



Start simply. Walking is a good way to get and stay fit!

## Get Moving!

Brighter Day will support you with good food *and* great deals on supplements.

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**Bluebonnet**  
**Whey Protein Isolate**  
**20% Off MSRP**



Extreme Edge Sports Nutrition

**20% Off MSRP**



**20% Off MSRP**

Got pain? Explore TopTrack at [www.topricin.com](http://www.topricin.com)



**Add More Greens!**

**50-60% Off MSRP**

**Powders-Caps-Bars**

- Protein & Greens Cans, Boxes, Bars
- Orac Energy Greens Cans, Boxes, Caps
- Slimming Greens • Maca Up • Multis



**Plus 40% Off These Herb Caps**

- Eleuthero • Garcinia
- Grape Seed • Red Panax Ginseng • Triphala
- Collagen Ext • Forskollin

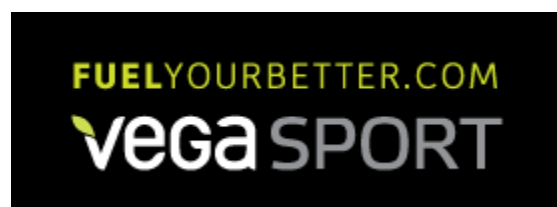
LABORATOIRES  
**BOIRON**

World Leader in homeopathy!

**30% Off MSRP**

Arnica & calendula creams, gels, ointments & more

(Explore MEDICINE FINDER at <http://www.boironusa.com>)



**Prepare Sustain Recover**  
**All Sports Products on Sale!**

**30% Off MSRP**

### **5 Reasons to Walk:**

- ▲ Maintain Healthy Weight
- ▲ Prevent or Manage Heart Disease, High Blood Pressure, Diabetes
- ▲ Improve Balance & Coordination
- ▲ Strengthen Bones & Muscles
- ▲ Improve mood