

MOTHER'S FRESH JUICE BAR



Mother's is proud to offer you the freshest juice in town! Made with your health in mind, we use only the freshest fruit & vegetables and seasonally organic when available! 4 locations to serve you!

Costa Mesa
225 E. 17th St.
949-631-4741

Huntington Beach
19770 Beach Blvd.
714-963-MOMS(6667)

Irvine
2963 Michelson
949-752-MOMS(6667)

Laguna Woods
24165 Paseo de Valencia
949-768-MOMS(6667)

FRESH SQUEEZED JUICES

Organic

Apple	... 8oz. 1.95	... 16oz. 3.75	... 32oz. 6.95
Grapefruit	... 8oz. 1.75	... 16oz. 2.95	... 32oz. 5.95
Orange	... 8oz. 1.75	... 16oz. 3.25	... 32oz. 5.95
Carrot	... 8oz. 1.50	... 16oz. 2.75	... 32oz. 4.95

Commercial

Grape	... 8oz. 2.25	... 16oz. 3.75	... 32oz. 6.95
Pineapple	... 8oz. 2.75	... 16oz. 4.95	... 32oz. 8.50

Wheatgrass	... 1oz. 1.25	... 2oz. 2.25	... 4oz. 3.95
Aloe Vera juice		... 2oz. .75	... 4oz. 1.25
Ginger Shot (1oz. ginger + 3 oz. Pineapple)			... 4oz. 1.75

CARROT JUICE COMBINATIONS

Choose up to five items to be combined with carrot juice.

Apple	Cabbage	Garlic	Parsley
Beet	Celery	Ginger	Spinach
Bell Pepper	Chard	Lemon	Tomato
Broccoli	Cucumber	Kale	Zucchini

Carrot Blend	8oz. 1.75	16oz. 3.25	32oz. 5.95
Vegetable Blend (Non-Carrot)	8oz. 1.95	16oz. 3.75	32oz. 6.95
* Seasonal Organic Blend	8oz. 2.25	16oz. 3.95	32oz. 7.25

*(Ask for today's selections)

FRESH JUICE BLENDS

16oz. 32oz.

Beauty Express

Carrot, apple, spinach and parsley

... 3.25 / 6.00

Beet Me Up

Carrot, beet, spinach, parsley and garlic

... 3.25 / 6.00

Cleansing Cocktail

Carrot, apple, beet and ginger

... 3.25 / 6.00

Cold Comfort

Carrot, ginger, garlic and cayenne pepper

... 3.25 / 6.00

Cool Cucumber

Cucumber, celery, zucchini and bell pepper

... 3.75 / 7.00

Facial Express

Pineapple, cucumber and apple

... 3.95 / 7.40

Garden Salad Special

Carrot, celery, broccoli, green pepper and garlic

... 3.25 / 6.00

Green Goddess

Carrot, apple, celery, cucumber and spinach

... 3.25 / 6.00

Popeye's Blend

Carrot, spinach and apple

... 3.25 / 6.00

Pumping Iron

Carrot, apple, beet and green pepper

... 3.25 / 6.00

Super Cleansing Cocktail

Carrot, apple, celery, beet, wheatgrass and parsley

... 4.75 / 9.00

Wake Up Call

Orange, lemon, honey, bee pollen, ginseng and ice

... 3.95 / 7.40

MORE FRESH JUICE BLENDS

Boysenberry Lemonade ... 8oz. **2.25** ... 16oz. **3.50**

Grapes, apples, lemons and boysenberry jam blended with ice

Detox Shock ... 8oz. **3.25**

Apple juice, wheatgrass, lemon and ginger

Ginger's Ale ... 16oz. **3.75**

Lemon, ginger, grapes and sparkling water

Ginger Snap ... 16oz. **3.50**

Apple, ginger and lemon blended with ice

Ma's Homestyle Lemonade ... 8oz. **1.75** ... 16oz. **2.95**

Lemons, grapes and apples

EXTRAS EXTRAS 1.00 each serving

All One rice base

Alta Dena plain yogurt

Apple boysenberry juice

Banana

Bee Pollen

Carob Chips

Chocolate

Chocolate Chips

*Choline Cocktail

Coconut, shredded

Date

* Designer vanilla protein

Espresso

Flax seed oil

Fresh fruit

Hi Pro granola

Lecithin

Pineapple coconut juice

Pineapple, fresh

Protein powder(dairy or non-dairy)

Raw almonds

Ginseng

Spirulina

Ultimate Meal

Vegetable soy protein

Vitamin C powder

Whey pumped

* Contains aspartame

MA'S ORIGINAL SHAKES

16oz. 32oz.

... **4.25 / 8.00**

Choose your base:

- Honey vanilla ice cream
- Non-dairy vanilla Rice Dream
- Non-dairy vanilla Soy Dream
- Non-fat frozen yogurt

Choose your milk:

- Milk
- Soy milk
- Rice Dream

Choose up to 2 flavors:

Banana, Blueberry, Boysenberry, Carob, Chocolate, Dates, Peach, Peanut Butter, Strawberry

SPECIALTY SHAKES

- Choose your base and/or milk: • Honey vanilla ice cream
• Non-dairy vanilla Rice Dream • Non-dairy vanilla Soy Dream
• Non-fat frozen yogurt and/or • Milk • Soy milk • Rice Dream
- | | 16oz. | 32oz. |
|--|----------|-------|
| Carob Dream | ... 4.25 | 8.00 |
| Peanut butter and carob powder with your choice from above | | |
| Carrot Cake | ... 4.75 | 9.00 |
| Carrot, dates and pineapple/coconut juice with your choice from above | | |
| Chai | ... 4.25 | 8.00 |
| Chai tea with your choice from above | | |
| Chocolate Banana | ... 4.25 | 8.00 |
| Banana and chocolate chips with your choice from above | | |
| Chocolate Coffee | ... 4.75 | 9.00 |
| Espresso and ground chocolate chips with your choice from above | | |
| Dream Date | ... 4.25 | 8.00 |
| Dates and carob powder with your choice from above | | |
| Hawaiian Coconut | ... 4.50 | 8.50 |
| Pineapple/coconut juice and shredded coconut with your choice from above | | |
| Joyful Almond | ... 4.95 | 9.40 |
| Chocolate chips, almonds and coconut with your choice from above | | |
| Mint & Chip | ... 4.25 | 8.00 |
| Mint extract and chocolate chips with your choice from above | | |
| Mounds Bar | ... 4.50 | 8.50 |
| Chocolate chips and coconut with your choice from above | | |
| Sweet Energy | ... 4.95 | 9.40 |
| Espresso, peanut butter, Designer protein powder and chocolate syrup with your choice from above | | |
| Tropical Paradise | ... 4.75 | 9.00 |
| Pineapple/coconut juice, orange juice and banana with your choice from above | | |
| 50/50 | ... 4.25 | 8.00 |
| Orange juice with your choice from above | | |