Our Story
Nature’s Food Patch was founded in 1987 by Mr. Amort after being diagnosed with cancer. He decided to fight the cancer by living a macrobiotic lifestyle. With his desire and passion in wanting to help others improve their health, he decided to buy and refurbish the Clearwater Community Co-op (est. 1976)... and The Patch was born! For 35 years, his enthusiastic support for the natural foods movement lives on. His children preserve his legacy by continuing to inspire our community through knowledge and providing better nutrition for a healthier lifestyle.

“The quality Mother Nature intended for your good health”
- Mr. Amort

Nature’s Food Patch is not affiliated with any religion or religious organization. The Patch embraces people of all races, cultures, countries of origin, sexual orientations, genders, abilities & religions.

Buy one, get one free!

Dr. Praeger’s
Veggie Burgers
All 10 OZ Varieties
Reg $5.59 ea

Dr. Praeger’s
Veggie Cakes
All 10 OZ Varieties
Reg $5.79 ea

Annie’s
Macaroni & Cheese
All 6 OZ Varieties
Exc. Organic
Reg $2.99 ea

Woodstock
All Natural Charcoal
Lump Hardwood
8.8 LB
$9.49
Reg $13.59

Woodstock
Organic Pickles
Kosher Dill Spears
24 FL OZ
$4.79
Reg $6.99

Sorbabes
Gourmet Sorbet
All Varieties
PINT
$4.49
Reg $6.09

Ah!Laska
Organic Chocolate Syrup
Non-Dairy
22 FL OZ
$4.49
Reg $6.99

Kettle Brand
Party Size Potato Chips
All Varieties
13 OZ
$3.99
Reg $6.19

Cado
Avocado Dairy-Free Frozen Dessert
All Varieties
1 PINT
$5.99
Reg $8.99

Sales Good June 1 thru June 30, 2018. Some items & sales may not be available at both locations.
MEAT & SEAFOOD

All-Natural Pork Shoulder Country Ribs
$2.49
Reg $4.99/lb

All-Natural Boneless, Skinless Chicken Breast
$5.49
Reg $6.49/lb

Extra Large Peeled & De-Veined Cooked Shrimp
$24.99
Reg $31.99 (2 lb pkg)

Niman Ranch Pork Sausage All Varieties
$5.99
Reg $6.99 (12 oz pkg)

WINE & BEER

Cameleon Cabernet Sauvignon
$10.99

Running Duck White
$9.99

Crooked Thumb Grandpa Jack’s Pils 6 pk
$10.99

Organic Chicken or Turkey Hot Dogs
$5.99
Reg $6.99 (10 oz)

*shown prepared with some items not included
**DELI SPECIALS**

**BRAIN BOOSTER COFFEE**
It’s all the rage! All the healthy fats of grass-fed butter & organic coconut oil give you an energy boost!

**SWEET SUNRISE SMOOTHIE**
Brighten your day with refreshing coconut water blended with sweet honey, mango & strawberries.

**BLACKENED CHICKEN BBQ WRAP**
Goodbye to boring chicken...this wrap is next level! Juicy blackened chicken breast smothered in a special sauce of BBQ & Vegenaise, with shredded parmesan, crunchy coleslaw, fresh carrots & romaine.

*accompaniments & garnishes not included*
BULK SALES

Organic Thompson Raisins ................... $2.99
Organic Coconut Date Rolls ................. $3.69
Organic Coconut Fig Chunks ............... $7.49
Organic Sprouted Seed Mix ............... $7.99
Cashew Butter Krinkles ................... $7.99
Organic Raw Walnuts ....................... $9.99
Organic Dark Chocolate Ginger ............ $10.49
Organic Goji Berries ....................... $15.99

All bulk prices are by the pound.

CHEESE BOARD

Apollo’s Gift Lactose-Free Mozzarella Jack 6 oz $4.79
Reg $5.79 ea

Heini’s Amish Butter Cheese 8 oz $3.29
Reg $3.99 ea

Sierra Nevada Graziers Monterey Jack Cheese 8 oz $5.69
Reg $6.99 ea

accompaniments & garnishes not included
<table>
<thead>
<tr>
<th>Product</th>
<th>Price</th>
<th>Regular Price</th>
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<tr>
<td>Country Archer Beef Jerky</td>
<td>$4.49</td>
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<tr>
<td>Harvest Stone Organic Brown Rice &amp; Chickpea Crackers</td>
<td>2/$5</td>
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<tr>
<td>Pur Sugar-Free Chewing Gum</td>
<td>4/$5</td>
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<tr>
<td>Ice Chips Xylitol Candy</td>
<td>2/$6</td>
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<tr>
<td>Kaoka Organic Chocolate Bar</td>
<td>2/$5</td>
<td>$3.99 ea</td>
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<tr>
<td>Tony’s Chocolonely Chocolate Bar</td>
<td>2/$6</td>
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<td>Larabar Organic Superfoods Bar</td>
<td>2/$3</td>
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<td>Peace Cereal All Varieties</td>
<td>2/$7</td>
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<tr>
<td>Enjoy Life Crispy Grain &amp; Seed Bars</td>
<td>2/$7</td>
<td>$5.19 ea</td>
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<tr>
<td>Nature’s Path Organic Love Crunch Granola</td>
<td>$3.99</td>
<td>$6.29 ea</td>
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Lifeway Kefir
All Varieties
32 FL OZ
$3.79
Reg $4.99

