



Store Updates

Class Schedule

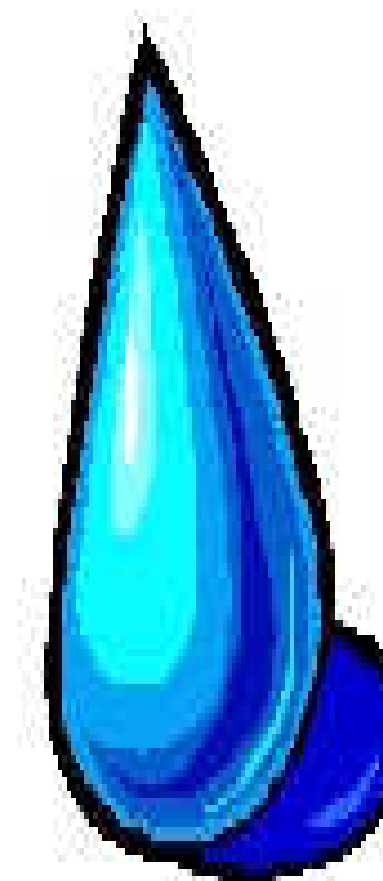
How Pure is Your Water?

Tuesday, September 22, 2009

6:30p.m.-7:30p.m.

St. Clair Location

FREE Informational Class



Karen Moore with Schaefer Water Centers will be here to discuss water and how important it is to have the purest available. Water is essential for maintaining and sustaining life. The water tables are not as pure as they were in the past. Come find out about water, its importance to your health and how to eliminate possibly putting contaminants and pollutants in our bodies. As shown with the massive chlorine flush in Washington in July, now is the time to be informed!

Please join us for this FREE informational session. Space is limited so please call or email us today to sign-up. 636-629-7776

Aromatherapy 101

Tuesday, October 6, 2009

6:30p.m.-7:30p.m.

St. Clair Location

Fee-\$35.00



Lynn Placek, HTCP, HTCI, Aromatherapist with Heartland Holistic Health will be here to discuss the art and science of Aromatherapy. If you are new to this area of natural health or have questions, this class is for you. Explore the world of essential oils and how they can make an impact on your health and well-being. *Don't miss this class!*

Space is limited, this class will fill quickly. Please call or email to sign-up for this class. 636-629-7776

We have been offering the Healthy Rewards Card program since last October and over 900 customers have signed up and are now saving money!

Updates to the program

- Please present your card each time you purchase something at our stores. It is your responsibility to present your card for rewards. We may not always remember to ask.
- If you forgot your card we can manually enter your rewards but be aware that the points may not be updated to your account for 2-3 weeks due to the time involved since this is a manual process.
- If you lost your card, you can get a replacement for a small fee of \$5, just let an associate know.
- Later in the coming months, we will be running sales for Healthy Rewards Card members only and you must have your physical card to participate, so please locate yours or purchase another.

Thank you for making this program successful and with your help, we can continue to offer this program and save you money!

Layaway Plans Now Available!

Get a Far-Infrared Sauna for yourself or as gift for the Holidays.

Stop by the store for details on this program

