

Exciting Events!



February 2009 Newsletter

On **Saturday, February 28, 2009**, Angie Chaudoir, ND, CNHP with the Wellness NOW Center will be here to perform **Galvanic Skin Response Analysis Sessions**.

This session is completed using a Class IIa FDA approved medical device. It is used to measure the energy at the meridian points, which directs the practitioner to probable areas of imbalance.

The 45 minute session will determine the energetic balance of 14 body systems using a 58 point analysis.

This will assist you in bringing balance and ultimately health to your body.

This is a non-invasive sensitivity screening.

Space is limited to screenings between 10a-5p that day.

Screenings are regularly priced at \$99.00

On February 28th only, they are value priced at only **\$49.00**

This is a special for Root Diggin'

All screenings must be paid for in advance to hold your spot. Call 636-629-7776 or stop by the store today!

Back on Track Chiropractic to offer FREE Health and Wellness Lecture

Dr. Ashley Lane with Back on Track Chiropractic will be presenting a free lecture entitled "The Secrets of Beating Stress and Living Healthier". Come find out how to HANDLE Stress caused by the past Holiday Season and everyday living. You can learn tips to help with Beating Stress and enjoy a Happy and Healthy Life.

Dr. Ashley Lane attended Logan College of Chiropractic, where she received her doctorate in April 2008. She opened Back on Track Chiropractic in beautiful Labadie, MO. Dr. Lane will complete her Masters in Sports Science and Rehabilitation in April of this year. She provides health and wellness to help a variety of conditions, some include:

Headaches/Migraines, Sports Injuries, Low back pain (including mother-to-be back pain).

Back on Track Chiropractic offers Chiropractic care, therapies, nutritional advice, exercise recommendations and fitness classes.

If you know someone who could benefit from the care provided at Back on Track Chiropractic, please call 636-742-3733 for a complimentary consultation provided by Dr. Ashley Lane.

Class Schedules

Tuesday, February 17

6:30pm

The Secrets of Beating Stress and Living Healthier

**Back on Track Chiropractic
Dr. Ashley Lane**

This class is **free** to our customers, but limited to 30 attendants. Call the store at 636-629-7776 or stop by the store to sign-up today!

MONTHLY SPECIALS

All in-stock

Reviva Labs Beauty Products

25% off

All in-stock Country Life

Vitamins and Supplements

25% off

*No rainchecks, not applicable with other offers or specials

"The secret of health for both mind and body is not to mourn for the past, worry about the future, or anticipate troubles but to live in the present moment wisely and earnestly."-

Buddha

Washington

Location

We are excited to announce that we are working to open a second location in Washington, MO.

The new location will be located at 537A E Fifth Street, behind Sonic, next to Tri-Fitness and Dollar General.

The new location is smaller than our St. Clair store at this time until we can establish ourselves in the community. With your help, we will be able to quickly move to a much bigger location, hopefully this Spring/Summer 2009.

If you visit the new store and do not find what you are looking for, let an associate know. We can possibly order items for you or if the item is located in our St. Clair location, we can have it ready for pickup at the Washington store within 2-3 days.

We appreciate your business and look forward to greeting you in the new store.

We will be open Monday thru Saturday 9am-6pm. The new location is set to open March 2, 2009 or sooner.