

251.929.0055

Serving Dinner  
Thursday-Friday  
5:00-9:00



320 Eastern  
Shore Shopping  
Center  
Fairhope, AL  
36532

www.va-fairhopehealthfoods.com

## APPETIZERS

Hummus of the Day    

Our freshly made hummus served with grilled pita triangles  
7.95

Pita Trio    

Freshly made hummus, baba ghanoush, and tabouli served with grilled pita triangles  
9.95

Spinach and Artichoke Dip   

Creamy dip made of fresh spinach and chunks of artichoke hearts, garnished with parmesan and served with tortilla chips  
7.95

Spinach Artichoke Pizza   

Whole wheat pita bread topped with homemade spinach and artichoke dip, roma tomatoes, red onions, and mozzarella cheese  
8.95

Summer Rolls   

Served with ponzu and spicy peanut sauce  
11.95

Wrap your own Shrimp and Lettuce Wraps   

Sauteed shrimp and veggies tossed with ponzu, served with romaine lettuce and spicy peanut sauce  
12.95

## SALADS

You may add to any salad the following for an additional charge:  
Add chicken- 3.50 Add homemade chicken salad- 4.50 Add ahi tuna- 4.75

Caesar Salad 

Mixed greens tossed in our homemade dressing & croutons topped with romano cheese  
Dinner- 6.95 Side- 5.50

Tempeh Salad    

Grilled tempeh, herbed quinoa, & roasted red bell peppers on a bed of mixed greens, drizzled with our citrus ginger vinaigrette  
Dinner- 10.95 Side- 5.50

Spring mix    

Spring mix, roma tomatoes, chickpeas, cucumbers, green onions, carrots, mixed sprouts  
Dinner- 8.95 Side- 5.50

## SANDWICHES

All sandwiches served with mixed greens and chips

Portobello Sandwich   -option- please inform your server

Marinated and grilled portobello mushroom with pesto mayo, feta cheese, lettuce, and roma tomatoes served on our fresh foccacia bread

11.95

Grilled Wild Ahi Sandwich  

Soy marinated tuna steak grilled to your liking, caramelized carrot ketchup, lettuce, and roma tomatoes served on our fresh foccacia bread

13.50

## STIR FRY

All stir fries have choice of chicken or tofu.  
Shrimp may be substituted for an additional \$2.00.

Lemongrass Stir Fry   




seasonal veggies, garlic ginger, and whole grain rice tossed in a spicy lemongrass sauce

11.95

Thai Curry Stir Fry   

Seasonal veggies, whole grain rice, ginger, and garlic tossed in a curry coconut sauce

11.95

Orange Hot & Sour Stir Fry   

Seasonal veggies, whole grain rice, ginger, and garlic tossed in our own orange hot & sour sauce

12.95

Sesame Stir Fry   

Seasonal veggies, whole grain rice, ginger, and garlic tossed in a toasted sesame sauce

12.95

## PASTA

Served with warm bread

Thai Peanut Pasta  

Seasonal veggies and whole wheat pasta tossed in a spicy peanut sauce topped with toasted peanuts

10.95

Veggie Lasagna 

Homemade lasagna with seasonal veggies, ricotta, mozzarella cheese and our homemade marinara sauce topped with romano cheese

12.95

Pesto Alfredo 

Whole wheat pasta tossed with our own pesto alfredo sauce

Add grilled eggplant- 1.50 Add shrimp- 4.50

12.95

Please refer to our menu board for our nightly dinner specials and our homemade desserts.