



Your Local Natural Foods Store



# December SPECIALS



If you have our Sunny Rewards card give us your email and receive eCoupons automatically!

## Holiday Fare

### Sierra Nevada Organic Jack Cheese

Located in Willows

Traditional, Baby Bella Mushroom, Garlic & Herb, Smokehouse, and Jalapeño

6oz

Regularly \$4.19

**2 for \$7**



### Sjaak's Organic Chocolates

Located in Petaluma

Dark or 'Melk' Truffles, and Nuts & Chews Assortments

9 Pc • Reg \$11.99

**\$2 OFF**



### Laura Chenel Goat Cheese

Located in Sonoma

Chabis, Chevre Logs, Medallions, and more!

**15% OFF**



### Straus Organic Ice Cream

Located in Marshall

Vanilla Bean, Dutch Chocolate, Mint Chocolate Chip,

Cookies & Cream, and more! Quarts

Regularly \$7.49

**\$1 OFF**



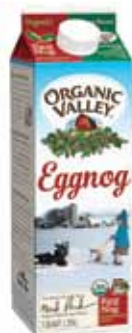
### Simple Mills Almond Flour Crackers

GLUTEN FREE

Sea Salt, Rosemary, Sundried Tomato & Basil, and more!

4.25oz Regularly \$6.59

**\$1 OFF**



### Organic Valley Organic Egg Nog

Made with fair-trade sugar, vanilla and nutmeg to highlight the organic milk, cream and eggs.

Quart • Regularly \$6.59

**\$1 OFF**



### Jeff's Naturals Olives

Located in American Canyon

Whole Castelvetrano, Feta Cheese Stuffed, Blue Cheese Stuffed and Pitted Organic Kalamata

Regularly \$6.99

**\$1 OFF**



### Charles de Fere Blanc de Blancs Brut

This sparkling wine has white fruit aromas with numerous fine bubbles. The palate is elegant, long lasting and well-balanced.

Imported from France 750ml Regularly \$12.99

**\$2 OFF**

## Comfort Food



### Amy's Bowls

Located in Petaluma

Broccoli Cheddar Bake, Country Cheddar, Pesto

Tortellini, Tortilla Casserole, & more!

Regularly \$6.39

**\$1 OFF**



### Pacific Organic Hearty Soups

Chicken & Wild Rice, Vegetable Lentil, Thai Sweet Potato, Chicken Noodle, Split Pea, and more!

17oz \$4.59-\$4.99

**\$1 OFF**

### Daiya Cheezy Mac

DAIRY FREE

Cheddar Style, Alfredo Style, and White Cheddar Style Veggie

Regularly \$6.19

**\$2 OFF**



### Nature's Path Organic Oats

Old Fashioned, Quick Oat, Steel Cut, Quick Cook Steel Cut

\$4.39-\$5.59

**20% OFF**

**WOW!**



### Traditional Medicinals Organic Teas

Located in Sebastopol

Throat Coat, Chamomile, Peppermint, Nighty Night, Ginger, and more!

16 Bags Regularly \$6.59

**30% OFF!**

Country Sun Coupon Expires 12/31/17

## Buy 1 • Get 1 Free! Barbara's Cheese Puffs

Original, Jalapeño, Baked, and Baked White Cheddar

\$3.99 Value • Limit 3



CASHIER ONLY # \_\_\_\_\_

Country Sun Coupon Expires 12/31/17



# FREE!

with purchase of \$20 or more

## Plantlife Bath Salts

Sore Muscle, Lavender, Stress Relief, Detox and more!  
Made with Celtic hand-harvested sea salt  
3oz • \$4.59 Value



After all discounts and coupons. Cannot be combined. One coupon per household per day.

## Holiday Bodycare



Andalou Naturals  
**Body Care**  
**LOTIONS & SHOWER GELS**  
1000 Roses, Lavender Thyme, Mandarin Vanilla, Citrus Verbena, and more!

**15% OFF**



### Badger Balms

Sleep, Hardworking Hands, Aromatic Chest Rub, Cuticle Care, and more!

.75oz & 2oz Tins

**15% OFF**



### Plantlife Soaps

Vanilla Orange, Sandalwood, Lavender, Patchouli, Oatmeal, Almond, Peppermint, and more!

4oz • Regularly \$4.59

**Sale \$3<sup>69</sup>**



### Nubian Heritage Bath Bombs

EFFERVESCENT!  
Coconut & Papaya, African Black Soap, Abyssinian Oil & Chia Seed, and more!

6's Regularly \$14.99

**\$3 OFF**

## Healthy Holidays



### Herbs Etc Deep Sleep

Herbal formula for a variety of sleep issues. Non-habit forming; has no side effects.\*

30, 60 & 120 SG's

**20% OFF**



### Jarro-Dophilus EPS

Eight different strains of probiotic bacteria. Enteric-coating protects from stomach acid. Room temperature stable.

5 Billion.\* 60 & 120 Caps

**20% OFF**



### Jarro B-Right

Carefully balanced low-odor B-complex formula with Methylcobalamin B12, Pantethine, and P-5-P.\*

100 VCaps

Regularly \$23.99

**SAVE \$5**



### American Health Ester-C

A patented form of vitamin C that provides 24 hour immune support, is non-acidic and contains metabolites for quick absorption.

500 & 1000mg

All Sizes

**15% OFF**

\*These statements are not intended to diagnose, treat, cure, or prevent disease



## Antioxidants

Antioxidant vitamins can help your body minimize the impact of harmful free radicals and promote optimal health and wellness.

CoQ10, Ubiquinol, Alpha Lipoic Acid, Grape Seed, Pycnogenol, Quercetin, K2, and more!

**25% OFF**



## Aromatherapy Diffusers and Essential Oils

Ultrasonic Real Bamboo & Faux Wooden Diffusers, and more!

Plus essential oils: Lavender, Frankincense, Tea Tree, Geranium, Rose Absolute, and more!

**20% OFF**

