

## Raw Juice Elixirs 2/23 - Brad Myers

### Cool Coconut

Fresh Coconut Water

Vanilla

Fresh Pineapple Juice

Fresh Mint

~Combine pineapple juice & coconut water, then stir in vanilla & mint

### Goji Power

Goji Berries (Soaked)

Fresh Ginger (Minced)

Fresh Lemons

Honey

~Blend gojis & water, pour over ginger, lemon slices and crush down. Strain, add honey & enjoy!

### Anti Inflammatory Orange Elixir

Carrots

Bell Peppers

Oranges

Strawberries

Ginger

Tumeric

~ Juice all ☺