DMG Family

Aller DMG
A dietary supplement to relieve respiratory and nasal discomfort and skin irritation.*

Immuno DMG
A dietary supplement to support immune system function.*

Cardio DMG
A dietary supplement to support heart and circulatory functions and maintenance of homocysteine and cholesterol within normal ranges.*

Neuro DMG
A dietary supplement to support brain and neurological functions.*

Behavior Balance DMG
A phenol free dietary supplement to support balanced behavior, social interactions, immune system function, and manage stress.*

Energy Now
A dietary supplement to support athletic performance, endurance and brain function.*

Libido
A dietary supplement for men and women to support healthy sexual drive, pleasure and function.*

Superior Oranges
A delicious energy drink mix to support endurance and cognitive function.*

Superior Reds
A High ORAC Blend, Antioxidant Supplement to support brain, heart, liver, immune system health and energy levels.*

Superior Greens
A dietary supplement to support detoxification functions.*

Gluta DMG
A dietary supplement to support the immune system, liver functions and muscle recovery.*

Fibro DMG
A dietary supplement to support muscle and immune system functions, proper mood balance, and stress management.*

Ultimate Care
A vegetarian multi-vitamin/mineral formula with a full spectrum of nutrients not found in other multiples.

Sea Mussel Plus
A dietary supplement to support proper joint and connective tissue functions.*
DMG: The Benefits are Endless.

• A dietary supplement to support immune system, circulatory, cardiovascular and neurological functions, muscle recovery and endurance.*

• Aangamik® DMG is an adaptogen that can be used to maintain good health and benefit performance and productivity.*

• As a metabolic enhancer, DMG supports the body in times of stress, throughout the aging process, and during immune system challenges.*

• DMG is an intricate part of human metabolism and has been used in the health field as a nutritional supplement for over 25 years.

• Research and clinical experience has shown that DMG supplementation supports:
  ♦ Physical and mental performance.*
  ♦ Oxygen utilization.*
  ♦ Strengthening of both arms of the immune system, including antibody, lymphocyte and cytokine production.*
  ♦ Detoxification, especially in the liver.*
  ♦ Circulation and vascular health.*
  ♦ Glucose and fat metabolism.*
  ♦ Blood pressure, cholesterol, triglycerides, and homocysteine levels within normal ranges.*
  ♦ Physical and mental energy levels by reducing lactic acid build-up during periods of stress.*
  ♦ Mental alertness and brain function.*
  ♦ Overall body health by acting as an indirect methyl donor and providing useful building units for the biosynthesis of vitamins, hormones, neurotransmitters, antibodies, and nucleic acids.*

• Aangamik® DMG has been awarded 3 U.S. Patents in the area of immune response.

Supplement Facts
Aangamik® DMG 125 mg Sublingual
As a dietary supplement, dissolve 1 tablet under tongue, 3 times daily.
Each foil wrapped tablet contains:
N,N-Dimethylglycine 125 mg
Other ingredients: none.

Aangamik® DMG 250 mg Chewable
As a dietary supplement, take 1 chewable tablet, once or twice daily.
250 mg Chewable Tablet
Each chewable tablet contains:
N,N-Dimethylglycine 250 mg
Other ingredients: xylitol, stearic acid, malic acid, silicon dioxide, vegetable stearate.

Aangamik® DMG 500 mg Chewable
As a dietary supplement, take 1 chewable tablet, once or twice daily.
Each chewable tablet contains:
N,N-Dimethylglycine 500 mg
Other ingredients: xylitol, malic acid, natural cherry flavor, zeaxanthin, vegetable stearate, silicon dioxide.

Aangamik® DMG 300 mg Liquid
Each ml contains:
N,N-Dimethylglycine 300 mg
(Each drop equals 15 mg of DMG)
Suggested Use: As a dietary supplement the following is recommended:
Age: Maintenance: Active:
Under 2 yrs 3-5 drops daily 5 drops twice daily
2-5 yrs  6 drops daily  0.5 ml twice daily
5-12 yrs  0.5 ml daily  1.0 ml twice daily
12 yrs - adult 1.0 ml daily  1.0 ml 2-4 times daily

Other ingredients: purified water.

