



Yoga For Life

Basic Yoga Classes

Cheryl Baumann, Liferforce Fitness

6-week Session-St. Clair Location

Starting March 4, 2010

\$50.00 for the Session

Visit our St. Clair Location

to sign up today!



Washington Store Event

Reams PH Testing

Monday, February 22, 2010

9am-2pm-by appointment only

1 Hour-\$60.00-includes materials

Dr. Angie will be back at our Washington location to perform PH testing and re-testing for our customers.

PH imbalance could be the underlying cause of many health conditions including **weight issues** to fatigue, potential heart attack and many more inbetween.

Using methods discovered by Dr. Carey Reams we take saliva and urine samples to conduct a ph analysis of systemic energy. If there is an imbalance, it could lead to the body's inability to assimilate or use certain minerals.

Before you start any changes in the New Year, find where you stand with PH Testing.

The testing fee also includes consultation from Dr. Angie as well as printouts and take home information specific to your individual testing.

You must make an appointment in advance. Call 636-390-8777 or visit our Washington store today to make your appointment.

This event will fill quickly, call today!

Valentine's Day Specials

St. Clair Location

Lisa Mayer has moved her office to Root Diggin' Nation in St. Clair

Lisa is also a CAM-PPO Provider for Sporlan Valve Employees



90 Minute Relaxation Massage



Only-\$50.00

45 Minute Relaxation Massage

Only-\$30.00

Special good until February 14, 2010.

Gift Certificates good for 6 months.

ChampionJuicer.com

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If your target market is over 1200 Natural Health customers, our newsletter is for you!

Please contact Tracie at 636-629-7776

for details

We are a Champion Juicer Distributor!

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