



- Monthly Messenger

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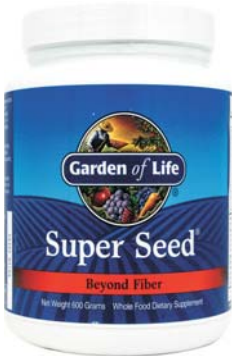
**Super Seed
Fiber**

RETAIL \$26.98
SIZE 600 Grams

20%
Savings

\$21.58

Healthy Buy



Super Seed is a powerful whole food formula that is an excellent source of dietary fiber. The ingredients in Super Seed were specifically chosen for their exceptional ability to support and maintain optimal bowel health and function. Excellent source of dietary fiber. A whole food blend of seeds, sprouted grains and legumes containing both soluble and insoluble fiber. Contains ingredients specifically chosen for their ability to support normal gut flora balance, regular bowel function, and overall health. Dietary fiber in Super Seed supports normal cardiovascular health.

Product number
P52615



Nutrition for Optimal Wellness

Chewzyme

RETAIL \$19.99
SIZE 120 Sgels

25%
Savings

\$14.99

Healthy Buy



ChewyZymes™ from NOW is a broad spectrum digestive enzyme formulation in a natural berry-flavored, vegetarian chewable tablet for adults and children. It is designed to support improved digestion of meals. Digestive enzymes are essential to the body's absorption and full use of food. The enzymes in this product are Non-GMO. They have been proven in a controlled laboratory study by the Netherlands Organization for Applied Scientific Research (TNO Nutrition and Foods Research) to have efficacy throughout the entire pH range of the digestive system and to not be degraded by acid in the stomach.

Product number
P52689



Multidophilus

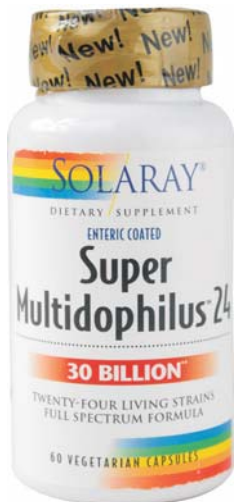
RETAIL \$28.19
SIZE 60 Vcaps

25%
Savings

24

\$21.14

Healthy Buy



Super Multidophilus 24 from Solaray is a probiotic supplement that supplies over 30 billion living micro-organisms from 24 probiotic strains per serving to support digestive health. Probiotics, or friendly bacteria, live within your gastrointestinal (GI) tract. These good bacteria have to be kept in balance with the "bad", or pathogenic bacteria, to support good health.

