



Health Matters

by

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Hundreds of clinical studies world-wide show that as many as 80% of us are deficient in magnesium. Scientists confirm that this mineral deficiency is linked to an increased prevalence in heart disease, diabetes, depression and fatigue. There are several reasons we don't get sufficient magnesium. Unlike other minerals, our bodies don't store it, so we must replenish our supply daily for normal functioning of our hearts, muscles and nerves. Due to poor farming practices, our foods no longer provide us with an adequate supply. Intestinal absorption of magnesium is generally poor in most people and, for many, oral supplemental magnesium can cause intestinal upset and diarrhea. It's been recently discovered that absorption of magnesium is greatly improved when it's applied topically. **DermaMag** is a new liquid magnesium spray that can be used daily for better absorption and benefit. As always, we guarantee your satisfaction.

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