



**\$35.00 1 Hour
Massage
April 2010 Only
Washington Root
Diggin'**

**Please welcome Kathryn Smith, LMT to
our Washington Root Diggin' Store!
To celebrate, she is offering a 1 hour
massage for only
\$35.00**

**Massage offer only
good April 2010
636-390-8777**

Embracing Change, Inc.
Counseling, Life Coaching & Ceremony
Holly Stratton Schmitt
Washington Healing Arts Center
426 E. 5th St. Washington, MO 63090
636-239-1117
Everyone needs a
little coaching!
Life Coaching
Located inside Washington
Healing Arts



**Does your supplement bottle
have a nutrition label.
This one does-it means it is
classified as food!**

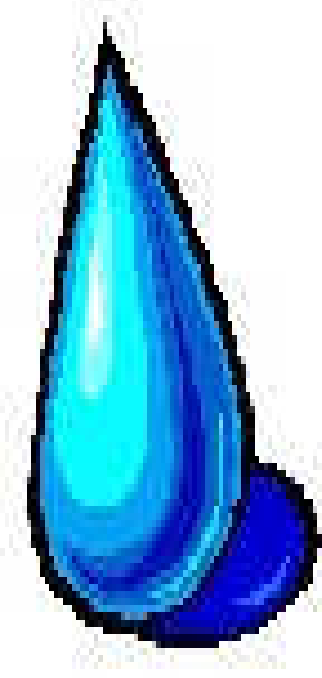
**Delivered right to
your door!
Pay for monthly!**

*Reverse Osmosis
system and Water
Softener on display
at our Washington
Store.
Stop by today, we
will be happy to
help.*

FREE Water Testing!
Stop by either of our locations and pickup
a bottle to use for your free water test.
Schaefer Water will test your water for
free and call you with the results. Don't
assume your water is pure, find out for



FREE today!



**Quit Smoking . Eliminate Bad Habits
Manage Stress . Fears . Pain . Weight**
Hypnosis
Joan Nolting, CH EFT Practitioner
636-239-7655 www.NoltingHypnosis.com

**Our building
at 55 S. Main
in St. Clair is
FOR SALE
or Month to
Month Lease**

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Easier and Less
Stressful**




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**FREE
WATER TEST**

**Please
contact
Tracie at
636-629-7776
for details!**