







Introduces:

Starting
at just

\$250
per week!



Do you have a child that is looking to get into shape, stay in shape or prepare for fall sports? If so, then this camp is a must!

-  Three hours of daily TEAM personal training
-  Weekly Nutrition Session:
Including Making Healthy Choices at Franklin Marketplace.
-  What's In Your Cart?[™] Family Grocery Store Tour
at Plum Market Monday, August 16th 6:00-7:00 pm
-  Stay Fit Support Group Sessions

What to bring? Swimsuit, workout clothes, healthy snack and water bottle.

Ages 7 - 17

Monday - Friday 9:00 am - 12:00 pm

Session I: Aug 1 - 13th Session II: Aug 16 - 27th

Extended care available for kids under 13 years



Contact Emily Sisk at (248) 352-8000, ext 314 for more information.