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## CATEGORIES

Baking  
Beverages  
Bread/Pizza/Tortilla  
Bulk – Grains/Cereals/Flours  
Bulk – Herbs/Spices/Extracts  
Cereals  
Condiments/Dressing/Marinades  
Cookies/Bars (Energy)/Chocolate  
Crackers/Nuts/Snacks  
Deli  
Frozen  
Hygiene/Beauty Aids  
Magazines/Books  
Main Meal  
Pasta/Pasta Sauce  
Soups/Sauces/Gravies  
Spices

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## BAKING

### **123 Gluten Free**

Mix: Devilishly Brownie; Quickbread Muffin; Sugar 'N Spice Pan Bar; Yellow Cake; Southern Glory Biscuit

### **Ancient Harvest**

Quinoa Flakes

### **Arrowhead Mills**

Mix: All Purpose Baking; Brownie; Pancake & Baking; Vanilla Cake; Wild Rice Pancake and Waffle

### **Bob's Red Mill**

Baking Powder GF

Baking Soda GF

Mix: Brownie; Chocolate Cake; Chocolate Chip Cookie; Cornbread; Bread; Biscuit; Pancake; Pizza Crust

Flours: All Purpose GF Baking Flour; Brown Rice; Cornmeal; Corn Grits (Polenta); Golden Corn (Masa Harina); Garbanzo & Fava; Oat; Hazelnut; Coconut, Almond, Potato; Sorghum; Soy; Tapioca; White Rice; Quinoa; Teff

Gums: Guar Gum; Xanthan Gum

Flaxseed Meal

Potato Starch

### **Ener-G**

Egg Replacer

Pure Rice Bran

Flour: Sweet Rice; Tapioca

### **Enjoy Life**

Semi-sweet Chocolate Chips

### **Hain**

Baking Powder

### **Hol-Grain**

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Brown Rice Bread Crumbs

## **Kinnikinnick**

All-Purpose Mix

## **Maple Grove Farm**

Pancake/Waffle Mix

## **Namaste**

Cake: Spice; Vanilla, Chocolate

Muffins

Bread

Cookies

Waffles & Pancakes

Pizza Crust

Blondies

Brownies

## **NOW**

Whey Too Good Brownie Mix

Rice Bran

## **Pamela's**

Bread Mix

Cake Mix: Chocolate; Classic Vanilla

Chocolate Chunk Cookie Mix

Baking and Pancake Mix

Chocolate Brownie Mix

Frosting Mix: Confetti, Dark Chocolate, Vanilla

## **Rumford**

Baking Powder

## **Salba**

Whole Grain Chia Seeds; Ground Chia Meal

## **Suzanne's**

Ricemellow Cream: Strawberry, Plain

## **The Gluten-free Pantry**

Cookie/Cake Mix: Chocolate Truffle Brownie; Chocolate Chip Cookie and Cake; Spice Cake & Gingerbread Mix; Muffin & Scone Mix; Quick Mix

Bread Mix: French Bread and Pizza; Sandwich Bread

Other Mix: Pancake/Waffle; Perfect Pie Crust; Muffin/Yankee Cornbread

## BEVERAGES

### **Biochem**

Whey Protein Isolate Powder: Natural; Chocolate Fudge

### **Blue Diamond**

Almond Breeze (milk): Original; Unsweetened; Chocolate; Vanilla

### **Cider Mate**

Mulling Spices

### **Cool Fruits**

Fruit Juice Freezers

### **Honest Tea**

Teas: Agave Mate; Assam; Black Forest Berry; Community Green; Green Dragon; Jasmine Green; Just Black; Just Green; Just Green Unsweetened; Loris Lemon; Mango White; Moroccan Mint; Peach Pearfect White; Pomegranate Goji; Sublime Mate; Tropical Mate

### **Lakewood**

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Organic Juice: Acai Berry; Apple Unfiltered; Banana Strawberry; Black Cherry; Blueberry Blend; Carrot Pure; Coconut Milk; Concord Grape; Cranberry Blend; Cranberry Pure; Garden Balance; Lemonade; Pina Colada; Lemonade Light; Lemonade Pomegranate Light; Mangosteen; Orange Carrot; Orange Mango; pineapple Pure; Pink Grapefruit; Pomegranate Acai; Pomegranate Blend; Pomegranate Blueberry; Pomegranate Cranberry; Pomegranate Goji; Pomegranate Light; Pure Lemon; Pure Lime; ✓ Do you want to  
Juice: Garden Green & Red; Garden Pineapple Harmony; Mango; Pomegranate Pure; Cranberry Pure; ✓ Do you want a  
Organic Juice Concentrate: Black Cherry; Cranberry; Pomegranate; free buying club?