Product number
P57161



Nutrition for Optimal Wellness

35% Savings

Eucalyptus Oil



\$3.89

Bonus Buy

Product number
P35551

RETAIL \$5.99
SIZE 1 Fl Oz



Nutrition for Optimal Wellness

25% Savings

Gr8-Dophilus



\$13.49

Healthy Buy

Product number
P50244

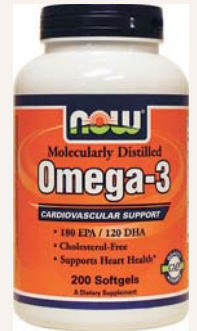
RETAIL \$17.99
SIZE 60 Caps



Nutrition for Optimal Wellness

35% Savings

Omega-3 EPA



\$10.39

Bonus Buy

Product number
P33762

RETAIL \$15.99
SIZE 200 Sgels



Nutrition for Optimal Wellness

35% Savings

Methyl B-12 1000 Mg



\$7.79

Bonus Buy

Product number
P36380

RETAIL \$11.99
SIZE 100 Loz

35% Savings

Vitamin K-2 100Mcg



\$9.74

Bonus Buy

Product number
P52224

RETAIL \$14.99
SIZE 100 Vcaps



Nutrition for Optimal Wellness



Nutrition for Optimal Wellness

35% Savings

Vitamin D-3 5000 IU



\$8.44

Bonus Buy

Product number
P54260

RETAIL \$12.99
SIZE 120 Sgels



Nutrition for Optimal Wellness

35% Savings

B-12 Liquid B Complex



\$6.49

Bonus Buy

Product number
P39307

RETAIL \$9.99
SIZE 2 Fl oz



Nutrition for Optimal Wellness

35% Savings

Virgin Coconut Oil



\$9.74

Bonus Buy

Product number
P51857

RETAIL \$14.99
SIZE 120 Sgel

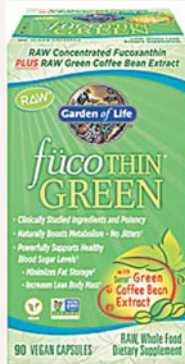


35% Savings

Fucothin Green

\$34.09

Bonus Buy



Product number
P56389

RETAIL \$52.45
SIZE 90 Vcaps

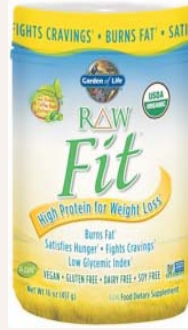


20% Savings

Raw Fit

\$38.39

Healthy Buy



Product number
P56618

RETAIL \$47.99
SIZE 451 Grams

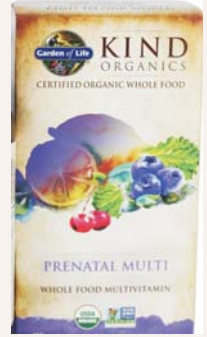


25% Savings

Kind Organics Prenatal

\$35.24

Healthy Buy



Product number
P57130

RETAIL \$46.99
SIZE 90 Tabs

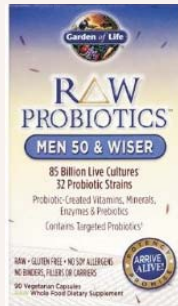


20% Savings

Raw Probiotics Men 50 & Wiser

\$43.99

Healthy Buy



Product number
P55429

RETAIL \$54.99
SIZE 90 Caps

20% Savings



Vitamin Code Multi Women 50 & Wiser

\$63.19

Healthy Buy



RETAIL \$78.99
SIZE 240 Vcaps

Product number
P54279



20% Savings

Raw Organic Vanilla Meal

\$50.39

Healthy Buy



Product number
P56250

RETAIL \$62.99
SIZE 1115 Grams



20% Savings

Perfect Foods Raw Energizer Super Greens

\$35.99

Healthy Buy



Product number
P56871

RETAIL \$44.99
SIZE 285 Grams



50% Savings

Kind Organics Men 1 Daily

\$24.98

Bonus Buy



Product number
P57129

RETAIL \$49.95
SIZE 60 Tabs



Nutrition for Optimal Wellness

35% Savings

Almond Oil

\$8.44

Bonus Buy



Product number
P36363

RETAIL \$12.99
SIZE 16 oz



Nutrition for Optimal Wellness

35% Savings

Clove Oil

\$4.54

Bonus Buy



