

FROZEN

Food For Life
Organic
Sprouted Ezekiel 4:9
English Muffins
16 OZ
\$3.29
Reg. \$4.99



Kashi
Thin Crust
Margherita Pizza
11.9 OZ
\$5.69
Reg. \$6.99



Shelton's
Turkey Breakfast
Sausage
12 OZ
\$4.29
Reg. \$6.49



Food For Life
Rice Almond
Bread
Wheat Free
24 OZ
\$4.59
Reg. \$5.99



Woodstock Organic
Wild
Blueberries
10 OZ
\$4.29
Reg. \$6.59



Berlin
Spelt Bread
19 OZ
\$4.59
Reg. \$5.99



Caesar's Pasta
Stuffed Shells
Wheat Free/Gluten Free
11 OZ
\$3.79
Reg. \$5.99



Tofutti
Vanilla Cuties
8 PK
\$3.49
Reg. \$4.99



Glutino
Corn Bread
Wheat Free, Gluten Free
20.5 OZ
\$3.99
Reg. \$6.29



Nate's
Zesty Italian
Meatless
Meatballs
12 OZ
\$4.29
Reg. \$4.99



GLUTEN FREE

Ener-G
Light
Brown Rice
Loaf
8 OZ
\$2.99
Reg. \$4.49

Kinnikinnick
Chocolate Chip
Cookies
8 OZ
\$2.99
Reg. \$3.99



Glutino
Frozen
Fiber, Premium
Bread
21.2 OZ
\$3.99
Reg. \$6.29

Kinnikinnick
Frozen
White Sandwich
Bread
Gluten Free
20 OZ
\$3.99
Reg. \$6.29



Midel
Gluten & Wheat Free
Mini
Chocolate Chip
Cookies
8 OZ
\$2.49
Reg. \$3.39



Fresh & Wholesome Market

Super Bowl & Entertaining

Let us prepare the food for your next event.

Starters...

Antipasto Platter
Cheese Platter
Shrimp Platter
Crudites Platter
Fruit Platter

For Your Friends...

Heros By The Foot

Wings & Shrimp
By the Bucket



Treats...

Valentine's Day
Cakes
&
Chocolates