

The **good apple**
NATURAL MARKET
"Good Food Naturally!"

- *Monthly Messenger*

Visit www.thegoodapple.com for our Online Catalog



**20%
Savings**

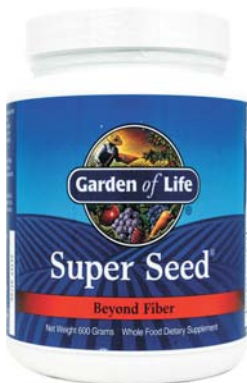
Super Seed Fiber

\$21.58

RETAIL \$26.98
SIZE 600 Grams

Healthy Buy

Super Seed is a powerful whole food formula that is an excellent source of dietary fiber. The ingredients in Super Seed were specifically chosen for their exceptional ability to support and maintain optimal bowel health and function. Excellent source of dietary fiber. A whole food blend of seeds, sprouted grains and legumes containing both soluble and insoluble fiber. Contains ingredients specifically chosen for their ability to support normal gut flora balance, regular bowel function, and overall health. Dietary fiber in Super Seed supports normal cardiovascular health.



Product number
P52615



Nutrition for Optimal Wellness

**25%
Savings**

Chewzymes

\$14.99

RETAIL \$19.99
SIZE 120 Sgels

Healthy Buy

ChewyZymes™ from NOW is a broad spectrum digestive enzyme formulation in a natural berry-flavored, vegetarian chewable tablet for adults and children. It is designed to support improved digestion of meals. Digestive enzymes are essential to the body's absorption and full use of food. The enzymes in this product are Non-GMO. They have been proven in a controlled laboratory study by the Netherlands Organization for Applied Scientific Research (TNO Nutrition and Foods Research) to have efficacy throughout the entire pH range of the digestive system and to not be degraded by acid in the stomach.



Product number
P52689



**40%
Savings**

Multidophilus

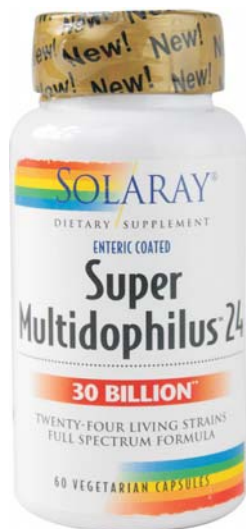
24

RETAIL \$27.09
SIZE 60 Vcaps

\$16.25

Bonus Buy

Super Multidophilus 24 from Solaray is a probiotic supplement that supplies over 30 billion living micro-organisms from 24 probiotic strains per serving to support digestive health. Probiotics are friendly bacteria that live within your gastrointestinal (GI) tract. These good bacteria have to be kept in balance with the "bad", or pathogenic bacteria, in order to support good health.