300 mg Liquid
0300592.002 ( 2 fl oz/ 60 ml Liquid)

• Warning: If you are pregnant or nursing, consult your health care practitioner before taking these or any nutritional products.

Sold Exclusively Through Retailers.

1-800-874-9444 • www.foodscienceofvermont.com
Aller-DMG™

- A Dietary Supplement to Relieve Respiratory and Nasal Discomfort and Skin Irritation.*

Aller-DMG™:
- Supports proper respiratory function.*
- Contains 5 ingredients to maintain histamine levels within normal ranges.*
- Supports healthy balanced immune system function and contains 5 potent antioxidants.*

A dietary supplement recommended for:
- Itchy eyes, skin, and nose*
- Runny or stuffy nose*
- Red, splotchy skin*
- Discomfort associated with respiratory dysfunction or skin irritation*

Histamine Support
- Quercetin is a potent water-soluble bioflavonoid that is readily absorbed and utilized by the body. It helps support cell membrane strength making them less reactive to irritants.* Quercetin may help reduce the intensity of allergic reactions by supporting histamine within normal ranges.*
- Bromelain helps support those with swelling and discomfort.* It supports the absorption of quercetin; and together quercetin and bromelain work to help support comfort in those with respiratory and skin concerns.
- Perilla Seed Extract (yielding Polyphenols, Rosemarinic Acid and Luteolin) support histamine levels within normal ranges.* Together the active components of Perilla seed help reduce discomfort associated with the aspects of histamine release including skin irritation, redness, sneezing, stuffy nose, overproduction of phlegm, skin and eye irritation, and runny nose.*
- N-Acetyl Cysteine to support lung tissue and help break up mucus*
- Grape Seed Extract contains proanthocyanidins, which are powerful water-soluble bioflavonoid that act as antioxidants and natural antihistamines within the cell. * Proanthocyanidins also help alleviate the discomfort associated with respiratory dysfunction by reducing histamine release and relieving swelling.*
- Vitamin C helps to regulate the production of histamine.* Together with Quercetin, these two supplements help to support the reduction of histamine levels and minimize discomfort associated with allergic responses.*

Antioxidant & Immune Support
- Dimethylglycine is an antioxidant that supports the proper function of the immune and respiratory systems.*
- Grape Seed Extract (yielding proanthocyanidins) is an antioxidant that supports Comfort and proper histamine levels.*
- Quercetin is a natural antioxidant that may also help enhance the effectiveness of Vitamin C to help support the immune response and respiratory system.*

Aller-DMG Advantage
- N-Acetyl Cysteine (NAC) is a non-essential, free form amino acid. It’s been shown to have antioxidant properties and is a precursor to the production of glutathione, a powerful antioxidant. NAC also helps to break down mucus in the respiratory tract, supports lung tissue and helps activate immune cells to support immune cell activity.*
- No other formula on the market combines all of these well-researched nutrients into one great formula to help support respiratory function and comfort.*

Aller-DMG™ Supplement Facts
Serving Size: 1 Tablet
Amount Per Serving
- Vitamin C (as Calcium Ascorbate) 250 mg
- Quercetin 250 mg
- Bromelain (600 GDU/g) 250 mg
- N-acetyl Cysteine 200 mg
- Grape Seed Extract 150 mg
- N,N-Dimethylglycine HCl 100 mg
- Perilla (Perilla frutescens) Seed Extract 75 mg
  - yielding: Polyphenols (3%) 2.5 mg
  - Rosemarinic Acid (1.5%) 1.13 mg
  - Luteolin (0.1%) 75 mcg

Other ingredients: microcrystalline cellulose, stearic acid, croscarmellose sodium, vegetable stearate, silicon dioxide, hydroxypropyl methylcellulose, titanium dioxide, polyethylene glycol.

Warning: If you are pregnant or nursing, consult your health care practitioner before taking these or any nutritional product.

- Suggested Use: As a dietary supplement, take 1 tablet, 2 to 3 times daily between meals.

