Discover Nature by preserving the herb’s whole, natural profile of beneficial compounds and organic nuances, many of which are lost or discarded when herbs are fractionated or altered. In using whole herbs, we are Delivering the Wisdom of Nature’s Profile of Beneficial Compounds through full-spectrum extraction. Our concentrated extracts are super pure, so neither you nor the environment has to contend with chemical solvents. Extracts are super pure, so neither you nor the environment is exposed to harmful chemicals.

Full-Spectrum Extraction: Our Difference

Many companies isolate elements from an herb, concentrate them, and add the label “whole herb.” New Chapter aims to deliver Nature’s whole wisdom. Using only chemical solvent-free methods, including supercritical CO2 extraction, our full-spectrum extraction process is the gentlest way to extract these delicate plant compounds in a manner that helps preserve their natural potency and stability. As an added bonus, our supplementation products are non-GMO, gluten-free, and vegan-friendly.

* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

Fall in Love with Sustainable Living

Visit us at newchapter.com to learn more about sustainable living and our commitment to preserving the natural world.

Easter Sweetness Savings!

Honest, simple ingredients. Learn more at mycadia.com.

Great Cadia Deals

<table>
<thead>
<tr>
<th>Product</th>
<th>Original Price</th>
<th>Discounted Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cadia Organic Ketchup</td>
<td>reg. 2.99</td>
<td>reg. 2.55</td>
</tr>
<tr>
<td>Cadia Organic Mayonaisse</td>
<td>reg. 8.49</td>
<td>reg. 5.99</td>
</tr>
<tr>
<td>Cadia Organic Sauerkrut</td>
<td>reg. 4.29</td>
<td>reg. 2.99</td>
</tr>
<tr>
<td>Cadia Organic Maple Syrup</td>
<td>reg. 10.55</td>
<td>reg. 7.55</td>
</tr>
</tbody>
</table>
### Stay Moisturized and Beautiful

<table>
<thead>
<tr>
<th>Product</th>
<th>Size</th>
<th>Reg.</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Future Botica Hair, Skin &amp; Nails Women’s</td>
<td>75 tab.</td>
<td></td>
<td>$8.99</td>
</tr>
<tr>
<td>Clearly Natural Glycerin Bar Soaps</td>
<td>4 oz.</td>
<td></td>
<td>$1.39</td>
</tr>
<tr>
<td>Dead Sea Bar Soaps</td>
<td>7 oz.</td>
<td></td>
<td>$3.39</td>
</tr>
</tbody>
</table>

### Save in All Areas of Your Health

<table>
<thead>
<tr>
<th>Product</th>
<th>Size</th>
<th>Reg.</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Great Plains Bentonite</td>
<td>32 oz.</td>
<td></td>
<td>$12.45</td>
</tr>
<tr>
<td>Neutrogena Make-Up &amp; Cosmetics</td>
<td>190 cap.</td>
<td></td>
<td>$11.25</td>
</tr>
<tr>
<td>Yashira Priya Colon Care</td>
<td>180 cap.</td>
<td></td>
<td>$12.95</td>
</tr>
<tr>
<td>Nature’s Answer Mouthwash</td>
<td>16 oz. - selected varieties</td>
<td></td>
<td>$8.25</td>
</tr>
<tr>
<td>Nature’s Answer Periobrite Toothpaste</td>
<td>4 oz. - selected varieties</td>
<td></td>
<td>$5.25</td>
</tr>
<tr>
<td>Nature’s Answer Gum</td>
<td>30 gm.</td>
<td></td>
<td>$6.59</td>
</tr>
<tr>
<td>Nature’s Answer Cough Syrup</td>
<td>4 oz.</td>
<td></td>
<td>$7.99</td>
</tr>
<tr>
<td>Nature’s Answer First Defense</td>
<td>4 oz.</td>
<td></td>
<td>$12.75</td>
</tr>
<tr>
<td>Nutrafin Fish Oil</td>
<td>1000mg</td>
<td></td>
<td>$10.39</td>
</tr>
<tr>
<td>Spectrum Fish Oil</td>
<td>1000mg</td>
<td></td>
<td>$10.39</td>
</tr>
</tbody>
</table>

