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HEALTH AND HEALING

Relief from joint stiffness and pain

by **Mike Ventresca**

Vital Choice

Do you suffer from joint pain or stiffness? If so, today's column about a little known supplement could be just what the doctor ordered—literally.

Recently I spoke with Dr. Douglas Kiburz, a practicing orthopedic surgeon. In the interview, he discussed how a patented form of Hyaluronic Acid (HA) is literally stealing away would-be surgical patients by greatly enhancing the health of their joints—a fact that has him thrilled.



Mike Ventresca

We've known about HA since the 1940s. It's essentially a fancy sugar that's found in every cell of the body. It's largely responsible for lubricating the joints, eyes, discs in the back, and skin. The body produces and breaks down HA every day. As we age, we break down more than we produce, leading to stiff, cracking joints that begin to lose their natural shock absorbing ability. That's where **Baxyl™** comes in.

Baxyl is a patented form of HA that's been clinically demonstrated to promote the repair, maintenance, and protection of

cartilage and joint tissues as well as enhance joint mobility. According to Dr. Kiburz, it's better than any other supplement available, including the popular glucosamine/chondroitin.

What makes Baxyl so different is its high molecular weight. Through a patented fermentation process, Baxyl more closely resembles the HA produced by the body than any other form available. Dr. Kiburz says that's what makes Baxyl so effective. In fact, in a recent study with 50 of his patients, 84% reported "good to great" results after only 30 days.

If you are concerned about the health of your joints, I highly recommend you consider giving Baxyl a try. I did and am happy to report I noticed a difference in just one week. You can hear about my results and listen to the full interview with Dr. Kiburz on our podcast site at <http://podcast.vchoice.com>.

Mike Ventresca is the owner of Vital Choice Healthstore located at 9243 Sprague Road in North Royalton's Timber Ridge Plaza. The phone number is 440-885-9505. Open Monday through Friday, 10 a.m. to 8 p.m.; Saturday, 10 a.m. to 6 p.m., and Sunday, noon to 5 p.m.

This information is not intended to diagnose, treat, cure or prevent any disease. If you have concerns about your own health, you should always consult with a healthcare professional.



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