



Health Matters

by

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Feeling tired all the time? Lack of energy is one of the most common health concerns among our customers. Of course, ample energy is the result of lifestyle choices, such as getting enough rest, eating a healthy diet and exercising regularly. Unfortunately, there's just not always enough time to take care of these important matters. To help you get that extra boost of energy and the health benefits of fruits and vegetables, you'll want to try **Enriching Greens**, a blend of organic green foods, vegetables and fruits, tonic herbs and probiotics. As a support for the liver, thyroid, adrenals and digestive organs, **Enriching Greens** nourishes, detoxifies and energizes. Available in capsule or powder, it provides over 3000mg of organic green foods per serving. For more energy, we recommend using **Enriching Greens** daily. Come by Natural Foods Market Saturday April 4th 12-4pm to taste a sample. As always, we guarantee your satisfaction.

 **NATURAL
FOODS MARKET**

610-1000

Johnson City Crossing near Old Navy
www.NFMonline.com