Sold Exclusively Through Retailers.
0300413.060 (60 Vegetarian Tablets)
BEHAVIOR BALANCE-DMG™ LIQUID AND CAPSULES

- Behavior Balance-DMG™ is a phenol free dietary supplement to support balanced behavior, social interactions, immune system function, and manage stress.*

Recommended for:
- Balancing behavior and socialization skills.*
- Helping to cope with stress.*
- Improving mental clarity.*
- Supporting immune system functions.*

Behavior and Social Skills Support:
- Dimethylglycine (DMG) has been reported to modify and improve behavior, eye contact, social interaction, verbal skills, mental alertness, brain function, and may reduce lethargy.* It is a precursor to many amino acids and neurotransmitters that aid in brain and nerve function.*
- Betaine (trimethylglycine) helps improve behavior, increase social interaction, improve circulation, normalize amino acid metabolism, and protects the liver from fat deposits.* Betaine is a precursor to DMG.
- Vitamin B6 supplementation results in improved behavior, better eye contact, less involuntary physical action, and more interest in participation.*
- Folic acid helps in the metabolism of the amino acids used by the brain and may improve symptoms associated with attention deficit.*
- Vitamin B12 enhances sleep patterns, and improves production of the neurotransmitter acetylcholine, which assists in memory and learning.*

Stress Management and Mental Clarity:
- Magnesium is a mineral that improves cognitive function and is essential for normal brain and nervous system functions.*

Immune System Support:
- DMG helps the body adapt to various forms of stress and supports the immune system.* Three U.S. Patents on DMG have been awarded to FoodScience* based on 20 years of extensive research into the benefits on DMG.
- Zinc promotes a healthy immune system, and helps fight the formation of free radicals.*
- Available in an easy to swallow enteric coated vegetarian capsule or a great tasting cherry flavored liquid.
- Behavior Balance-DMG capsules also contain Vitamin E and L-Carnosine. These additional antioxidants help modulate the immune system and improve nerve transmission.*

Supplement Facts
Amount Per 2 Capsules
- Vitamin E (d-alpha tocopherol succinate) 16.66 IU
- Vitamin B6 (Pyridoxine HCl 50% and Pyridoxal 5-Phosphate 50%) 33 mg
- Folic Acid 266 mcg
- Vitamin B12 (Methylcobalamin) 10 mcg
- Magnesium (as Magnesium Aspartate) 17 mg
- Zinc (as Zinc Amino Acid Chelate) 1.66 mg
- Dimethylglycine HCl 133 mg
- L-Carnosine 133 mg
- Betaine HCl 67 mg
- Other ingredients: rice flour, vegetable cellulose, vegetable stearate, hydroxypropyl methylcellulose (enteric coating).

Suggested Use:
- Under 6 years: 2 capsules daily.
- 6-12 years: 2 capsules, twice daily.
- Over 12 years: 2 capsules, 3 or 4 times daily.

Supplement Facts
Amount Per 1/2 Tablespoon
- Vitamin B6 (Pyridoxal 5-Phosphate) 30 mg
- Folic Acid 400 mcg
- Vitamin B12 (Methylcobalamin) 10 mcg
- Magnesium (as Magnesium Malate) 30 mg
- Zinc (as Zinc Citrate) 1.5 mg
- Dimethylglycine HCl 200 mg
- Betaine HCl 25 mg
- Other ingredients: USP purified water, xylitol, natural black cherry flavor (phenol free), potassium sorbate, natural color (from red cabbage extract).

Suggested Use: Shake well before use.
- Under 6 years: 1/2 tablespoon daily.
- 6-12 years: 1/2 tablespoon, twice daily.
- Over 12 years: 1/2 tablespoon, 3 to 4 times daily.

Warning: If you are pregnant or nursing, consult your health care practitioner before taking this or any nutritional product.