Redwood Hill Farm Goat Milk Yogurt
All Varieties
6 OZ
2/$4
Reg $2.89 ea

Liberté Organic Yogurt
All Varieties
5.5 OZ
2/$3
Reg $2.59 ea

Siggi’s Yogurt Plain
24 OZ
$4.49
Reg $7.79

Nancy’s Organic Cottage Cheese
Cultured Lowfat
16 OZ
$4.99
Reg $7.59

Tofurky Deli Slices
All Varieties
5.5 OZ
$2.79
Reg $3.99

Califa Farms Dairy-Free Cold Brew Coffee
All Varieties
48 FL OZ
$3.99
Reg $6.89-$7.39

Hail Merry Snacks Chocolate Almond Butter Tart
3 OZ
$3.79
Reg $4.79
Wild Planet
Skipjack Wild Tuna
100% Pure Tuna or Sea Salt
5 OZ
2/$6
Reg $4.69

Ancient Harvest
Green Lentil & Quinoa Supergrain Pasta
8 OZ
$2.99

Near East
Rice Pilaf
All Varieties
6 OZ
2/$4
Reg $2.99 ea

Newman’s Own
Organic Balsamic Vinegar
16.9 FL OZ
$6.99
Reg $9.29

Newman’s Own
Organic Olive Oil
Extra Virgin
16.9 FL OZ
$9.99
Reg $13.39

Celtic
Sea Salt
Resealable Bag
Light Grey Celtic
.5 LB
2/$5
Reg $3.79 ea

Muir Glen
Organic Tomatoes
All Diced Varieties
14.5 OZ
5/$5
Reg $2.79 ea

Eden Foods
Crushed Tomatoes
All Varieties
25 OZ
$3.99
Reg $6.99
Harvest Bay
Coconut Water
Original
33.8 FL OZ
2/$6
Reg $4.99 ea

Buchi
Kombucha
All Varieties
12 FL OZ
2/$5
Reg $3.99 ea

WTRMLN
Watermelon
Water
Cold-Pressed
33.8 FL OZ
$6.99
Reg $11.19

Kevita
Organic
Probiotic
Tonic
All Tonic Varieties
15.2 FL OZ
2/$5
Reg $3.79 ea

San Pellegrino
Sparkling
Mineral Water
750 ML
$1.79
Reg $2.79

Annies's Homegrown
Organic
Macaroni & Cheese
All Varieties
6 OZ
2/$5
Reg $3.79 ea

Primal Kitchen
Vinaigrette
& Marinade
or Salad Dressing
All Varieties
8 FL OZ
$4.99
Reg $7.69

Rudi's
Organic
Hamburger Buns
All Varieties
18 OZ
$3.99
Reg $5.99

Woodstock
Organic
Ketchup
20 OZ
$2.99
Reg $4.49

Beetology
Organic
Juice
All Varieties
8.45 FL OZ
2/$5
Reg $3.99 ea
Naturtint
Permanent Hair Color
All Varieties
5.6 FL OZ
$11.49
Reg $17.99

Jason
Shampoo or Conditioner
Restorative Biotin
16 FL OZ
$6.99
Reg $10.59

Andalou
1000 Roses Shower Gel
All Varieties
8.5 FL OZ
$6.99
Reg $9.99

Every Man Jack
Men's Skin Care
All Varieties
25% off

Radius
Organic Toothpaste
All Varieties
3 FL OZ
$5.49
Reg $7.99

Derma E
Vitamin A Anti-Wrinkle Creme
4 OZ
$10.99
Reg $14.99

Crystal
Mineral Deodorant Body Spray
All Varieties
4 FL OZ
$3.49
Reg. $4.29-$4.79

All Terrain
Kids Eczema Cream
2 FL OZ
$7.49
Reg $9.99

Ecos
Hand Soap
All Varieties
17 FL OZ
$1.99
Reg $4.19

One with Nature
Triple Milled Mineral Bar Soap
All Varieties
7 OZ
$2.99
Reg $4.99
# Nature's Food Patch Calendar of Free Events

**June 2018**

Clearwater location only. Come early. Seating is limited! See Summary of Events at Customer Care for more information.

### Event Calendar

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<tr>
<th>Sunday</th>
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**Notes:**
- **Free Cooking Class** - Items already on sale or beer & wine no double discounts in-store only.
- **Happy Father’s Day**
- **July 3**
- **5 Secrets to Permanent Weight Loss**
- **July 18**
- **Energies of Food: Food as Medicine**
- **July 19**
- **Inflammation: A Real Hot Topic**
- **July 22**

**Additional Information:**
- The advice & informational content of our seminars do not necessarily represent the views of Nature’s Food Patch. Please consult your health professional for your personal medical condition.

**Disclaimer:**
- These statements have not been evaluated by the Food & Drug Administration. These products are not intended to diagnose, cure or treat any disease. Some items may not be available. Not responsible for typographical errors.