## Living Harvest

Hempmilk: Original Unsweetened; Chocolate; Vanilla

## Mimiccreme

Cream Substitute: Original; Sweetened; Sugar-free

## Nutribiotic

Rice Protein Shake: Vanilla, Chocolate, Mixed Berry, Plain

## Nutiva

Hemp Protein Drink

## Organic Valley

Milk: Whole; Reduced Fat 2%; Lowfat 1%; Fat Free/Nonfat/Skim; Lactose Free; Chocolate 2%; Single Serve Lowfat; Single Serve Chocolate; Eggnog (seasonal); Half & Half; Heaving Whipping Cream  
Orange Juice: Pulp-Added; Pulp-Free; With Calcium  
Soy Milk: Original; Vanilla; Chocolate; Unsweetened

## Pacific Natural Foods

Almond Milk: Unsweetened; Original; Vanilla; Chocolate

## BREAD/PIZZA/TORTILLA

### Amy's

Pizza: See FROZEN Section

### Chebe

Rolls: See FROZEN Section

Pizza Dough: See FROZEN Section

### EnerG

Bread: Light Tapioca Loaf; Papa's Loaf; White Rice Flax Loaf

Buns: Hamburger; Tapioca Dinner Rolls

Pizza Shells

### Food For Life

Bread: Brown Rice; White Rice; Rice Almond; Raisin Pecan; Rice Pecan;

Multi-Seed

Tortillas: Brown Rice; Sprouted Corn

Tapioca Hot Dog Buns

### French Meadow Bakery

Tortilla: See FROZEN Section

### Glutino

Corn Bread: See FROZEN Section

Breadsticks: Sesame; Pizza-flavored

### Ian's

French Toast Sticks: See also FROZEN Section

### KaffeeKlatsch (local GF bakery out of El Paso)

Bagels, Banana Bread, Bran Muffin, Chocolate Chip Muffin; Carrot Bread; French Bread; Hamburger Buns;

Potato Bread Roll; Sandwich Bread; Sunflower Flax Bread; Chocolate Chip Cookie; Oatmeal Cranberry

Raisin Cookie; Brownie Cookie; Oatmeal Raisin Cookie

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## **Kingsmill Foods**

White Rice Pizza Crust

## **Kinnikinnik**

Breads and muffins: See also FROZEN Section

Yeast-free Tapioca Bread

## **Paneriso**

White Rice Pizza Crust

## **Rustic Crust**

Napoli Herb Pizza Crust

## BULK – GRAINS/CEREALS/FLOURS

Blue Cornmeal

Brown Rice Flour

Sprouted Brown Rice Flour

Buckwheat, Raw \*

Buckwheat Flour \*

Cornmeal

Millet

Polenta/Corn Grits

Popcorn, Yellow

Quinoa \*

**All Bulk Rice**

Soy Flour

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## BULK – HERBS/SPICES/EXTRACTS

### **Frontier**

Arrowroot

Baking Soda

Citric Acid (corn-based)

Cornstarch

Guar Gum

### **Just Like Sugar**

### **Singing Dog**

Pure Vanilla Extract

### **Starwest**

Xanthan Gum

## CEREALS

### **Ancient Harvest**

Quinoa Flakes

### **Arrowhead Mills**

Flake Cereal: Maple Buckwheat; Sweetened Rice

Hot Cereal: Rice and Shine

Puffed Cereal: Rice; Corn

### **Bob's Red Mill**

Mighty Tasty GF Hot Cereal

### **Enjoy Life**

Very Berry Crunch; Cinnamon Crunch; Cranapple Crunch

### **Erewhon**

Rice Twice; Crispy Brown Rice Mixed Berries

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## Glutino

Apple & Cinnamon; Honey Nut

## Nature's Path

Corn Flakes; Honey'd Corn Flakes; Mesa Sunrise; Whole Crispy Rice; Whole O's  
EnviroKids: Gorilla Munch; Koala Crisp; Amazon Frosted Flakes; Peanut Butter  
Panda Puffs; Fruity Burst; Peanut Choco Drizzle

