



# Health Matters

by

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Scientists were recently interviewed on "60-Minutes" who are studying the anti-aging benefits of red wine, specifically an antioxidant found primarily in red grapes called **Resveratrol**. Being studied for its heart-protective capabilities, **Resveratrol** has been found to inhibit the oxidation of LDL (bad cholesterol), reduce blood stickiness (clots) and diminish arterial oxidative stress (inflammation) that leads to heart disease. They've also determined that **Resveratrol** can help combat other age-related conditions such as diabetes and cancer. While getting enough of this powerful antioxidant through drinking red wine is not practical or advisable, fortunately it's also found in delicious Muscadine Grape Juice or in 50mg and 200mg capsules. **Resveratrol** is showing great promise in helping to extend human life-span by reducing our risk of these age-related conditions. As always, we guarantee your satisfaction.

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