### Need Help with Your Energy? Try Bach!

<table>
<thead>
<tr>
<th>Product</th>
<th>Size</th>
<th>Reg.</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bach Flower Remedies</td>
<td>20 ml.</td>
<td></td>
<td>$13.99</td>
</tr>
<tr>
<td>Bach Rescue Spray</td>
<td>7 ml.</td>
<td></td>
<td>$10.59</td>
</tr>
<tr>
<td>Bach Rescue Sleep</td>
<td>7 ml.</td>
<td></td>
<td>$11.19</td>
</tr>
<tr>
<td>Bach Rescue Remedy Cream</td>
<td>30 gm.</td>
<td></td>
<td>$8.25</td>
</tr>
<tr>
<td>Bach Rescue Remedy Spray</td>
<td>20 ml.</td>
<td></td>
<td>$15.95</td>
</tr>
</tbody>
</table>

### Full Line Bargains for You!

<table>
<thead>
<tr>
<th>Product</th>
<th>Size</th>
<th>Reg.</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bluebonnet All Products</td>
<td>All Products</td>
<td>20%</td>
<td>25% off</td>
</tr>
<tr>
<td>Re-Body All Products</td>
<td>All Products</td>
<td>30%</td>
<td>30% off</td>
</tr>
<tr>
<td>Country Life All Products</td>
<td>All Products</td>
<td>25%</td>
<td>25% off</td>
</tr>
<tr>
<td>Force of Nature All Products</td>
<td>All Products</td>
<td>25%</td>
<td>25% off</td>
</tr>
<tr>
<td>Reservage All Products</td>
<td>All Products</td>
<td>25%</td>
<td>25% off</td>
</tr>
<tr>
<td>Devita All Skin Care</td>
<td>All Products</td>
<td>25%</td>
<td>25% off</td>
</tr>
</tbody>
</table>

**All products in the Nature’s Oasis monthly store flyer are subject to price changes and availability.**
Healthy and Natural Foods for Late Winter

Breakfast will Keep You Warm

Spectrum Sale

Spectrum Organic Flaxseed
10-12 oz. - selected varieties

reg. 9.25

Choice Tea Organic Tea
16 oz. - selected varieties

reg. 4.75

Chia Milky Grade A Large Brown Eggs
1 doz.

reg. 4.29

Spectrum Chia Seed
10-12 oz. - selected varieties

25% off

reg. 9.25 and up

Yummy Treats

Newman’s Own Organic Chocolate Cups
1.2 oz. - selected varieties

reg. 1.59

Kettle Chips
13 oz. - selected varieties

reg. 4.99

Knudsen Spritzers
4 pk. - selected varieties

reg. 5.25

Heavenly Organics Honey Candies
all varieties

reg. 1.55

More Great Natural Sales Items

Bob's Red Mill Gluten, Wheat, Dairy Free Baking Flour
44 oz.

reg. 7.99

Essentia Water
1 bt.

reg. 1.99

Crystal Geyser Mineral Water
13.5 oz. - selected varieties

reg. 1.46

Tandoor Chef Naan Pizza
8.25-8.75 oz - selected varieties

99¢

reg. 1.49

Bob's Red Mill Almond Meal Flour
16 oz.

reg. 11.90

Bob's Red Mill Organic Probiotic Kefir
4 pk. - selected varieties

reg. 5.75

Horizon Organic Yogurt
32 oz. - selected varieties

reg. 4.99

Mary's Gone Crackers Organic Wheat & Gluten Free Crackers
6.5 oz. - selected varieties

Reg. 4.89

Natural Value Carrot Sticks
3 oz. - selected varieties

59¢

reg. 0.79

Lara Bar Lara Bars
all varieties

4/$5

reg. 1.65

Nature’s Path Organic Gluten Free Oatmeal
7.9 oz. - selected varieties

reg. 4.79

Choice Tea Organic Tea
16 oz. - selected varieties

reg. 4.75

Heavenly Organics Honey Candies
all varieties

reg. 3.99

Kettle Chips
13 oz. - selected varieties

15% off

reg. 3.99

Knudsen Spritzers
4 pk. - selected varieties

20% off

reg. 5.25

Heavenly Organics Honey Candies
all varieties

reg. 1.55

Tandoor Chef Naan Pizza
8.25-8.75 oz - selected varieties

99¢

reg. 1.49

Bob's Red Mill Gluten, Wheat, Dairy Free Baking Flour
44 oz.