## New Morning

Cocoa Crispy Rice

## Perky's

Apple Cinnamon Perky O's; Nutty Rice

## Pocono

Cream of Buckwheat

## Ruth's Hemp Foods

Chia Goodness Cereal: Apple; Cranberry; Original

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## CONDIMENTS/DRESSINGS/MARINADES

### Annie's Naturals

Organic Ketchup

Dressings: Balsamic Vinaigrette; Organic Buttermilk; Caesar; Cow Girl Ranch; French; Sesame Ginger & Chamomile; Organic Green Goddess; Green Garlic; Honey Mustard; Papaya Poppy Seed; Raspberry Vinaigrette; Roasted Red Pepper; Organic Red Wine & Olive Oil; Tuscany Italian Dressing; Cucumber Yogurt

### Mrs Clark's

Mayonnaise

### Nasoya

Sandwich Spread

Original Mayo

### Organic Valley

Sour Cream: Regular; Lowfat

Cream Cheese: Neufchatel

Butter: Cultured, Unsalted; European Cultured; Pasture Cultured; Salted; Whipped, Salted

### OrganicVille

Organic Dressing: Sun-dried Tomato & Garlic Vinaigrette; Non-dairy Ranch

### Patak's Original

Tikka Masala Curry Sauce

Korma Curry Cooking Sauce

Birgani Curry Paste

Mild Curry Paste

### San-J

Organic Tamari (soy sauce): Regular; Reduced Sodium

### Spectrum

Mayonnaise: Canola; Organic; Omega 3 with Flax Oil

### Thai Kitchen

Premium Fish Sauce

Curry Paste: Red (mild); Green (hot)

### Trappey's

Hot Peppers in Vinegar

Louisiana Hot Sauce

### Vegenaise

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Salad Dressing: Original; Expeller-Pressed; Grapeseed Oil

## COOKIES/BARS (ENERGY)/CHOCOLATE

### **Arico**

Almond Cranberry; Chocolate Chunk; Lemon Ginger; Peanut Butter

### **Aunt Gussie's**

Chocolate Spritz; Vanilla Spritz; Chocolate Chip Almond

### **Bakery on Main**

Bars: Cranberry Maple; Extreme Trail; Peanut Butter Chocolate Chip

### **Dagoba**

Beaucoup Berries; Hazelnut; Mint, Xocolatl; Conacado; Lavender Blueberry; Roseberry

### **Endangered Species**

Supreme Dark Chocolate; Dark Chocolate with Deep Forest Mint; Dark Chocolate with Raspberries; Dark Chocolate with Blueberries; Extreme Dark Chocolate; Intense Dark Chocolate with Cacao Nibs; Dark Chocolate with Espresso Beans; Milk Chocolate with Cherries; Smooth Milk Chocolate; Milk Chocolate with Almonds

### **Ener G**

Brownies  
Chocolate Chip Potato

### **Enjoy Life**

Cookies: Snickerdoodles; Chewy Chocolate Chip; Gingerbread Spice  
Double Chocolate Brownie

### **Gluten Free & Fabulous**

Chocolate Chip Cookie Bites

### **Glutino**

Cookies: Chocolate Dream Bites  
Wafers: Chocolate, Vanilla, Lemon

### **Hain Celestial Group**

Creamy Sweet Chocolate Bar

### **Health Valley**

Cookies: Rice Bran Crackers

### **Jennies**

Macaroons: Almond-flavored Macaroons; Chocolate; Coconut

### **Josef's**

Sandwich Cookies: Cinnamon; Coffee; Double Chocolate

### **Kinnikinnick**

Cookies: Ginger Snap; Lemon Cranberry; Double Chocolate Almond; Montana's Chocolate Chip; Chocolate Sandwich Cream; Vanilla Sandwich Cream; Animal Kritters; K-Too Sandwich Chocolate; K-Too Sandwich Vanilla

