

# Product Spotlight

## Bija® Omega Truffles



*The gourmet way to get your Essential Fatty Acids!*

Flora's luxurious Bija Omega truffles are a rich blend of premium organic ingredients and omega 3 & 6 fatty acids. Each package contains a full serving of Udo's 3•6•9 Oil Blend to provide 8 grams of omega-3 and omega-6 essential fatty acids.

3 exquisite flavors to choose from:

### Bija Omega Truffles - Dark 70

70% Bitter Dark Chocolate with Cocoa Filling

### Bija Omega Truffles - Milk Hazelnut

Milk Chocolate with Hazelnut Filling

### Bija Omega Truffles - White Maple

White Chocolate with Canadian Maple

## Did you know?

*We carry over 300 Bulk Herbs at our St. Clair Location?*

## YOUR AD HERE

We are now offering advertisement opportunities in our newsletter.

If your target market is over 1200 Natural Health customers, our newsletter is for you!

**Please contact Tracie at 636-629-7776 for details**

**Space is filling quickly!**

### **St. Clair Farmers Market**

**Main Street**

**Friday evenings**

**3pm-6pm**

## Find out your Cardiovascular Age!

Margaret Muskopf and Claire Wilding with Cardio Wellness LLC, certified DPA technician, will be here to conduct vascular health screenings using the Digital Pulsewave Analyzer.

The Digital Pulsewave Analyzer (DPA) provides information on arterial wall stiffness and determines the biological age of arteries in less than 3 minutes. This FDA cleared, user-friendly, non-invasive device uses a finger probe to observe the changes in pressure, blood flow, velocity and profile throughout the whole pulse wave.

**FDA Cleared-Non-Invasive-No Blood-No Pain**

**Takes a Snapshot of your Arterial Elasticity Tests**



1. Heart Rate
2. Artery flexibility
3. Left Ventricle Ejection Level
4. Hydration Levels
5. Peripheral Circulatory Disturbance
6. Overall cardiovascular health

**Saturday-August 29, 2009-10am to 3pm**

**St. Clair Location Only!**

**Screening cost only-\$30.00**

*Normal fee-\$160-\$180 in doctor's office*

**Call today to schedule 636-629-7776**

### **Four Rivers CHIROPRACTIC & ACUPUNCTURE**

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