Product number
P50509

RETAIL \$6.99
SIZE 1 Fl oz



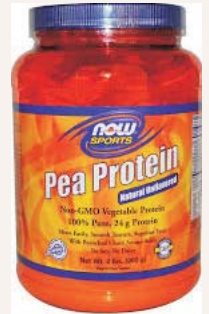
Nutrition for Optimal Wellness

25% Savings

Pea Protein

\$20.99

Healthy Buy



Product number
P54621

RETAIL \$27.99
SIZE 2 Lbs



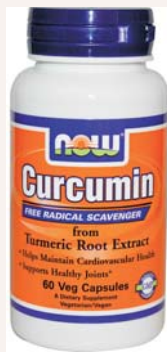
Nutrition for Optimal Wellness

25% Savings

Curcumin Extract

\$20.99

Healthy Buy



Product number
P38398

RETAIL \$27.99
SIZE 60 Vcaps

35% Savings

Red Yeast Rice

\$18.84

Bonus Buy



RETAIL \$28.99
SIZE 120 Vcaps



Nutrition for Optimal Wellness

Organic Red Yeast Rice

\$18.84

Product number
P39619



Nutrition for Optimal Wellness

25% Savings

Colloidal Minerals

\$14.99

Healthy Buy



Product number
P56600

RETAIL \$19.99
SIZE 32 Fl oz



Nutrition for Optimal Wellness

35% Savings

Frankincense Oil

\$16.24

Bonus Buy



Product number
P51043

RETAIL \$24.99
SIZE 1 Fl oz



Nutrition for Optimal Wellness

35% Savings

Lemon Oil

\$4.22

Bonus Buy



Product number
P35534

RETAIL \$6.49
SIZE 1 oz



25% Savings

BP Defense

\$29.69

Healthy Buy



Product number
P55391

RETAIL \$39.59
SIZE 60 Tabs



25% Savings

Blood Sugar Defense

\$18.29

Healthy Buy



Product number
P51194

RETAIL \$24.39
SIZE 60 Tabs



25% Savings

Sp-6 Kidney Blend

\$7.79

Healthy Buy



Product number
P10195

RETAIL \$10.39
SIZE 100 Caps

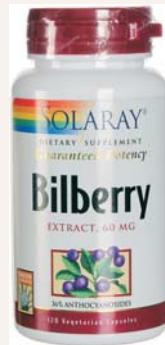


25% Savings

Bilberry

\$25.79

Healthy Buy



Product number
P39230

RETAIL \$34.39
SIZE 120 Vcaps

25% Savings



Calcium Magnesium Zinc

\$19.27

Healthy Buy



RETAIL \$25.69
SIZE 250 Gels

Product number
P12163



25% Saving

Potassium 99 Mg

\$10.34

Healthy Buy



Product number
P51391

RETAIL \$13.79
SIZE 200 Caps



25% Savings

Super Digestaway

\$18.89

Healthy Buy



Product number
P12090

RETAIL \$25.19
SIZE 180 Caps



25% Savings

Oil Of Oregano

\$8.77

Healthy Buy



Product number
P51370

RETAIL \$11.69
SIZE 60 Caps

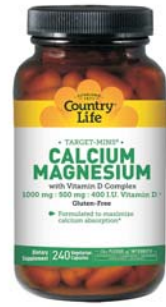


25% Savings

Calcium Magnesium Vitamin D

\$19.34

Healthy Buy



Product number P50365

RETAIL \$25.79
SIZE 240 Vcaps



25% Savings

Maxi-Hair

\$18.59

Healthy Buy



Product number P50397

RETAIL \$24.79
SIZE 90 Tabs



25% Savings

Target Mins Magnesium

\$13.79

Healthy Buy



Product number P50361

RETAIL \$18.39
SIZE 120 Vcaps

SPEND AT LEAST \$10 - YOU MAY USE UP TO 2 COUPONS
SPEND AT LEAST \$20 - YOU MAY USE UP TO 4 COUPONS
SPEND AT LEAST \$30 OR MORE - YOU MAY USE ALL 6 COUPONS!
COUPONS MAY ONLY BE USED ONCE AND CANNOT BE DOUBLED