Sold Exclusively Through Retailers.
- 0300414.120 (12 fl. oz. Natural Cherry Flavored Liquid)
- 0300415.120 (120 Enteric Coated Vegetarian Capsules)

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WEB: www.foodscienceofvermont.com E-MAIL: info@foodscienceofvermont.com PHONE: 1-800-874-9444 FAX: 802-878-0549
FSBEHD-1007
Cardio-DMG™

• Cardio-DMG™ is a dietary supplement to support heart and circulatory functions and maintenance of homocysteine and cholesterol within normal ranges.*

Now with:
• TMG (trimethylglycine/betaine) at 500 mg
• Higher levels of the most active forms of Vitamin B12 (methylcobalamin) at 500 mcg
• Vitamin B6 (pyridoxal-5-phosphate) at 30 mg
• Folic Acid (Calcium Folate) at 400 mcg

Recommended For:
• Methylation and Remethylation*
• Homocysteine Metabolism*
• Maintaining Cholesterol and Triglycerides Within Normal Ranges.*

About Methylation, Homocysteine & Remethylation
Methylation is connected to nearly every biochemical process in the body. It is required for the modification, synthesis and detoxification of many substances. Impaired methylation can be caused by excessive protein and fat intake, coffee, and alcohol consumption, smoking, suboptimal levels of vitamins B12, B6, and folic acid, lack of methyl groups and certain medications. This can result in abnormal cell production and elevated levels of homocysteine. Homocysteine is an amino acid produced in the body in the course of methionine metabolism. High levels may increase the potential for abnormal blood clotting and increased plaque formation in blood vessels. Remethylation occurs when methyl donors are used to recycle homocysteine back to methionine.

Homocysteine and Cholesterol Support:
• Dimethylglycine and Trimethylglycine are methyl donors that help maintain homocysteine levels within normal ranges by converting homocysteine to methionine.* They support circulation and oxygen utilization as well as blood pressure, cholesterol and triglyceride levels within normal ranges.*
• Vitamin B6 (PSP) in its most active form helps to convert homocysteine to cysteine, dilate small arteries and protects the heart by decreasing edema (reducing water content in tissues) to relieve pressure on the cardiovascular system.* It’s a cofactor for over 60 different enzymatic reactions in the body, and is needed for proper metabolism of fat and cholesterol.*

• Vitamin B12 and Calcium Folate (the most active form of Folic Acid) help to convert homocysteine to methionine, are needed for the formation of red blood cells and support capillary blood flow.*
• Zinc is necessary for an enzyme which converts homocysteine into methionine using TMG as a methyl donor.*

Heart and Circulatory Support:
• L-Carnitine helps maintain triglyceride levels within normal ranges by transporting fatty acids through the blood to mitochondria where it’s converted to ATP (energy).*
• Coenzyme Q10 helps to increase cellular energy within the heart and strengthen the heart muscle.*
• Magnesium supports heart rate, regulates electrical activity, maintains normal blood thickness, strengthens the heartbeat, supports proper muscle tone, and maintains the integrity of blood vessel walls.*

Supplement Facts
Amount per Tablet
Vitamin B6 (Pyridoxal 5 Phosphate) 30 mg
Folic Acid 400 mcg
Vitamin B12 (Methylcobalamin) 500 mcg
Magnesium (as Magnesium Citrate) 50 mg
Zinc (as Zinc Citrate) 5 mg
TMG (Betaine Anthydrous) 500 mg
Dimethylglycine HCl 200 mg
L-Carnitine 100 mg
Coenzyme Q10 33.34 mg

Other ingredients: stearic acid, microcrystalline cellulose, vegetable stearate, croscarmelllose sodium, silicon dioxide, hydroxypropyl methylcellulose, titanium dioxide, polyethylene glycol.

• Warning: If pregnant or nursing, consult your health care practitioner before taking this or any nutritional product.

• Suggested Use: As a dietary supplement, take 1 tablet 3 times daily between meals.

• Sold Exclusively Through Retailers.

0300416.090 (90 Vegetarian Tablets)

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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1-800-874-9444 • www.foodscienceofvermont.com
**Energy-Now™**

- A dietary supplement to support athletic performance, endurance and brain function.*
- Enteric coated so that the nutrients are released in the small intestine for optimal absorption.*
- Is all natural prolonged release vegetarian tablet with no stimulants.

