



Let's Talk About Beets & Nitric Acid

It's February ...

and Our Minds Turn to Thoughts of Love, Heart Health & Lots of Chocolate!

Shop Brighter Day Natural Foods Supplement Sales Page 2



Valentine's Special!
All Irwin Naturals' Libido Products
20% Off MSRP



Dr. Michael Murray discusses foods that can support healthy blood pressure & cholesterol; & improve vascular health. Read 11 articles at: doctormurray.com/heart-disease/

NORDIC NATURALS 

Pure and Great Tasting Omega Oils

Support Heart Health!

25% Off MSRP

Selected Products:

- Ultimate Omegas • EPA Lemon • EPA Xtra & More



25% Off MSRP

Products for Women's Wellness, Balance & Intimacy



Enjoy! Chocolove Bars 20% Off SRP



Dr. Joseph M. Mercola says coconut oil can help support cardiovascular health & has many other health benefits as well. Read more at his website:

drmercola.com



Probiotics, Turmeric, Beets & More!

25-30% Off MSRP

- High Potency Probiotics • Beet Pwd & Caps
- Hawthorn • Thisilyn Cleanses • Cranberry
- Hydroplenish + MSM • Curica Turmeric
- Turmerich Heart & Joint • Turmeric, Standardized Powder • Hot Cayenne
- Garlic & Parsley



Cardio & Digestive Support

25-35% Off MSRP

- Blood Pressure Response • Krill Oil
- Cholesta-Response • Mega Beta Sitosterol • Top 10 Healers • Essential Enzymes • Turmeric with Meriva
- Turmeric with Bioperine • Black Cumin
- Coconut Oil Caps • Tongkat Ali • Horny Goat Weed • Ultra Mag • Hi Stress B & C



30% Off MSRP

- Tart Cherry caps
- Pomegranate 350+ caps
- Strawberry-Apple Acidophilus 16 oz
- Betaine HCL 350



Richard A. Stein, in an American Heart Association article, says that meditation is like a "...20-or 30-minute vacation from the stress in your life."

heart.org



20-25% Off MSRP

- Arjuna & Arjuna Cardio Comfort
- Ashwagandha • Cinnamon • Grape Bitters • Digestive Comfort
- Forskolii • Holy Basil • Maca
- Rhodiola • All triphala