### **KaffeeKlatsch (local GF bakery out of El Paso)**

Cookies: Brownie; Chocolate Chip; Oatmeal Raisin  
Bar: Oatmeal Cranberry Raisin

### **Lucy's**

Cookies: Oatmeal; Chocolate Chip; Sugar; Cinnamon Thin, Lemon, Ginger

### **Midel**

Cookies: Chocolate Caramel; Gingersnaps  
Sandwich Cookies: Royal Vanilla; Chocolate

### **Nanas**

Cookies: Nana Banana; Berry Vanilla; Ginger; Chocolate Crunch; Lemon

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## Nature's Path

Envirokidz Organic Animal Cookies (Vanilla)

## Pamela's

Cookies: Chocolate Chip Mini; Chocolate Chip Walnut; Dark Chocolate Chocolate Chunk; Chunky Chocolate Chip; Espresso Chocolate Chunk; Ginger Cookies; Lemon Shortbread; Ginger Mini Snapz; Peanut Butter; Peanut Butter Chocolate Chip; Spicy Ginger  
Shortbreads: Butter, Lemon, Pecan, Swirl

## Prana Bar

Apricot; Apricot Goji; Cashew Almond; Coco

## Tree of Life

Cookies: Chocolate Chip; Ginger; Peanut Butter; Quinoa Macaroon

## CRACKERS/NUTS/SNACKS

### Annie's

Bunny Fruit Snacks: Berry Patch; Tropical Treat

### Arico

Cassava Chips: Ginger; Sea Salt Mist

### Blue Diamond

Nut & Rice Cracker Snacks: Almond; Country Ranch; Hazelnut; Cheddar Cheese; Pecan; Smokehouse

### Boulder Canyon

Rice & Adzuki Bean Snack Chip

### Brown Cow

Cream Top Yogurt: Chocolate; Creamy Coffee; Vanilla; Raspberry; Cherry Vanilla; Blueberry; Strawberry; Peach  
Non-Fat Yogurt: Apricot Mango; Chocolate; Blueberry; Raspberry  
Low-Fat Yogurt: Lemon; Black Cherry; Maple

### Cascade Fresh

Low-Fat Yogurt: Strawberry; Peach; Lemon Chiffon; Orange Cream; Blueberry; Key Lime; Vanilla; Plain; Green Apple Pie; Raspberry; Cherry Vanilla  
Activ8 Probiotic Crunch Bars: Blueberry/Acai; Peanut Chocolate Chip; Cherry Vanilla Pomegranate/Goji (NOTE: these are labeled as GF but also state they are made in a facility which processes gluten.)

### Clif Kid

Organic Twisted Fruit (real fruit rope): Tropical Twist; Strawberry; Mixed Berry; Pineapple; Sour Apple; Grape

### College Farm

Hard Candy: Chocolate Mint; Luscious Lemon; True Mint; Strawberry & Cream; Vanilla Caramel

### Divine Foods, Inc.

Organic Prana Bar: Coconut Acai; Cashew Almond; Apricot Goji

### Dagoba

Chocolate Bars: Conacado; Roseberry; Dark; Hazelnut; Xocolatl; Lavender Blueberry; Beaucoup Berries; Mint; Eclipse

### Divine Foods, Inc.

Prana Bars: Cashew Almond; Apricot Goji; Coconut Acai; Apricot Pumpkin

### Dr. Oetker's

Pudding: Coconut; Butterscotch; Banana; Chocolate; Vanilla

### Edward & Sons

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Brown Rice Snaps

## **EnerG**

Wylde Pretzels

## **Enjoy Life Foods**

Chocolate Bars: Dairy-free Rice Milk; Dairy-free Rice Milk with Crispy Rice; Dark Chocolate  
Not Nuts: Mountain Mambo; Beach Bash (trail mix)

## **Florida's Natural**

Fruit Nuggets

## **Food on Purpose**

Santa Fe Flaxies (crackers): Spicy; Garlic; Savory  
Granola in the Raw  
Sunny Roonies  
Choco Roonies

