



# Have a Heart Healthy Month at Brighter Day!

*Start with good organic food, add supplements as needed.*

## Supplement Sales in February

Look for heart healthy hints from some of our favorite experts!

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All Products on Sale!  
**30-40% Off MSRP**  
Herbs & Supplements  
Fermented Mushrooms  
Microbiome Probiotics



**LEARN MORE..**  
Decker Weiss,  
Naturopathic  
Cardiologist, April 26 at  
the Coastal Georgia  
Center. "Inflammation  
& Your Health –The  
Whole Story"  
[brighterdayfoods.com](http://brighterdayfoods.com)



**30% Off MSRP**  
On Selected  
Minerals



All Products  
**30-35% Off MSRP**  
Bestsellers & More



**30% Off MSRP**  
**Selected CoQ10, Probiotics:**  
• Jarro-Dophilus • QH-Absorb  
• Yum-Yum Dophilus

  
**EAT WELL!**  
Dr. Andrew Weil  
recommends his Anti-  
Inflammatory Diet  
Pyramid for better  
cardiovascular health.  
The base of the  
pyramid is 7-9 servings  
of fruits & veges.  
[drweil.com](http://drweil.com)



**All MegaFood Products!**  
**25% Off MSRP**

You'll like  
the way  
real feels.




**25% Off MSRP**

**All Products on Sale!**  
• Garlinase • Tart Cherry in Gummies, Caps,  
Chew • Smart Q10 Chew Chocolate •  
Phytobiotic • Probiotic Pearls  
• Holy Basil Trinity • All DGL • MegaZyme •  
Vitamin D3 Chocolate Chew • More



**Everything on Sale!**  
**25-40% Off MSRP**

  
**UNDO IT!**  
Dr. Dean Ornish  
says that we can  
"undo" heart  
disease with  
lifestyle changes:  
good nutrition,  
exercise, stress  
management, love  
and support.  
[ornishspectrum.com](http://ornishspectrum.com)



**1<sup>st</sup> Quarter Deals**  
**15-30% Off MSRP**  
Ashwagandha • Black Elderberry &  
Bronchial Syrups • Echinacea/Goldenseal  
• Golden Milk • Olive Leaf • Quick Defense  
• Selected Turmeric & More