



# October 2008 Newsletter



## COMING SOON

### **HEALTHY REWARDS CARD**

How would you like to save some money? We will be getting Healthy Rewards cards for store. When you signup for this program and present your keytag, you will earn points for every dollar you spend in the store on any item. Once you reach a certain point level, you will earn a coupon certificate for \$5, \$10 even \$20 or more to use at your next visit. This is another way we are helping to make your shopping experience more rewarding at the store.

### **Root Diggin' Branded Products**

You will soon start to see on the shelf Root Diggin' Nation's own branded products. These products are made and packaged by a major supplement company and follow all the certifications and standards of our normal line of products. By purchasing this line of products you will not only be supporting the store, but you will save 5% everyday on our brand.

## **Class Schedules**

**Thursday, October 16-Meditation & Hypnosis for Health**

*Joan Nolting-Off the Beaten Path*

The mind and body have a profound effect on our health and well-being. Learn tips and therapies available to help quiet the mind and overcome habits and addictions.

**Tuesday, October 28 -Detox Yourself!**

*Angie Chaudoir-Wellness NOW Center*

Our bodies are exposed to toxins everyday, from the food we eat to the enviroment around us. Find out the effects of these toxins, how to rid yourself of them and achieve better overall health.

**All classes begin at 6:30pm**

These classes are **free** to our customers, but limited to 30 attendants. You must call to reserve your spot. 636-629-7776. Classes will fill quickly.

### Monthly Specials

**SALE**

**Effective October 1-31 only**

*In stock items only*

*Does not include items already marked on sale*

**All Books-----15% off**

**All Weight Loss Products-----20% off**

**New Chapter-Complete Line of Products-25% off**

**Garden of Life-Complete Line of Products-40% off**

**Many other items marked on sale throughout the store!**

## STORE UPDATES

### FREE Massage

#### Therapy

Kelly Radcliff, CLMT will be offering a demonstration massage day at the store. This is a great way to meet Kelly and experience a mini-massage for yourself. The demonstrations will take place from 10 a.m. to 1 p.m. Saturday, October 25. These are on a first come, first serve basis so get here early!

### **ION FOOT CLEANSE**

Our Ion Foot Cleanse is a whole body detox through the feet. This is a therapy we offer here at the store in our Therapy Center. October 1-31 only!

**Save \$5.00 on an Ion Foot Cleanse.**

Please call to schedule your appointment today.

636-629-7776

[www.rootdigginnation.com](http://www.rootdigginnation.com)

\*Not all will be a candidate for the Ion Cleanse. Please contact an associate for more details on this therapy.