**Energy-Now™:**
- Is designed for athletes or anyone looking for more energy.*
- Provides key nutrients necessary to combat physical and mental fatigue, stress, and poor performance.*
- Has been used by many dieters on reduced calorie programs to maintain optimal energy levels and to burn fat more efficiently.*
- Is a synergistic combination of that supports physical energy, mental alertness, muscle metabolism, adrenaline production, and fat metabolism.*
- Dimethylglycine (DMG), Magnesium, and Ginkgo are important factors for energy support.* DMG is a building block for many important substances, such as creatine, which produces phosphocreatine, a high-energy phosphate in muscles that maintains ATP levels needed for muscle contraction.* Many studies show that DMG helps the body to adapt to increased physical activity.* It reduces blood lactate levels, increases oxygen utilization, and decreases muscle fatigue.* DMG supports use of oxygen by muscles, improves circulation, provides protection against free radical damage, and helps to reduce lactic acid levels in muscles during strenuous activity.* Magnesium has been added because it is an essential co-factor for the body’s energy production processes.*
- Ginkgo Biloba leaves contain bioflavanoids called ginkgo flavone glycosides that act as free radical scavengers to protect cell membranes in the brain and other tissues, increase uptake and utilization of oxygen and glucose, help regulate nerve transmission, and support improved memory and proper mood balance.* Ginkgo Biloba extract in Energy-Now™ is standardized to yield 24% (4.8 mg) ginkgo flavone glycosides per tablet.
- Choline, Betaine, and Methionine are methyl donors necessary for metabolism, adrenaline, hormone production, and detoxification. Supporting methyl transfer reactions in the body help increase physical energy.* Methyl donation is important in the production of adrenaline and glucose metabolism.* The methyl donors in Energy-Now™ keep the body from running short on available methyl groups.* Choline, lecithin, inositol, and methionine are also essential for fat metabolism, protection of the liver, and to keep cholesterol levels within normal ranges.*
- L-Glutamine is an amino acid that helps to reduce fatigue and mental confusion by reducing ammonia build-up in the brain.* Aspartic Acid is one of the brain’s free amino acids, and helps to increase mental alertness.*

### Supplement Facts Panel

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<thead>
<tr>
<th>Amount per Tablet</th>
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<tbody>
<tr>
<td>Vitamin C</td>
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<td>Vitamin B6</td>
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<td>Folic Acid</td>
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<td>Vitamin B12</td>
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<td>Pantothenic Acid</td>
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<td>Dimethylglycine HCl</td>
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<td>Ginkgo Biloba Leaf Extract</td>
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<td>Lecithin</td>
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<td>Choline</td>
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<td>Inositol</td>
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<td>Betaine Hydrochloride</td>
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<td>PABA (para-aminobenzoic acid)</td>
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<td>Aspartic Acid</td>
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<td>DL-Methionine</td>
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<td>L-Glutamine</td>
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Other ingredients: calcium carbonate, stearic acid, magnesium oxide, cellulose, calcium pantothenate, calcium ascorbate, magnesium and potassium aspartates, vegetable stearate, calcium sulfate, silica, hyproxypropyl methylcellulose, talc, titanium dioxide.

- **Suggested Use:** As a dietary supplement, take 1 tablet with breakfast and 1 tablet with lunch.
- **Allergy Information:** This product contains lecithin (from soy).

- **Sold Exclusively Through Retailers.**
  
  0300381.060 (60 Tablets)
  0300381.120 (120 Tablets)

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FIBRO-DMG™

- A dietary supplement to support muscle and immune system functions, proper mood balance, and stress management.*

- It is an advanced nutritional supplement that combines our multi-patented N,N-Dimethylglycine (DMG) with Malic Acid, GABA, NADH, serratiopeptidase, and Magnesium.