## **Food Should Taste Good**

Chips: Olive; Jalapeno; Chocolate, Multi-grain; Sweet Potato;  
The Works

## **Frankly Natural Bakers**

Misty Mint Brownie

## **Glennys**

Marshmallow Treats: Vanilla, Chocolate

## **Good Health Natural Foods**

Veggie Chips

## **Gluten-Free Pantry**

Croutons with Olive Oil & Garlic (ready-to-serve)

## **Gluten-Free & Fabulous**

Sweet Savory Bites

## **Glutino**

Breakfast Bar: Chocolate Banana; Chocolate Peanut Butter; Wildberry  
Crackers  
Pretzel Twists

## **Health Valley**

Rice Bran Crackers

## **Hol Grain**

Brown Rice Crackers

## **KA\*ME**

Brown Rice Crisps: Szechuan; Teriyaki

## **Kinnikinnik**

Smoreable Grahams

## **Kind**

Fruit/Nut Bars: Almond and Coconut; Almond and Apricot; Almond and Apricot in Yogurt; Banana and Oat Bran; Nut Delight; Almond and Cashew; Almond Walnut; Strawberry Nut; Macadamian; Mango and Macadamian Nut; Passion Fruit; Cranberry and Almond

## **KOYO**

Brown Rice Chips: Tamari; Garlic; Sweet Chili Soy; Tamari

## **Lakewood Organic**

Lean Green Health Drink

## **Lundberg**

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Rice Cakes: Mochi Sweet; Brown Rice Salted; Brown Rice Salt-Free;  
Wild Rice; Toasted Sesame; Sesame Tamari; Honey Nut  
Rice Chips: Santa Fe Barbecue; Honey Dijon; Sea Salt;  
Sesame & Seaweed; Nacho Cheese; Pico de Gallo; Fiesta Lime; Wasabi

## **Mary's Gone Crackers**

Crackers: Original; Caraway; Herb; Black Pepper  
Sticks & Twigs: Curry; Sea Salt; Chipotle Tomato

## **Masuya's**

Rice Sembei Chips: Original; Tamari (Soy Sauce)

## **Metz Fresh**

Spinny Chips

## **Michael Season's**

Baked White Cheddar Cheese Pops

## **Mr. Krispers**

Baked Rice Krisps: Sea Salt; Barbecue; Nacho; Sour Cream & Onion

## **Mrs. May**

Cashew Crunch

## **Nature's Path**

Envirokids Crispy Rice Bars: all flavors

## **Newman's Own**

Soy Crisps: Cinnamon Sugar; Lightly Salted; Barbeque; White Cheddar

## **Omega Smart**

Bars: Banana Chocolate Chip; Pomegranate Strawberry Colada; Pumpkin Spice

## **Organic Valley**

Cheese: Baby Swiss; Mild Cheddar; Sharp Cheddar; Raw Mild Cheddar; Raw Sharp Cheddar; Reduced Fat & Sodium Cheddar; Vermont Extra Sharp Cheddar; Colby; Feta; Shredded Mexican Blend; Monterey Jack; Reduced Fat Monterey Jack; Mozzarella; Muenster; Pepper Jack; Provolone; Ricotta; Mozzarella Stringles; Colby Jack Stringles; Wisconsin Raw Milk Jack-Style

## **Primal Spirit Foods**

Texas BBQ Strips (jerky)

## **Real Foods**

Corn Thins: Original; Sesame; Multi-grain

## **Renew Life**

FitSmart Bar: Lemon Poppy; Cranberry Apple; Chocolate Chunk

## **Robert's American Gourmet**

Original Tings: Crunchy Corn Sticks  
Pirate's Booty: Veggie; Aged White Cheddar

## **Earth Source Organics**

Bars: Righteously Raw Chocolate Maca; Righteously Raw Cacao with Caramel

## **Sanissimo**

Oven Baked Corn Nachos: Small and Large

## **Sesmark**

Brown Rice Crackers

## **Sharkies**

Energy Sports Chews (Gummi's): Berry Blast; Citrus Squeeze;  
Peach Tea Breeze; Fruit Splash; Watermelon