Product number
P57161



Nutrition for Optimal Wellness

Eucalyptus Oil

\$3.89

Bonus Buy

35% Savings



RETAIL \$5.99
SIZE 1 Fl Oz

Product number
P35551



Nutrition for Optimal Wellness

Gr8-Dophilus

\$13.49

Healthy Buy

25% Savings



RETAIL \$17.99
SIZE 60 Caps

Product number
P50244



Nutrition for Optimal Wellness

Omega-3 EPA

\$10.39

Bonus Buy

35% Savings



RETAIL \$15.99
SIZE 200 Sgels

Product number
P33762



Nutrition for Optimal Wellness

Methyl B-12 1000 Mg

\$7.79

Bonus Buy

35% Savings



RETAIL \$11.99
SIZE 100 Loz

Product number
P36380

35% Savings



RETAIL \$14.99
SIZE 100 Vcaps



Nutrition for Optimal Wellness

Vitamin K-2 100Mcg

\$9.74

Bonus Buy

Product number
P52224



Nutrition for Optimal Wellness

Vitamin D-3 5000 IU

\$8.44

Bonus Buy

35% Savings



RETAIL \$12.99
SIZE 120 Sgels

Product number
P54260



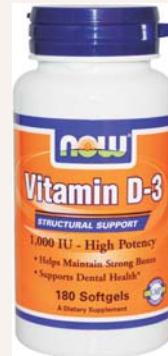
Nutrition for Optimal Wellness

D-3 1000 Iu

\$5.84

Bonus Buy

35% Savings



RETAIL \$8.99
SIZE 180 Gels

Product number
P36613



Nutrition for Optimal Wellness

Virgin Coconut Oil

\$9.74

Bonus Buy

35% Savings



RETAIL \$14.99
SIZE 120 Sgel

Product number
P51857

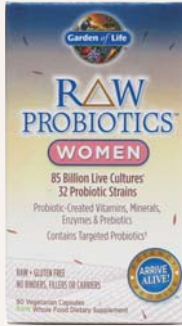


20% Savings

Raw Probiotics Women

\$43.99

Healthy Buy



Product number P55430

RETAIL \$54.99 SIZE 90 Caps



20% Savings

Raw Fit

\$37.76

Healthy Buy



Product number P56618

RETAIL \$47.20 SIZE 451 Grams

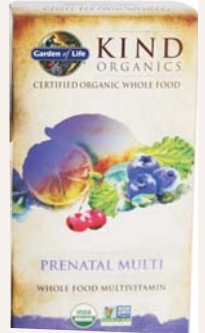


25% Savings

Kind Organics Prenatal

\$35.24

Healthy Buy



Product number P57130

RETAIL \$46.99 SIZE 90 Tabs

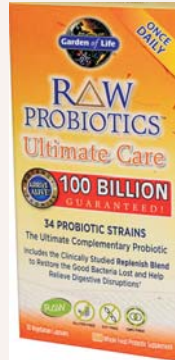


Probiotics Ultimate

\$43.99

Healthy Buy

20% Savings



RETAIL \$54.99 SIZE 30 Caps

Product number P56387

20% Savings



RETAIL \$46.99 SIZE 631 Grams



Raw Organic Vanilla Protein

\$37.59

Healthy Buy

Product number P56248



20% Savings

Raw Organic Vanilla Meal

\$50.39

Healthy Buy



Product number P56250

RETAIL \$62.99 SIZE 1115 Grams



20% Savings

Probiotic Colon Care

\$35.19

Healthy Buy



Product number P56385

RETAIL \$43.99 SIZE 30 Caps



20% Savings

Raw Meal

\$47.96

Healthy Buy



Product number P54275

RETAIL \$59.95 SIZE 1190 Grams

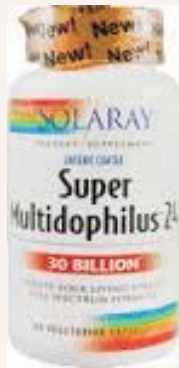


40% Savings

**Super
Multidophilus
24**

\$16.25

Bonus Buy



Product number
P57161

RETAIL \$27.09
SIZE 60 Vcaps



20% Savings

**Allergy
Relief**

\$8.31

Healthy Buy



