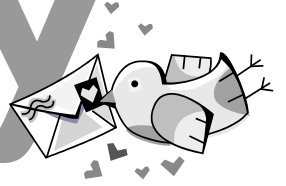




February specials



Your Local Natural Foods Store

Heart Healthy



Spectrum Organic Olive Oil
MEDITERRANEAN
100% Organic first cold pressed extra virgin unrefined. For everyday use.
Liter Reg \$22.59
\$5 OFF



Stahlbush Frozen Fruit
Sustainably Farmed Blueberries, Strawberries, Cranberries

Blackberries, and more!
10oz Reg \$4.59
2 for \$7



Henry & Lisa's Canned Seafood
Wild Alaskan Pink Salmon

(Boneless & Skinless) and Solid White Albacore Tuna. Rich in Omega 3's. Seafood Safe labeling.
Tuna 6oz Reg \$8.79
Salmon 7.5oz Reg \$5.99

15% OFF



Lakewood Heart Healthy Juice Blends
Pomegranate, Pomegranate with Cranberry, Pomegranate with Blueberry, and Tart Cherry.
Qt Reg \$5.39-\$7.39
15% OFF

Wine & Chocolate



Sjaak's Organic Chocolate Truffles
Dark Chocolate (Vegan) or Rich Chocolate (Dairy) Assortments

9pc • Reg \$11.99
\$2 OFF



Green & Black's Organic Chocolate
70% Dark, Milk, Hazelnut & Currant, Almond, Caramel, Ginger, Espresso, and more!
3.5oz Reg \$4.39
2 for \$7



Bonny Doon Ca' del Solo Sangiovese
Made with biodynamically grown grapes. Earthy aromas of dried plum with cherry. Infused with wild herbs and red fruits, this Sangiovese has distinct savory notes and spice tones.
750ml Reg \$14.99
Sale \$9⁹⁹



Pizzolato Frederik Brut
Made with organic Chardonnay grapes. Well-orchestrated flavor makes this sparkling wine a perfect choice for celebrations or any special occasion.
Product of Italy
750ml Reg \$14.99
Sale \$11⁹⁹

Pantry Basics



Eden Organic Beans
Garbanzo, Black, Kidney, Aduki, Pinto, Navy, & more!
15oz Reg \$2.79
2 for \$4

Lundberg Organic Rice
Short Grain Brown, Long Grain Brown, Brown Basmati, Jasmine, Golden Rose and more! 2lb Reg \$5.59 - \$6.59

\$1 OFF

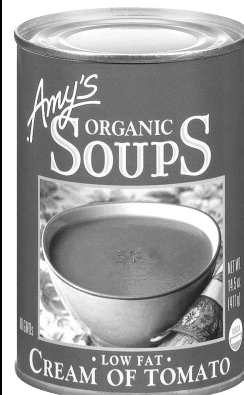


Bionaturae Organic Tomatoes
Paste, Diced, Whole, and Strained.
Reg \$2.79-\$4.19
20% OFF



Pacific Organic Broth
Vegetable, Free Range Chicken, Mushroom, Beef and more!
32oz Reg \$4.39
2 for \$8

WOW!



Amy's Organic Soups
Vegetable Barley, Cream of Tomato, Lentil, Split Pea, Minestrone, Black Bean Vegetable & more!
14oz
Reg \$3.39 - \$3.99

1/2 OFF!

Country Sun Coupon Expires 2/28/10

Buy 1 • Get 1 Free!
of equal or lesser value

Choice Organic Tea

Moroccan Mint, Earl Grey, Japanese Green, Jasmine Green, English Breakfast, Green with Toasted Brown Rice, Chamomile, Irish Breakfast, Oolong, and more!

16 Bags • \$4.19 - \$5.39 Value • Limit 6



CASHIER ONLY

_____ @ \$ _____
_____ @ \$ _____

Healthy Heart



Enzymatic Therapy Eskimo 3

The Omega-3s in fish oil support healthy levels of cholesterol as well as heart, brain and joint health. Uses only non-endangered species from the north Pacific.*

105 & 225 SGs

25% OFF



Herbs Etc HB Pressure Tonic

Supports healthy blood pressure especially when facing stressful situations or when ingesting excessive sodium.*

60 SGs Reg \$24.99

Sale \$19⁹⁹



Carlson Very Finest Liquid Fish Oils

Comes from deep, cold, ocean-water fish. Processed and bottled in Norway to ensure maximum freshness. Lemon or Orange flavored.*

6.7oz or 16.9oz

20% OFF



Jarrow Q-absorb

Clinically shown to increase Co-Q10 levels. Co-Q10 supports heart function as a component of the electron transport system, and as an antioxidant protects mitochondrial membranes and cholesterol from oxidation.*

120 SGs Reg \$55.99

Sale \$41⁹⁹



Now Red Yeast Rice

A natural product native to China used in Asian traditional medical systems to help manage cholesterol levels.*

120 VCaps Reg \$28.99

Sale \$20⁹⁹

Gaia Herbs Cholesterol Vital Maintenance

Helps maintain healthy cholesterol levels already in normal range.*

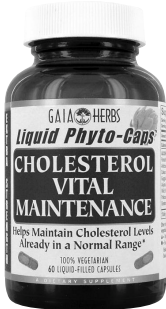
Liquid Phyto-Caps

Alcohol-free

60 Softgels

Reg \$24.99

Sale \$19⁹⁹



Women's Bodycare



Emerita Solutions for Women

Personal Moisturizer, PhytoEstrogen Body Cream, Pro-Gest Cream—for PMS, menopause and hormone balance.

20% OFF

Weleda Facial Care Kits

Wild Rose includes Cleansing Lotion, Facial Toner, Moisture Cream and Night Cream.

Almond includes Cleansing Lotion, Moisture Cream, Intensive Facial Cream and Facial Oil

Reg \$14.99

Sale \$11⁹⁹



Now Personal Care Oils

Sweet Almond, Apricot Kernel, Grapeseed and more. Unscented. For massage or skin care.

25% OFF



Seventh Generation Tampons & Pads

Organic and Chlorine Free
Reliable, comfortable protection.

25% OFF



*These statements are not intended to diagnose, treat, cure or prevent disease.

Nordic Naturals Omega 3

Provides an excellent source of omega-3 fatty acids in their naturally existing ratios. Omega-3 fatty acids are needed daily, and must be obtained from our diet.

60s & 120s

20% OFF



EO Shower Gels

French Lavender,
Grapefruit & Mint,
Rose Chamomile

Leaves skin soft and refreshed.

With pure essential oils and organic herbal infusions.

16oz Regularly \$12.99

Sale \$9⁷⁹



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www.countrysun.com • open monday thru friday 9 to 8 • saturday & sunday 9 to 7