reg. 7.99

Bob's Red Mill Almond Meal Flour
16 oz.

reg. 11.90

Mary's Gone Crackers Organic Wheat & Gluten Free Crackers
6.5 oz. - selected varieties

Reg. 4.89

Natural Value Carrot Sticks
3 oz. - selected varieties

59¢

reg. 0.79

All products in the Nature's Oasis monthly store flyer are subject to price changes and availability.
Offering the Largest Selection of Natural Foods, Products, and Supplements in the Four Corners Region

Rainbow Light

Rainbow Light’s Bio-balanced formulas are carefully developed to deliver the right balance of science-based ingredient potencies and combinations in a base of pure, superfod extracts. The nourishing food base of targeted, pure super-food extracts such as spirulina, beets, kale, and chlorella provide the foundation of every formula. Botanical extracts such as nettles and ginger deliver important co-nutrients to enhance absorption and digestion. A customized combination of plant-source enzymes, botanicals, and probiotics further support absorption and prevent stomach upset common with other dietary supplements with targeted support for superior digestion and absorption to provide long- and short-term health benefits and create a difference you can feel.

Rainbow Light

Sunny Gummy Vitamin D 1000IU 50 ct.
Reg. $19.99

Rainbow Light

Probiolicious Gummies 50 chew.
Reg. $17.99

Rainbow Light

Rhodiola Recharge 60 tab.
Reg. $24.99

30% off All Products

Discover the force of Nature

Rainbow Light

Delivering Nature’s Full Profile of Beneficial Compounds

Full-Spectrum Extraction: Our Difference

Many companies isolate elements from an herb, concentrate them, and add the label “whole herb.” New Chapter aims to deliver Nature’s whole wisdom. Using only chemical solvent-free methods, including supercritical CO2 extraction, our natural Force supplements provide each herb’s broad spectrum of naturally occurring beneficial compounds. The full-spectrum extraction process is the gentlest way to extract these delicate plant compounds in a manner that helps preserve their potency and stability. As an added bonus, our Force Herbal Extracts are super pure, so neither you nor the environment has to contend with chemical solvents.

Nature’s Profile of Beneficial Compounds

We select only the finest and most pure whole herbs for our concentrated extracts. We do not isolate out single ingredients or spike our extracts with synthesized additives. In using whole herbs, we are Delivering the Wisdom of Nature by preserving the herb’s whole, natural profile of plant compounds in a manner that helps preserve their potency and stability. As an added bonus, our Force Herbal Extracts are super pure, so neither you nor the environment has to contend with chemical solvents.

New Chapter All Products

30% off All Products

March Events

Follow us on Twitter to hear about Fresh Daily Lunch Specials.

- Every Monday… Cheese Demos… 11am*
- Every Thursday… Boar’s Head Meat & Cheese Demos… 11am – 2pm*
- Sunday, 10th… Daylight Savings (Spring forward)…
- Friday, 15th… St. Patty’s Day Early… Enjoy our Deli Specials…
- Cornbeef, Cabbage & Mashed Potatoes
- Sunday, 17th… St. Patty’s Green Demo Day…
- You’ll just have to come check it out!* 
- Wednesday, 20th… Spring Begins Sample Day*
- Wednesday, 27th… Free Health Evaluation with Eschen Chiropractic… 11am – 2pm
- Sunday 31st… Easter Holiday, Nature’s Oasis is Open
- *While supplies last

Check Out Our Daily Bread and Dessert Specials

We are featuring artisan style house-cured corned beef for St. Patrick’s Day. Great with cabbage, carrots, and potatoes from the Nature’s Oasis produce department. Quantities are limited, so we are encouraging people to call and place orders.

SunnysideFarmsMarket.com

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