- It is nutritional support for those with compromised immune systems, muscle discomfort, fatigue, trouble sleeping and mood swings.*

**Recommended to:**
- Reduce muscle discomfort*
- Reduce lactic acid levels*
- Support muscle energy and recovery*
- Support proper mood balance*
- Help the body cope with stress*
- Support muscle and immune system functions*
- Promote a better nights sleep*

- **DMG** supports use of oxygen by muscles, improves circulation, provides protection against free radical damage, and helps to reduce lactic acid levels in muscles during strenuous activity.* DMG decreases muscle discomfort by reducing lactic acid levels that are increased by stress.* It is a precursor to many amino acids and neurotransmitters that help with nerve function.* It is a building block for many important substances, such as creatine, which produces phosphocreatine, a high-energy phosphate molecule found in muscles that maintains ATP levels needed for muscle contraction.*

- **Serratiopeptidase** is a proteolytic enzyme that helps to maintain prostaglandin levels within normal ranges.* It also supports muscle and joint comfort by digesting protein messengers in pain signaling pathways.*

- **Magnesium Malate** helps reduce muscle discomfort and aids in Malic Acid utilization.* Magnesium is a mineral that is essential for proper muscle, brain, and nervous system functions.*

- **Malic Acid** is necessary for glucose metabolism, which is important for nourishing muscles and nerves.* Malic Acid increases ATP production because it is a vital component of the Krebs Cycle.* Malic Acid supports mindset and helps reduce muscle discomfort.*

- **GABA (Gamma-amminobutyric acid)** is an amino acid that acts as an inhibitory neurotransmitter keeping nerve cells from becoming over active.* GABA is needed for proper brain function.* As the brain’s natural relaxer; it quiets nerves, reduce muscle tension, and supports proper sleep patterns.*

- **NADH (Nicotinamide adenine dinucleotide)** is involved in the Krebs Cycle that is the main source of cellular energy for the body.* It provides antioxidant protection, supports the production of L-Dopa, and supports mental function.*

**Supplement Facts**

Each tablet contains:
- Magnesium (as Magnesium Malate) 50 mg
- Dimethylglycine HCl 300 mg
- Malic Acid 200 mg
- Gamma-aminobutyric acid (GABA) 150 mg
- Serratiopeptidase (10,200 Units) 85 mg
- Nicotinamide adenine dinucleotide (NADH) 5 mg

Other ingredients: microcrystalline cellulose, stearic acid, vegetable stearate, carboxymethyl cellulose, silicon dioxide, hydroxypropyl methylcellulose, titanium dioxide, polyethylene glycol.

**Warning:** If pregnant or nursing, consult your health care practitioner before taking this product.

**Vegetarian tablets** are yeast free.

**Suggested Use:** As a dietary supplement, take 1 tablet, 3 times daily between meals.

**Sold Exclusively Through Retailers.**

0200417.090 (90 Vegetarian Tablets)

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Immuno-DMG™

• A dietary supplement to support immune system function.*

• An advanced nutritional supplement that combines 8 powerful nutrients including N,N-Dimethylglycine (DMG) and Larch Tree. It also includes a purified D-fraction from Maitake Mushroom and Beta 1,3 Glucans along with Vitamins C, E and Zinc.*

• Designed specifically for anyone who would benefit from immune system support.*

About the Nutrients:

• DMG, according to numerous studies, can help maintain a strong immune system by supporting increased resistance to invading microorganisms and supporting antibody and lymphocyte production.*

• Larch Tree (Larix Laricina) is a time-tested source of Arabinogalactans, which support the immune system in its production of immune cells and limiting unhealthy cell replication.*

• Maitake mushroom is a highly concentrated source of Beta-1,6-Glucans which research has found supports the body’s first line of defense, including macrophages and natural killer cells.*

Maitake D-Fraction® has been extensively researched, and is one of the most comprehensive immune support ingredients available.* It is the only Maitake ingredient that has been approved by the FDA for conducting phase 2 clinical studies (IND #54,589).*

• Beta-1,3-Glucans are shown to support the activation of B-Cells and T-Cells.* Although derived from yeast there are no yeast proteins in it. The Beta Glucans are made from the cell walls of baker’s yeast, which is then purified, and free of allergenic material.

Supplement Facts
Serving Size: 1 Tablet
Each Serving Contains
- Dimethylglycine HCl 300 mg
- Maitake PD-Fraction® Powder (Grifola frondosa) 17 mgs
  Yielding: D-Fraction® 5 mg
- Larch Tree (Larix laricina) 227 mg
- Arabinogalactan Powder 100 mg
- Beta 1,3 Glucan (from baker’s yeast cell walls) 100 mg

Other ingredients: microcrystalline cellulose, stearic acid, vegetable stearate, croscarmellose sodium, silicon dioxide, hydroxypropyl methylcellulose, titanium dioxide, polyethylene glycol.

