauty From Within
Promotes healthy skin, hair & nails
- Contains clinically-proven ingredients that support collagen formation and tissue strength and elasticity, as well as minerals essential for healthy hair and nails
- Includes Operator™ olive extract to protect the skin against oxidative damage, UV radiation, and free radicals formation
- Contains a highly bioavailable form of hyaluronic acid, which improves skin function, elasticity, and appearance

Healthy Bone Factors™
Supports bone mineral density & helps prevent osteoporosis
- This synergistic formula contains natural, scientifically-proven ingredients for strong, healthy bones
- Helps slow the rate of bone loss, stimulate good bone cell structure and density, and enhance calcium utilization and retention
- Contains critical bone-building nutrients: vitamin D, vitamin K2, boron, and soy isoflavones
- Provides the 2:1 ratio of calcium to magnesium that is optimal for bone health

Vision Factors with 7.5 mg Lutein
Supports healthy vision
- Helps prevent cataracts and macular degeneration
- Synergistic multi-ingredient formula for eye health
- Powerful antioxidant protection
- Great for seniors and anyone suffering from eye strain

FOR NEW PRODUCTS FOR HEALTHY AGING
Is Your Child’s Brain Starving?

LEARNING FACTORS® Improves attention, concentration & learning

- For ADD/ADHD and other learning and behavioural disorders
- Improves mental alertness and energy throughout the day
- Comprehensive nutritional support for children and teens
- Research and formulated by nutritional scientists

Learning Factors School-Aid™ Improves brain development & visual function

- Enhances concentration and attention
- Provides essential omega-3 and omega-6 fatty acids
- Research shows that children who take DHA become calmer and their reading skills improve
- In convenient softgels or lemon flavoured liquid

1297 150 mL
2447 120 softgels
5397 240 softgels

Learning Factors

Daily Nutrient Boost Smoothie Mix Improves learning & behaviour

- Formulated to address the complex nutritional needs of children and teens, especially those with learning or behavioural disorders, and food allergies or intolerances
- Contains 40 brain-critical nutrients
- Two low-allergy-potential formulas
- Original Wild Berry Smoothie Mix in new made with pea protein instead of rice protein for improved texture, and is the ultimate choice for anyone with severe food allergies or intolerances
- New Wild Berry Smoothie Mix with whey protein has a taste kids love

2997 1297 1147
180 softgels 5397 120 softgels
1147 1147 1247
100 mL 150 mL 120 softgels

Protect Yourself this Winter with ECHINAMIDE® Anti-Viral, Anti-Cold & Sore Throat Relief Formulas

Get rid of your cold up to 3 times faster

Research shows it works!

Two randomized, double-blind clinical studies were conducted on ECHINAMIDE® at the University of Alberta. ECHINAMIDE® is the only echinacea product to have undergone such rigorous testing and the research confirmed that it works. Not only does it shorten the duration of a cold but it may prevent if it is taken at the first signs of a cold.

ECHINAMIDE® is 100% natural, from fresh organic echinacea, and is the only full-spectrum extract with standardized levels of all echinacea’s key actives. It stimulates your immune system to more quickly target viruses and reduce cold symptoms. No more headaches, congestion or runny noses.

Rely on ECHINAMIDE® to fight colds and flu. It works!

Anti-Viral

Potential Fresh Herbal Tincture & Extract Effective against all viral conditions
- Powerful immune support
- Contains ECHINAMIDE®, astragalus, lomatium, reishi and licorice
- Effective against all viral conditions, from colds and flu to herpes, layrnants and tonsillitis

1477 1677
50 mL 120 softgels

Anti-Cold

Fresh Herb Extract & Tincture A super-concentrated ECHINAMIDE formula
- Ideal for accelerating the healing process and shortening recovery time
- Stimulates your immune system to fight colds and viruses

1297 1297 1477
50 mL 150 mL 120 softgels

Sore Throat Relief

Herbal Throat Spray Soothing relief for sore, dry throats
- Helps calm sore, scratchy or dry throats and improves breath
- Contains ECHINAMIDE® and antibacterial propolis

877 977
50 mL 100 mL

A Healthy Heart is a Happy Heart

RxOmega-3 Factors®

Every body needs omega-3s
- High-quality pharmaceutical grade available
- Polyunsaturated omega-3s
- EPA for arthritis and infarction
- DHA for brain, eyes, memory and cardiovascular health

1247 2247 4247
60 softgels 100 softgels 200 softgels

Women’s Complete RxOmega-3 Factors®

Full-spectrum EFAs for women of all ages
- Contains DHA, EPA, ALA and GLA in therapeutic potencies for maximum effect
- Supports immunity, joint, brain and heart health
- Important for hormonal health, as well as for pregnant and nursing women
- May assist with weight control and improve skin

747 1447
80 softgels 160 softgels

Cholesterol Formula

Supports normal cholesterol levels
- Contains Sytrinol to combat inflammation, a known risk factor for heart attack
- Lowers total cholesterol and “bad” LDL cholesterol while maintaining high levels of “good” HDL cholesterol
- Supported by more than 12 years of research including in vitro, in vivo, and clinical studies

1947 2147
50 mL 100 mL

CardiOmega-Q10™

For cardiovascular support
- A therapeutic combination of 3 proven heart-health ingredients
- Contains CoQ10, omega-3 fatty acids and Benfotatrienol® whole fruit concentrate
- Essential for heart health
- High in antioxidants

3797
90 softgels

Every body needs omega-3s. A Happy Heart is a Healthy Heart.