Product number
P50887

RETAIL \$10.39
SIZE 60 Tabs

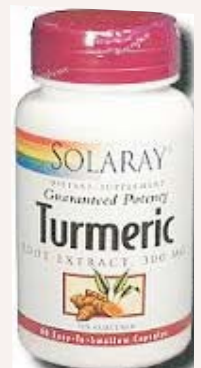


50% Savings

**Turmeric
Extract**

\$8.20

Bonus Buy



Product number
P17583

RETAIL \$16.39
SIZE 60 Caps

**SOLARAY®
Magnesium
200 Mg**

\$8.25

Bonus Buy

35% Savings



Product number
P35592

RETAIL \$12.69
SIZE 100 Caps

25% Savings



RETAIL \$13.99
SIZE 100 Vcaps



**Prickly Pear
Nopal
500 Mg**

\$10.49

Healthy Buy

Product number
P55481



25% Savings

**AlkaMax
Alkaline
Booster**

\$11.17

Healthy Buy



Product number
P57110

RETAIL \$14.89
SIZE 1 Oz



25% Savings

**Bitter
Melon**

\$13.27

Healthy Buy



Product number
P40906

RETAIL \$17.69
SIZE 100 Caps

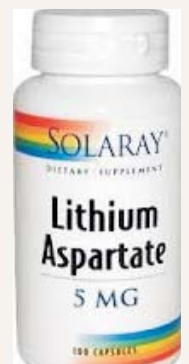


25% Savings

**Lithium
Aspartate**

\$9.89

Healthy Buy



Product number
P50035

RETAIL \$13.19
SIZE 100 Caps



25% Savings

BP Defense

\$29.69

Healthy Buy



RETAIL \$39.59
SIZE 60 Tabs

Product number
P55391



25% Savings

Blood Sugar Defense

\$18.29

Healthy Buy



RETAIL \$24.39
SIZE 60 Tabs

Product number
P51194

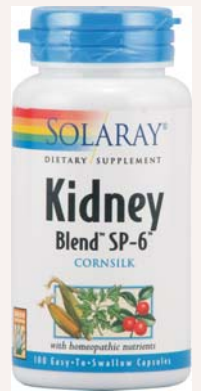


25% Savings

Sp-6 Kidney Blend

\$7.79

Healthy Buy



RETAIL \$10.39
SIZE 100 Caps

Product number
P10195



25% Savings

Bilberry

\$25.79

Healthy Buy



RETAIL \$34.39
SIZE 120 Vcaps

Product number
P39230

25% Savings



Calcium Magnesium Zinc

\$19.27

Healthy Buy



RETAIL \$25.69
SIZE 250 Gels

Product number
P12163

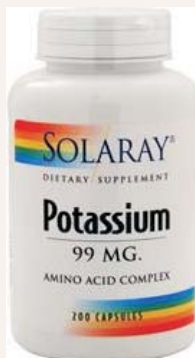


35% Saving

Potassium 99 Mg

\$8.96

Bonus Buy



RETAIL \$13.79
SIZE 200 Caps

Product number
P51391

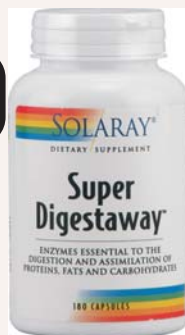


25% Savings

Super Digestaway

\$18.89

Healthy Buy



RETAIL \$25.19
SIZE 180 Caps

Product number
P12090



35% Savings

Oil Of Oregano

\$7.60

Bonus Buy



RETAIL \$11.69
SIZE 60 Caps

Product number
P51370

Country Life

25% Savings

Calcium Magnesium Vitamin D

\$19.34

Healthy Buy



Product number **P50365**

RETAIL \$25.79
SIZE 240 Vcaps

Country Life

25% Savings

Benfotiamine

\$15.44

Healthy Buy



Product number **P57575**

RETAIL \$20.59
SIZE 60 Vcaps

Country Life

25% Savings

Target Mins Magnesium

\$13.79

Healthy Buy



Product number **P50361**

RETAIL \$18.39
SIZE 120 Vcaps

SPEND AT LEAST \$10 - YOU MAY USE UP TO 2 COUPONS
SPEND AT LEAST \$20 - YOU MAY USE UP TO 4 COUPONS
SPEND AT LEAST \$30 OR MORE - YOU MAY USE ALL 6 COUPONS!
COUPONS MAY ONLY BE USED ONCE AND CANNOT BE DOUBLED

