



# Health Matters

by

**Patsy Meridith, C.N.C.**  
Owner of  
**Natural Foods Market**

Affecting millions of Americans each year, bronchitis can be “acute”, lasting only a few days, or it’s considered “chronic” if it persists causing prolonged coughing and difficult breathing. Viral or bacterial infection, smoking and/or inhalation of environmental pollutants can cause inflammation of membranes of the bronchi (airways) in the lungs. As a result, production of excess mucous and swelling of tissues blocks the airways and obstructs breathing. We like to recommend **Lung, Bronchial and Sinus Health**, a blend of natural ingredients with a history of treating acute and chronic lung conditions such as bronchitis. It contains herbal expectorants such as horehound, wild cherry bark and mullein that help alleviate inflammation and reduce mucous production, as well as marshmallow root which protects and soothes inflamed membranes, helping to relieve bronchial congestion and coughing. As always, we guarantee your satisfaction.

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**610-1000**

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