## **Stonewall Jerkey**

Hot Pastrami; BBQ Beef; Teriyaki Beef

## **Stonyfield Yogurt**

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Yogurt: Fat Free, Low Fat and Whole Milk Organic Quarts

## Sunbutter

Sunflower Seed Butter with Flax Seed

## The Laughing Giraffe

Granola: Cranberry, Orange, Cacao

## ThinkGreen

Bars: Blueberry Noni; Peanut Butter Chocolate

## Tree Huggin' Treats, Inc.

Crispy Cat Candy Bars: Toasted Almond; Mint Coconut; Roasted Peanut

## Yogi Chips

French Onion; Barbeque; Herb & Garlic; Sweet & Sour

DELI products are available seasonally

## Mountain View Market

Salads: Tuna Mix; Kale Slaw; Asian Sprout

Goddess Green Beans

Hummus: Basil Black Olive; Garlic; Green Chile; Roasted Red Pepper

Muffins: Mesquite; Chocolate Chip

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## FROZEN

### Amy's

Cereal: Cream of Rice

Bistro Burger

Baked Ziti

Brown Rice and Black Eyed Peas

Pizza: Rice Crust (with dairy); Rice Crust (non-dairy); Spinach Rice Crust (non-dairy)

Indian Palak Paneer

Vegetable Korma

Rice Mac & Cheese

Pies: Mexican Tamale; Sheperd's

Enchilada: Black Bean; Cheese

Enchilada Meals: Santa Fe, Black Bean; Cheese

Bowls: Enchilada, Mexican Casserole, Teriyaki

Garden Vegetable Lasagna

Mattar Tofu

### Bahamas

Rice Burger

### Café

Fettuccini Alfredo

Lemon Basil Chicken

### Caesars Organic Pasta

Manicotti

Stuffed Shells

Vegetable Lasagna

Lasagna Entree

### Chebe

Rolls

Pizza Dough

### Chef Claude

Kombu Seaweed Noodles (available by special order)

### Coconut Bliss

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Ice Cream (non-dairy-coconut milk): Amaretto Cherry; Chocolate Peanut Butter; Dark Chocolate; Hazelnut Fudge Chocolate; Mint Galactica; Naked Coconut; Pineapple Coconut; Vanilla Island

## Food For Life

Bread: Brown Rice; White Rice; Rice Almond; Raisin Pecan; Rice Pecan; Multi-Seed

## French Meadow Bakery

Fudge Brownie

## Gluten Free Café

Asian Noodle Bowl

## Glutenfreeda's

Burrito: Chicken and Cheese; Vegetarian Bean and Cheese; Breakfast (Potatoes)

## Glutino

Corn Bread

## Ian's

French Toast Sticks  
Chicken Nuggets  
Macaroni with Meat  
Macaroni with No Cheese<sup>3</sup>

## Kinnickinnick

Donuts: Chocolate Dipped; Maple-Glazed; Vanilla-Glazed; Cinnamon Sugar;  
JB Brownie Squares  
Muffins: Carrot; Chocolate Chip; Blueberry  
English Muffins  
Bagels: Original; Cinnamon Raisin  
Sandwich Bread: White, Brown  
Yeast-free Multigrain Rice Bread  
Sunflower Rice Bread  
Cinnamon & Brown Sugar Homestyle Waffles  
Pizza Crusts (personal size)

## LaBonita

Tamales

## Lifestream

Buckwheat Waffles

## Mochi

Original Rice Cake

## Nature's Path

Waffles: Mesa Sunrise; Buckwheat Wildberry

## Purely Decadent (made with Coconut Milk)

Frozen Dessert: Mint Chip; Coconut; Vanilla Bean; Chocolate

## Omega Foods

Burgers: Ahi Tuna Burgers; Wild Salmon Burgers, Mahi-Mahi Burgers;  
Shrimp Burgers; Tomato Basil Wild Salmon Bites

## Organic Bistro

Ginger Chicken  
Chicken Citron

## Rice Dream

Frozen Dessert: Carob Almond; Strawberry; Cocoa Marble Fudge; Orange  
Vanilla; Vanilla