COUPON Expires 10-31-2017 **FREE**

Celery Seed

35¢ VALUE

PRODUCT NUMBER **1 OZ.** COUPON NUMBER **P34913**

COUPON Expires 10-31-2017 **FREE**

Fenugreek

35¢ VALUE

PRODUCT NUMBER **1 OZ.** COUPON NUMBER **P34909**

COUPON Expires 10-31-2017 **FREE**

Yellow Mustard Seed

34¢ VALUE

PRODUCT NUMBER **1 OZ.** COUPON NUMBER **P34910**

COUPON Expires 10-31-2017 **FREE**

Ground Rosemary

49¢ VALUE

PRODUCT NUMBER **1 OZ.** COUPON NUMBER **P34911**

COUPON Expires 10-31-2017 **FREE**

Dill Seed

37¢ VALUE

PRODUCT NUMBER **1 OZ.** COUPON NUMBER **P34912**

COUPON Expires 10-31-2017 **FREE**

Cinnamon Powder

49¢ VALUE

PRODUCT NUMBER **1 OZ.** COUPON NUMBER **P34914**

ALL COUPONS ARE NOT VALID WITH ANY OTHER OFFER EACH COUPON MAY ONLY BE REDEEMED ONCE

Country Life

30% Savings

Acidophilus With Pectin

\$18.75

Bonus Buy



Product number **P50368**

RETAIL \$26.79
SIZE 250 Vcaps

Country Life

25% Savings

CoQ10 100 Mg

\$34.79

Healthy Buy



Product number **P54799**

RETAIL \$46.39
SIZE 120 Sgel

Country Life

40% Savings

Biotin 5 Mg

\$16.67

Bonus Buy



Product number **P50410**

RETAIL \$27.79
SIZE 120 Vcaps



25% Savings

Periobrite Mouthwash

\$8.24

Healthy Buy



Product number
P50437

RETAIL \$10.99
SIZE 16 Fl oz



25% Savings

Rhodiola Root Standardized

\$12.74

Healthy Buy



Product number
P50808

RETAIL \$16.99
SIZE 60 Vcaps



10% Savings

Restful Legs

\$10.76

Value Buy



Product number
P57189

RETAIL \$11.96
SIZE 50 Tabs

\$8.24

Healthy Buy



RETAIL \$10.99
SIZE 90 Vcaps

Product number
P50787

Eyebright Herb

25% Savings

- 800 mg
- Tested & Verified
- Identified For Authenticity
- Holistically Balanced

With one of the most comprehensive herbariums in the world, Nature's Answer® has identified Mother Nature's unique botanical fingerprint on over 800 plant reference standards. Utilizing Advanced Botanical Fingerprint Technology™, these authenticated samples each serve as the standard by which all incoming raw materials are judged.

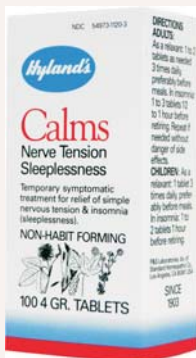


10% Savings

Calms

\$9.97

Value Buy



Product number
P16828

RETAIL \$11.08
SIZE 100 Tabs



25% Savings

Colloidal Throat Spray

\$7.88

Healthy Buy



Product number
P37970

RETAIL \$10.50
SIZE 1 Fl oz



25% Savings

Chia Seed

\$16.49

Healthy Buy



Product number
P56897

RETAIL \$21.99
SIZE 16 Oz



THE GOOD APPLE
P.O. BOX 3520
APACHE JCT, AZ 85117

FREE SHIPPING*
A \$4.95 VALUE

*On orders over \$99

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PERMIT #200

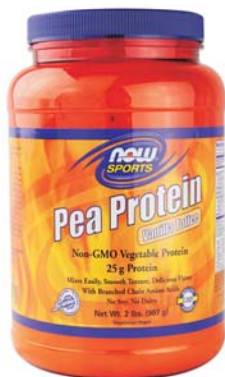


25% Savings

Pea Protein

\$20.99

Healthy Buy



Product number
P54621

RETAIL \$27.99
SIZE 2 Lbs

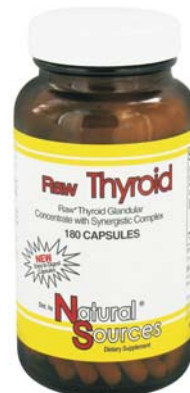


10% Savings

Raw Thyroid

\$18.45

Value Buy



Product number
P12000

RETAIL \$20.50
SIZE 60 Caps



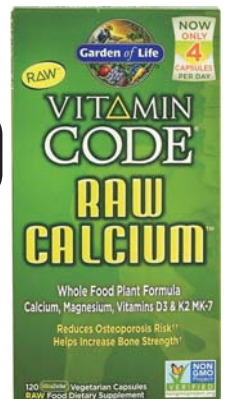
20% Savings

Vitamin Code

Raw Calcium

\$40.79

Healthy Buy



Product number
P53714

RETAIL \$50.99
SIZE 120 Vcaps