Warning: If you are pregnant or nursing, consult your health care practitioner before taking this or any nutritional product.

• Caution: Discontinue use two weeks prior to surgery.

• Suggested Use: As a dietary supplement, take 1 tablet, 3 times daily.

Maitake PD-Fraction® and D-Fraction® are registered trademarks of Mushroom Wisdom, Inc.

• Sold Exclusively Through Retailers.

0300418.090 (90 Vegetarian Tablets)

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.
Neuro-DMG™

- A dietary supplement to support brain and neurological functions.*
- Neuro-DMG™ is designed specifically to maintain and support concentration, focus and memory.*

Neuro-DMG™ Supports:
- Cellular energy levels in the brain*
- Cognitive function*
- Memory recall*
- Mental alertness*
- Nerve conduction*
- Neurotransmitter production*
- Oxygen uptake by brain cells*

About The Formula:
- DMG supports circulation and oxygen utilization in the brain, mental alertness and brain function.* DMG is a precursor to many amino acids and amino alcohols that aid in brain function and it also provides precursors to neurotransmitters that help with nerve function.* DMG acts as an adaptogen enhancer by reducing symptoms associated with physical, emotional and environmental stressors.*
- Glutamine is an amino acid that supports mood, mental clarity, and memory, provides nutrition to brain cells, decreases damaging ammonia levels in the brain, and increases GABA production needed for proper brain function.*
- Acetyl L-Carnitine, a derivative of the amino acid carnitine, supports nerve function, neurotransmitter production, and is necessary for normal neuron and brain function, memory, mood, alertness, attention span and problem solving.* Carnitine is involved in long chain fatty acid metabolism and transport to provide cellular energy.*
- Phosphatidylcholine is a stable source of choline that supports proper nerve and brain function, circulation, is needed for proper nerve transmission from the brain through the central nervous system, and increases noradrenaline and dopamine which supports learning and memory.* Choline is essential in manufacturing Acetylcholine, a very important neurotransmitter for memory recall and brain function.*
- Phosphatidylserine (PS) affects the neurotransmitters that effect memory, is a component of the cell’s membrane and a major phospholipid in the brain and nervous system.* It supports nerve cells, releases neurotransmitters (acetylcholine and dopamine) in the brain to support cognition and memory.* PS has a positive impact on behavior, is needed for proper metabolism of fatty acids, and to maintain a healthy immune system.*
- Manganese is needed for proper protein and fat metabolism and the healthy functioning of the nerve and immune systems.* Manganese has a significant role in cerebral function because it is a critical mineral used in glucose utilization within neurons and neurotransmitter control.* Manganese improves energy production and helps maintain proper neuron health.*
- Magnesium Aspartate helps to maintain proper brain and nerve function and support ATP production to provide energy for the brain, cognition, and proper utilization of choline.* Aspartic acid is an amino acid that supports stamina by reducing fatigue and low mood states and it functions as a neurotransmitter to facilitate nerve impulse transmission.*

Supplement Facts
Amount per 1 Tablet
Magnesium (as Magnesium Aspartate) 10 mg
Manganese (as Amino Acid Chelate) 1 mg
Dimethylglycine HCl 250 mg
Glutamine 200 mg
Acetyl-L-Carnitine 175 mg
Phosphatidylserine 100 mg
Phosphatidylcholine 50 mg

Other Ingredients: microcrystalline cellulose, stearic acid, vegetable stearate, croscarmellose sodium, silicon dioxide, hydroxypropyl methylcellulose, titanium dioxide, polyethylene glycol.

- Allergy Information: This product contains nutrients from soy.
- Warning: If you are pregnant or nursing, consult your health care practitioner before taking this or any nutritional product.
- Suggested Use: As a dietary supplement, take 1 tablet, 3 times daily.
- Sold Exclusively Through Retailers.

0300419.090 (90 Vegetarian Tablets)

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.