COUPON Expires 2-28-2018

FREE

Seasoning Salt

39¢ VALUE

COUPON NUMBER P34913

PRODUCT NUMBER

P12521

1 OZ.

COUPON Expires 2-28-2018

FREE

Cayenne 40,000 Heat

59¢ VALUE

COUPON NUMBER P34909

PRODUCT NUMBER

P12600

1 OZ.

COUPON Expires 2-28-2018

FREE

Kelp Powder

39¢ VALUE

COUPON NUMBER P34910

PRODUCT NUMBER

P12739

1 OZ.

COUPON Expires 2-28-2018

FREE

Ground Rosemary

49¢ VALUE

COUPON NUMBER P34911

PRODUCT NUMBER

P12812

1 OZ.

COUPON Expires 2-28-2018

FREE

Dill Seed

40¢ VALUE

COUPON NUMBER P34912

PRODUCT NUMBER

P12646

1 OZ.

COUPON Expires 2-28-2018

FREE

Ground Parsley

42¢ VALUE

COUPON NUMBER P34914

PRODUCT NUMBER

P12767

1 OZ.

ALL COUPONS ARE NOT VALID WITH ANY OTHER OFFER EACH COUPON MAY ONLY BE REDEEMED ONCE

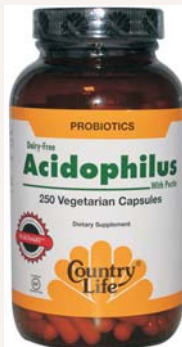


30% Savings

Acidophilus With Pectin

\$18.75

Bonus Buy



Product number P50368

RETAIL \$26.79
SIZE 250 Vcaps



25% Savings

CoQ10 100 Mg

\$34.79

Healthy Buy



Product number P54799

RETAIL \$46.39
SIZE 120 Sgel

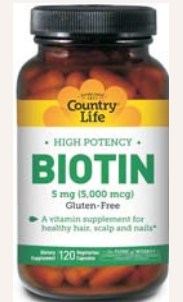


40% Savings

Biotin 5 Mg

\$16.67

Bonus Buy



Product number P50410

RETAIL \$27.79
SIZE 120 Vcaps

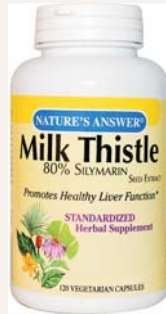


25% Savings

Milk Thistle Standardized

\$23.24

Healthy Buy



Product number P55947

RETAIL \$30.99
SIZE 120 Vcaps



25% Savings

Rhodiola Root Standardized

\$12.74

Healthy Buy



Product number P50808

RETAIL \$16.99
SIZE 60 Vcaps



10% Savings

Restful Legs

\$10.76

Value Buy



Product number P57189

RETAIL \$11.96
SIZE 50 Tabs

Eyebright Herb



\$8.24

Healthy Buy



RETAIL \$10.99
SIZE 90 Vcaps

Product number P50787

25% Savings

Eyebright herb (*Euphrasia officinalis*) has been traditionally used for promoting eye health.

Free Of Synthetic ingredients. Disclaimer These statements have not been evaluated by the FDA. These products are not intended to diagnose, treat, cure, or prevent any disease.



25% Savings

Slippery Elm Bark

\$14.99

Healthy Buy



Product number P18617

RETAIL \$19.99
SIZE 2 Fl oz



10% Savings

Leg Cramps With Quinine

\$12.59

Value Buy



Product number P18788

RETAIL \$13.99
SIZE 100 Tabs



25% Savings

Chia Seed

\$16.49

Healthy Buy



Product number P56897

RETAIL \$21.99
SIZE 16 Oz

Happy Valentine's Day!
2018

FREE SHIPPING
A \$4.95 VALUE
On orders over \$99

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P.O. Box 3520
APACHE JCT, AZ 85117



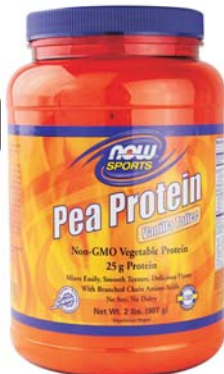
Nutrition for Optimal Wellness™

25% Savings

Pea Protein

\$20.99

Healthy Buy

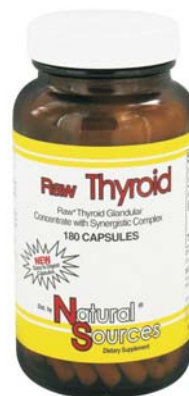


10% Savings

Raw Thyroid

\$18.45

Value Buy

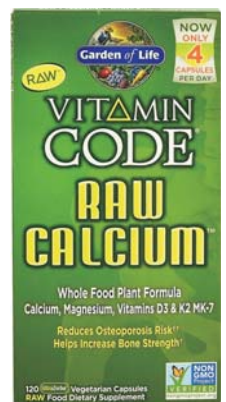


20% Savings

Vitamin Code Raw Calcium

\$40.79

Healthy Buy



Product number
P54621

RETAIL \$27.99
SIZE 2 Lbs

Product number
P12000

RETAIL \$20.50
SIZE 60 Caps

Product number
P53714

RETAIL \$50.99
SIZE 120 Vcaps