## Roberto's

Green Chili with Cheese Tamales

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## Shelton's

Turkey: Breakfast Sausage; Sausage Patty; Italian Sausage; Burgers

## Sunshine Burger

Garden Herb; Original; Barbeque

## Van's

Waffles: Buttermilk; Blueberry; Flax; Buckwheat with Blueberries & Raspberries;  
Apple Cinnamon

## HYGIENE/BEAUTY AIDS

**Auromere** (all toothpaste products are GF according to an Auromere email)

Toothpaste: Herbal; Mint-free

**Desert Essence Organics** (all products are GF according to its website)

Lip Balm: Shea Butter; Jojoba Oil and Aloe Vera; Tea Tree

Tea Tree Toothpaste: Fennel; Ginger; Mint; Neem

**Kiss My Face** (per KMF email all our products GF except moist. lotion with oat protein and sunscreen with oat protein)

All Bar Soaps

All Liquid Soaps

Moisturizers: Vitamin A & E; Honey Calendula

Deodorants: Liquid Rock;

Bath Gel: Aloe Unscented; Anti-stress; Early Bed; Early Rise; Patchouli

Shower Gel: Silky Soft

Tinted Moisturizers: Beach; Rattan

Mouthwash

Sunswat

Toothpaste: Whitening; Triple Action

Shaving Creams: Fragrance Free; Lavender Shea; Patchouli; Vanilla

**Tom's of Maine** (all our products are GF according to its website)

Deodorant: Lavender, Lemongrass, Unscented; Calendula; Woodspice

Toothpaste: Anti-plaque; Fennel; Strawberry; Peppermint; Wintermint; Tartar; Spearmint

## NOW

XyliWhite Toothpaste: Refreshing Mint; Mint with Baking Soda

**Weleda** (all products are GF according to its website)

Toothpaste: Ratanhia; Salt; Gel Kid; Natural Salt; Plant Gel

Cream: Intensive Face; Skin Food

Deodorant: Citrus; Sage

Oil: Arnica Massage; Citrus; Lavender, Cellulite

Baby: Shampoo/Body Wash; Calendula Oil

**W.S. Badger Company** (all products are GF according to its website)

Bug Balm

Sunblock: SPF 15; SPF 30

## MAGAZINES/BOOKS

*Gluten-free Living* magazine

*Living Without* magazine

## MAIN MEAL

### Annie Chun's

Maifun (rice vermicelli)

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# Gluten-Free Product Listing



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Sprouted Brown Rice  
Sticky White Rice

## Baji's

Paella  
Lentil Biryani  
Nosi Goring  
Jambalaya  
Lemongrass Basil

## Eden

Buckwheat Soba

## Edward & Sons

Mashed Potato: Chreesy; Garlic; Homestyle

## Jyoti

Matar-Paneer  
Delhi Saag  
Punjabi Chhole  
Basmati Supreme Rice

## Lotus Foods

Forbidden Rice  
Kalijira

## Lundbergs

Long Grain Rice Bowl  
Risotto Porcini  
Rice: Short Grain Brown; Brown Sweet; White Basmati; Brown Basmati;  
Long Grain Brown; Long Grain Brown Eco-Farmed  
Specialty Rice: Whehani; Japonich; Jubilee; Wild Blend; Country Wild

## Mrs. Leeper's

Rice Pasta Dinner: Cheeseburger Mac; Beef Stroganoff; Chicken Alfredo  
Corn Pasta Dinner: Creamy Tuna; Beef Lasagna

## Organic Valley

Sliced Meat: Hardwood Sun Ham; Smoked Turkey Breast; Roast Turkey Breast;  
Uncured Turkey Bacon

## Papad

Pappadums: Plain; Black Pepper

## Patak's

Sauce: Masala; Korma  
Paste: Mild Curry; Biryani Curry

## Reese

Organic Wild Rice

## Rice Select

Arborio Rice

## Royal

Basmati Rice

## St. Dalfour Gourmet on the Go

Three Beans with Sweet Corn  
Wild Alaskan Salmon

## Sanissimo

Toastadas (Oven Baked)

