

NATURE'S



FOOD PATCH

## Market & Café

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### Raw Vegan Pad Thai 4/27 - Brad Myers,

<https://www.facebook.com/TheVegabondChef>

#### **“Noodle” Base**

- 4 Cucumbers- julienned
- 2 Zucchini- julienned
- ¼ Red Cabbage- finely sliced
- 1 Yellow Pepper- finely sliced in long strips
- 1 Red Pepper- finely sliced in long strips
- 1 Carrot- julienned
- 3 Large Kale Leaves- chopped
- 3 Green Onions- chopped
- 2 T Goji Berries
- ½ T Black Sesame Seeds

~ Put all of the above ingredients in a large bowl.

#### **Pad Thai Sauce**

- 1” Ginger
- 2 Garlic Cloves
- ½ C Cashews
- 1 Bunch Cilantro
- ¼ C Nama Shoyu
- 2 T Coconut Oil
- 1 T Toasted Sesame Oil
- 1 T Coconut Nectar
- 1 t Chili Powder
- ½ t Cayenne
- 4 Slices Dried Mangos (soaked)
- Juice of 4 Limes

~ Put all sauce ingredients into a blender. Reserve the soak liquid from the mangoes to aid in the blending if necessary. Blend and pour over noodles, stir & serve!