

Organic Produce-Stroudsburg Location

ITEMS MARKED WITH AN (S) ARE SEASONAL PRODUCTS THAT WE CARRY WHEN THEY ARE AVAILABLE TO US.

We try to source as much of our produce as possible from the United States. Unfortunately that is not always possible. We guarantee that the fruits that come from elsewhere around the world are certified organic and held to the same strict standards as those sourced in the United States.

ORGANIC VEGETABLES

Asparagus (S)	Parsley
Beans-Green	Peas-Sugar Snap (S)
Beets	Peppers-Green
Broccoli	-Orange (S)
Brussel Sprouts	-Red (S)
Cabbage-Green	-Yellow (S)
-Red	Potatoes-Red
Carrots	-Russet
Cauliflower (S)	-Sweet Potatoes (S)
Celery	-Yams-Garnet
Collards	-Yukon
Corn-White (S)	Radishes (S)
-Yellow (S)	Salads-Assorted Mixed Baby Greens
-Bi-Color (S)	Sprouts-Alfalfa
Cucumbers	Sprouts (cont...)
Eggplant (S)	-Sweet Pea Shoots
Garlic	-Other Assorted
Ginger	Squash-Acorn
Kale	-Butternut
Leeks (S)	-Delicata (S)
Lettuce-Green Leaf	-Kabocho
-Red Leaf	-Pumpkin (S)
-Romaine Hearts	-Spaghetti
Mushrooms	-Yellow Summer (S)
Onions-Red	-Zucchini
-Shallots (S)	Tomatoes-Regular
-Yellow	-Cherry
	Turnips (S)

ORGANIC FRUIT

Apples-Fuji
 -Gala
 -Red Delicious
 -Assorted Others (S)
Apricots (S)
Avocados
Bananas
Blackberries (S)
Blueberries (S)
Cherries (S)
Cranberries (S)
Grapefruit
Grapes-Red & Green (S)
Kiwi
Lemons
Mangos
Melons-Cantaloupe (S)
 -Honeydew (S)
Nectarines (S)

Oranges-Navel (S)
 -Valencia
Papaya (S)
Peaches (S)
Pears-Anjou
 -Bartlett
Pineapple
Plums (S)
Pluots (S)
Pomegranates (S)
Raspberries (S)
Strawberries
Tangelos (S)
Tangerines (S)
Watermelon (S)
 -Orange
 -Red
 -Sugar Baby
 -Yellow