## Simply Asia

Rice Noodle Soup Bowls: Spring Vegetable; Garlic Sesame; Sesame Chicken

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## Tambobamba

Mexican & Beans  
Jamaican Rice & Beans

## Tasty Bite

Agra Peas & Greens  
Bengal Lentils  
Bombay Potatoes  
Jodhpur Lentils  
Kashmir Spinach  
Punjab Eggplant  
Basmati Rice Spinach Dal  
Jaipur Vegetable  
Jasmine Rice

## Thai Kitchen

Noodle Bowls: Hot & Sour; Garlic, Ginger; Mushroom; Onion  
Noodle Soups: Bangkok Curry' Hot & Sour; Thai Ginger Vegetable;  
Lemongrass & Chili; Onion  
Stir Fry: Pad Thai Chili; Savory Garlic Noodle; Thai Peanut Noodle;  
Curry; Toasted Sesame  
Thai Yellow Curry  
Original Pad Thai  
Thin Rice Noodles

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## PASTA/PASTA SAUCE

### Ancient Harvest

Quinoa Pastas: Elbows; Veggie Curls; Linguine; Garden Pagodas; Shells; Spaghetti

### Annie's

Rice Pasta & Cheddar (macaroni and cheese)

### Annie Chun's

Rice Noodles

### Bionaturae

Fusilli; Penne Rigate; Spaghetti; Elbows; Lasagna; Linguine; Cappellini

### Chef Claude's

Kombu Seaweed Noodles (*See FROZEN Section*)

### Deboles

Rice Pastas: Angel Hair; Fettucine; Lasagna; Penne; Spaghetti  
Corn Pastas: Elbows; Spaghetti  
Multi-Grain Pastas: Penne; Spaghetti  
Rice Shells & Cheddar (macaroni and cheese)

### Mrs. Leeper's

Corn Pastas: Rotelli; Spaghetti  
Rice Vegetable Twists

### Muir Glen

Pasta Sauce (the citric acid is corn-based)

### Pastorelli (*all products gluten-free according to their website 2/9/09*)

Pizza Sauce

### Tinkyada

Brown Rice Pastas: Elbow; Penne; Spaghetti; Shells; Veggie Spirals; Spirals;  
Fettuccini; Fusilli; Little Creams; Lasagna

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## SOUPS/SAUCES/GRAVIES

### **Amy's Kitchen**

Soups: Black Bean Vegetable; Lentil; Lentil Vegetable; Split Pea; Corn Chowder;  
Thai Coconut; Chunky Vegetable; Cream of Tomato; Tuscan Bean & Rice  
Beans: Refried

### **Bragg**

Liquid Aminos

### **Dr. McDougall's Right Foods**

Soup: Black Bean & Lime; Tamale with Baked Chips; Tortilla with Baked Chips

### **Frontier Soups**

Soup: Yellow Pea; Eleven Bean; Spicy Fiesta; Tortilla; Texas Blackbean

### **Good Karma**

Ricemilk: Original; Chocolate; Vanilla

**Health Valley** (Gluten-free is not listed on the product but Health Valley [Celestial Hains] confirmed by phone call on 1/20/09)

Soup: Organic Cream of Chicken; Organic Cream of Mushroom

### **Imagine**

Creamy Soups: Broccoli; Harvest Corn; Tomato; Tomato Basil; Garden Tomato;  
Portobello Mushroom; Butternut Squash; Red Bliss Potato & Roasted Garlic  
Broth: Free Range Chicken; Free Range Chicken Low Sodium; No Chicken;  
Vegetable; Vegetable Low Sodium

### **Shelton's**

Broth: Organic Turkey; Organic Chicken; Lo Sodium Chicken;  
Chicken with Salt & Spices;  
Chicken Tortilla Soup

### **Simply Boulder**

Sauces: Coconut Peanut; Truly Teriyaki

### **St. Dalfour**

Wild Alaskan Salmon Ready-To-Eat  
3 Beans with Sweetcorn

### **Taste Adventure**

Soup: Split Pea; Curry Lentil

### **Tasty Bite Simmer Sauce**

Tikka Masala; Good Korma; Roglen Nosh

### **Walnut Acres**

Creamy Portobello Mushroom Soup

## SPICES

### **A.Vogel**

Trocomare Seasoning  
Herbamare Seasoning

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